

Gymnastics Australia



Bulletin #3 – March 2017

Welcome

Welcome to the third bulletin for the 2017 Australian Gymnastics Championships.

The purpose of this document is to provide information to all state and participants across Australia.

Championships bulletins will be issued monthly in the lead up to the competition and will be supplemented by news releases as required. Should you have any questions regarding the event, please do not hesitate to contact us and we will do all that we can to assist.

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	375 Albert Road	Fax	03 8698 9799
	Albert Park	E-mail	rperini@gymnastics.org.au
	Victoria 3206	Website	www.gymnastics.org.au

Future bulletins will be published on the following dates:

- Monday 10th April – Bulletin 4
- Monday 8th May – Bulletin 5

After such a successful event last year, the 2017 Australian Gymnastics Championships will again be held at Hisense Arena in Melbourne. The 14 days of competition offers an incredible opportunity to showcase the best of Australian Gymnastics.

We encourage the community to get involved. Whether it is as an athlete, a volunteer or as a spectator this event is truly a reflection of the people involved in the sport.

GA looks forward to working with you all in the coming months to deliver an exceptional program of sporting excellence, social events and learning opportunities.

Championship Office Number:
0417 470 808

Key Dates / Deadlines

Item	Date
Provisional Entries	Wednesday 15 March
Definitive Entries	Wednesday 19 April
International Scores	Tuesday 9 May
Music Submission	Friday 21 April
Team Manager Form	Friday 21 April
T-shirt Order Form	Friday 21 April

Ceremonies & Functions

More details for the event ceremonies and functions will be confirmed in later editions of the Bulletin. Planning is currently underway for the following:

- Opening Ceremony – Monday 22nd May, 2017 – Prior to session 1
- National Awards – Various, same as 2016

Provisional Competition Schedule

The draft competition schedule is now available. Please see appendix A. The event runs over two weeks – from Monday 22nd May – Sunday 4th June, 2017. These dates are inclusive of training, competition, awards ceremonies, technical forums and social functions.

Please note changes to the schedule **will** occur once provisional and definitive entries have closed. Please continue to check the event website for the most up to date version. All changes will be emailed to the states.

Competition Entries

Gymnastics Australia will be accepting competition entries in accordance with the National Events Entry Policy. The updated policy is available publically available shortly through the Gymnastics Australia website.

Entry closing dates:

Provisional Entry Closing Date: **Wednesday 15th March, 2017**

Definitive Entry Closing Date: **Wednesday 19th April, 2017**

Event Entry costs (GA registered athlete members):

Provisional Entry Fee	\$20.00 (per individual, per event)
Definitive Entry Fee	\$150.00 (per individual)
Total Entry Fee	\$170.00 (per individual)
Extra Divisions	\$40.00 (per individual)
	Rhythmic – Group & Individual
	Trampoline – National & International Stream

Provisional Entries

Provisional entries for the Australian Gymnastics Championships are due on **Wednesday 15th March**, 2017. All provisional entries are to be processed through the National Database, iMIS.

All provisional entries need to be submitted in accordance with the standard GA processes, National Events Entry Policy and relevant Technical Regulations Part B.

Please ensure that when you submit your provisional entries you are logged in as your state association.

Payments for provisional entries are due in full by Friday 24th March.

Event	Event Code
Men's Artistic Gymnastics	GA17E002P
Women's Artistic Gymnastics	GA17E003P
Rhythmic Gymnastics	GA17E004P
Trampoline Gymnastics	GA17E005P
Acrobatic Gymnastics	GA17E006P

Orientation Meetings

Gymsport	Date	Time	Location
MAG	Sunday 21 May	7:00pm – 8:00pm	Western Lounge
WAG	Sunday 21 May	7:00pm – 8:00pm	Western Lounge
RG	Tuesday 30 May	TBC	TBC
TRP	Tuesday 30 May	3:00pm – 4:00pm	Room 23
ACR	Thursday 1 June	3:00pm – 4:00pm	Room 23

Team Manager Contact Information

During the event it is important that Gymnastics Australia can get in contact with team managers and head coaches and quickly and as easily as possible.

Could all states please complete the Team Manager / Head Coach contact information form by clicking [here](#)

Judges Briefings

Gymsport	Date	Time	Location
MAG	Sunday 22 May	3:00pm – 6:00pm	Room 24
WAG National Level	Sunday 22 May	3:30pm – 6:30pm	Room 23
WAG International Level	Monday 23 May	8:00am – 10:00am	Room 23
WAG IL 10 Judges	Friday 26 May	11:30am – 1:00pm	Room 23
RG	Tuesday 30 May	TBC	TBC
TRP	Tuesday 30 May	4:30pm – 6:00pm	Room 24
ACR	Thursday 1 June	6:00pm – 7:00pm	Room 23

Gymsport	Date	Time	Location
TRP Judges Update	Tuesday 30 May	9:00am – 12:00pm	Room 24
TRP Judges Update	Tuesday 30 May	1:00pm – 4:00pm	Room 24
TRP Judges Update	Tuesday 30 May	6:30pm – 9:30pm	Room 24

All TRP Judges **MUST** attend one of the above Judges Update Meetings in addition to the Judges Briefing.

ASADA Testing

States are reminded that any athletes attending the Australian Gymnastics Championships can be tested by ASADA, regardless of whether they are competing in the Elite/Age Group stream of the National Levels stream. Gymnastics Australia is expecting that testing will be particularly prevalent in an Olympic year at all levels of our championships.

As such we are asking States to ensure that all team members are aware and understand the ASADA testing process and their obligations. This can be achieved through either a face to face session or the ASADA online level 1 module. It is recommended that all state team members complete one of the above training methods ahead of the Australian Gymnastics Championships.

If athletes on your team take regular medication then we recommend they view the ASADA website or call the hotline to check their medication is ok for consumption and if they require to take any action such as completing the TUE process.

Accreditations

Accreditation must be worn at all times to ensure access to training venues, the competition floor, ceremonies and social events. Lost accreditations are to be reported to the championships office immediately. Replacement accreditations can be arranged and will be issued at a cost of \$20 which will be charged back to the state.

Accreditation packs can be collected after the relevant orientation meetings.

Official Athlete Event T-shirt

Gymnastics Australia is offering a 2017 Australian Gymnastics Championships Athlete t-shirt. These t-shirts will **ONLY** be available through pre-order, by each state, and will be given to states when they collect their accreditations at the event. No individual orders will be accepted. T-shirt will be \$30 each

As we are printing all athletes' names onto the back, we will be taking the names from the definitive entries so please ensure all spelling is checked when entering each athlete. Any changes after this date cannot be made.

The order form is now available. Please click [here](#) to place your states order.

State Bus Parking

A limited number of car parking spaces will be made available to each state. Please see Appendix B

Please note: No busses are to park in the loading dock at Hisense Arena. The gate attendee will be instructed not to admit buses into the loading bay. If a state buss is parked in the loading dock a fine of \$300 will occur each time.

Perpetual Trophies

Those lucky recipients of perpetual trophies within the TRP and MAG communities need to ensure that they are preparing to return the trophy for this year's event by: having their name engraved and cleaning the trophy with pride. States will be sent a list in the next few weeks of the trophies currently residing with their gymnasts – you will be required to remind the gymnasts to prepare and return the trophy and bring them all to the Orientation meeting

Medical

Medical Personnel

During competition and training, a doctor and/or physiotherapist will be in attendance.

For further Medical assistance outside training and competition times, the GA Chief Medical Officer, Dr Kathy Yu, will facilitate appointments at an appropriate medical centre.

Normal fees apply when attending a Medical Centre. Please ensure that each person has his or her Medicare information. Details of the local hospital are:

**St Vincent's Hospital
59 Victoria Parade
Fitzroy VIC 3065
Ph.: (03) 9288 2211**

24 Hour Emergency Department: Ph.: (03) 9288 2211

All persons associated with the competition must be aware of their Medicare Number and Club Managers/chaperones are to have a list of the relevant numbers when seeking any medical attention.

Medical Support for State Teams

The championships will be an opportunity for gymnasts to showcase their best performances. Health care is an important part of their preparation and maintenance. This includes hydration, nutrition, sleep, as well as prevention and management of their injuries. Gymnasts will benefit from having a dedicated medical professional as a member of the traveling team to manage muscle aches and pains, preventative taping, and stretching and massage.

Many States and gymsports already know how good it is to have a physiotherapist or massage therapist who is part of the team and focused on the team members. Every year the teams who do not bring their own medical staff are the ones with a high rate of injury during competition. We would like to encourage all States to arrange medical coverage for their representative gymnasts so that they can perform at their highest level.

Medical Clearance

Each State Association must provide written advice to the Competition Manager that all athletes under their control have been declared fit prior to commencing the competition training. This must be submitted at the Orientation Meeting. Regulations regarding athletes withdrawn due to injury are available in "point 6" of the "National Event Entry Policy".

Medicare Numbers

States are required to supply Medicare numbers for all competitors and officials attending the event. These numbers are to be entered in iMIS at the time of Definitive Entries. These numbers will be held by the medical personnel so that treatment during the competition can be bulk billed. This has been organised to help keep medical costs down and to support our medical personnel working at the event.

Photography Policy

****Please ensure that all State Team Member and their families are aware of the photography policy. ****

Images of people enjoying Gymnastics are part of the sport's historical culture and identity.

Gymnastics Australia is mindful of its duty of care to our members, with best intentions of protecting children and young people from potential risk. In keeping with a number of local municipalities in Australia and also leading sports organisations world-wide, Gymnastics Australia is implementing a Photography Policy which will be applicable and enforced at all Gymnastics Australia events.

The greater ease of taking and modifying images has raised concerns in today's society about the potential risks of child abuse posed directly and indirectly to children and young people through the inappropriate use of photographers on sports web sites and in publications.

DIGITAL SLR CAMERAS AND/OR LENSES OF A PROFESSIONAL STANDARD **will not** be permitted within the confines of any Championship event venue.

Gymnastics Australia acknowledges that family and friends wish to take their own images for memories from Championships and this is supported if using a 'Point & Shoot Camera' or an SLR Camera and Lens which fall within the specifications of the photographic policy.

No professional standard digital cameras and/or lenses may be used at an event. Gymnastics Australia Staff Members or Event Officials as well as WinkiPoP Media personnel are authorised to request users to cease using this equipment.

Trampoline Spotters & Scorers

Each state will be required to provide spotters and scorers for assigned sessions. If you are unable to fill these positions it will be states responsibility to find other volunteers. Please see appendix C for Spotter rosters

- All spotters and scorers must be currently registered in iMIS as having participated in a sanctioned spotters workshop.
- States are required to confirm spotters and scorers for assigned sessions at the orientation meeting
- Spotters and scorers are to wear state polo shirt, with appropriate closed toe footwear.

MAG Uniform Requirements

No uniform other than the official State Team uniform is to be worn during the 2017 Australian Gymnastics Championships. ie no HPC, NCE or other club uniforms are to be worn on the competition floor at any stage of the event.

MAG Senior Int. Apparatus Finals Qualification Process

Only the top 6 ranked athletes on each apparatus as determined by the qualification round of competition (day 1) will automatically qualify into apparatus finals.

The 7th position on each apparatus will be awarded to the apparatus gold medalist from the Level 10 division if their final score in the Level 10 apparatus finals is in the top 7 scores of the Senior apparatus qualifiers. If this score is not within the top 7 senior scores, the 7th position is awarded to the 7th ranked Senior athlete for that apparatus. The level 10 apparatus gold medalist will compete in the rank order his final score places him within the top 7 positions.

The 8th and final position is a 'wild card' position. The Men's Gymnastics High Performance Manager has the right to grant a 'wild card' entry for each apparatus. In the case where the Men's Gymnastics High Performance Manager decides not to use the 'wild card', the final position will be granted to the next ranked senior qualifier on that apparatus. The 'wild card' selection is at the sole discretion of the Men's Gymnastics High Performance Manager. The 'wild card' athlete will compete in the 8th ranked position of the random draw.

Final confirmation of athletes for the senior apparatus finals will not be made available until after the Level 10 apparatus finals have taken place. 2 reserve athletes will also be selected and will be expected to be present at warm-up for apparatus finals. If more than two 2 athletes withdraw from an apparatus no further athletes will be selected.

MAG Senior Int. Apparatus Finals Work Order

Rank	Floor	Pommels	Rings	Vault	Parallel Bars	Horizontal Bar
1	7	3	7	6	7	8
2	5	8	2	5	3	6
3	8	4	6	3	5	5
4	2	2	4	8	6	1
5	1	5	3	4	2	4
6	4	7	5	2	1	7
7	3	1	8	1	4	2
8	6	6	1	7	8	3

MAG Level 10 Vault Final Qualification Process

Athletes wanting to qualify for the level 10 vault apparatus final must perform 2 vaults in the qualification round (day 1). Apparatus medals for vault will only be awarded to the top 3 scoring athletes that compete 2 vaults.

WAG 2017 Summer Universiade

The XXIX Summer Universiade, is scheduled for Taipei, the Republic of China (Taiwan). It will take place from 19 August to 30 August 2017.

Any WAG gymnast currently enrolled at a University in Australia is eligible to trial for this event. Results at Senior International at Australian Championships in Melbourne in May will be used as part of the selection criteria.

More information can be obtained jwright@gymnastics.org.au

WAG Uniform Requirements

5.4.6 Uniforms

Item	Team Competition 1	AA Competition 2	Apparatus Finals
Leotards	State teams (all gymnasts in identical leotards)	<ul style="list-style-type: none">International stream as per Team Competition.National Levels may wear a leotard of their choice	Gymnasts may wear a leotard of their choice
Tracksuits	State team tracksuit	State team tracksuit	State team tracksuit
T-shirts	State team t-shirt	State team t-shirt	State team t-shirt

- State Associations will determine uniform requirements for their own State teams within the guidelines above
- State Associations will determine rules regarding branding on tracksuits or leotards (must be in keeping with FIG rules)
- For the team competition, even if a state does not have a full team, identical leotards must be worn by individual competitors from the same State
- As the All Around competition is held concurrently with the team event for International Levels, the rules for uniforms will be applied for both days of the team event

WAG Coaches

For National Levels 7 – 10 a maximum of 2 coaches per team in Competition 1 will be permitted on the field of play during the competition. During the apparatus warm-up preceding the competition the number of coaches will not be limited. Field of Play 'passes' will be provided to States to allocate to the relevant coaches. For competition 2 (finals) the number of coaches will not be limited either during warm-up or competition.

Competition Starting Apparatus

The starting apparatus for each state in each division will be determined based on the specific requirements of the championships event schedule. Where possible a random draw will be conducted however in the case where MAG & WAG are scheduled to share a session, the starting apparatus for each state will be decided based on ensuring the event runs to schedule.

MAG & WAG Podium Training

Please refer to Appendix D

Work Orders & Team Sheets

Competition work orders for each division are required to be submitted prior to the commencement of Australian Championships.

MAG & WAG – Friday 12th, 5:00pm (rperini@gymnastics.org.au)

RG – Monday 22nd, 5:00pm (velligymnastics@gmail.com)

Failure to submit team sheets by the above deadlines will result in a random draw being allocated.

States will have up to 24 hours prior to competition to make changes if necessary.

TRP Uniform Requirements

5.5.5 Uniform

State team members wear a state uniform in the elimination rounds of their respective division. Athletes in finals may wear optional leotard approved by their State.

State leotards need to be in the State colours. If the State colours are not represented, the State must first gain approval from the Commission. Badges are not required for optional leotards.

Members of an International Team Event or a Synchronised Trampoline pair must wear an identical uniform, sanctioned by the State. National team uniform is not to be worn in synchronised events at National Championships.

Male Trampoline Gymnasts are allowed to wear Dark Longs (which differs from FIG regulations)
Men's International Trampoline Teams and Men's Synchronised Trampoline pairs must all wear longs or all wear shorts.

Anti-Match Fixing Policy

All competitors and officials are bound by the [Gymnastics Australia Anti-Match Fixing Policy](#). Any competitor or official infringing this policy, or refusing to cooperate with investigations will be disqualified and subject to any sanction(s) brought down by government authorities.

As a result of the implementation of the policy, all officials involved in the 2015 Australian Championships are required to complete the National Integrity of Sport Unit's Education Program to ensure they are aware of responsible behavior in relation to sports integrity issues including sports betting.

The Education Program is accessible from the Department of Regional Australia, Local Government, Arts and Sport website, through the following link: <http://elearning.sport.gov.au/>.

To access the program:

1. Click on the link above
2. Select the 'Get Started' option on the front page
3. Create an account - Don't forget to allocate 'gymnastics' as your chosen sport
4. You can now start the course!

It is important to note that initially participants will only be able to see the first module, with each subsequent model becoming visible once the current module is complete. It is essential that you correctly complete the creation of a new account to ensure Gymnastics Australia can track who has completed the program by allocating gymnastics as your chosen sport. **On completion please forward a copy of the email you receive to membership@gymnastics.org.au**

Disclaimer

This document should be read in conjunction with the Gymnastics Australia Technical Regulations I and any other relevant Gymsport manual. This may include but is not limited to the technical regulations and FIG Code of Points. All information in this document is subject to change. GA encourages all users to regularly check the website for updates. In the event of a conflict between this document and any other GA documents GA reserves the right to have the final ruling. If such a ruling is needed GA will publish any alterations.

Principle Partners



Official Event Partners



Sponsors & Category Partners



Event Sponsors



Appendix A: DRAFT Competition Schedule – Week 1

Week 1

Men's Artistic Gymnastics

Women's Artistic Gymnastics



MONDAY May 22	TUESDAY May 23	WEDNESDAY May 24	THURSDAY May 25	FRIDAY May 26	SATURDAY May 27	SUNDAY May 28
Session 1 7:30am - 1:00pm Podium Training Podium Training	Session 4 7:30am - 12:00pm Podium Training Podium Training	Session 7 8:30am - 11:30am Level 7 Open Level 7 Finals	Session 10 8:30am - 11:30am Level 8 Under Level 8 Finals	Session 13 8:30am - 11:30am Level 7 Under Junior 13	Session 16 8:30am - 11:30am Level 8 O International Level 10	Session 19 8:30am - 11:30am Level 7 U International Level 10
Session 2 3:30pm - 5:30pm Level 7 Part 1 Level 8 Part 1	Session 5 1:30pm - 4:30pm Level 9 Under Level 9 & 10 Individuals	Session 8 1:30pm - 4:30pm Level 8 Open Junior 14 & 15	Session 11 1:30pm - 4:30pm Level 9 Under Level 9 Finals	Session 14 1:30pm - 4:30pm Level 7 Open Junior 14 & 15	Session 17 1:30pm - 4:30pm Level 8 Under Junior 13	Session 20 1:30pm - 4:30pm Level 10 & Senior Junior 14 & 15 Senior International
Session 3 7:30pm - 9:30pm Level 7 Part 2 Level 8 Part 2	Session 6 6:30pm - 9:30pm Level 9 Open Level 10	Session 9 7:00pm - 9:30pm Level 10 & Senior Senior International	Session 12 6:30pm - 9:30pm Level 9 Open Level 10 Finals	Session 15 7:00pm - 9:30pm Level 10 & Senior Senior International	Session 18 7:00pm - 9:30pm Level 10 & Senior Junior 14 & 15 Senior International	Bump Out

KEY

Men's Artistic Gymnastics	Women's Artistic Gymnastics	Rhythmic Gymnastics	TRP Trampoline Gymnastics DMT Double Mini Trampoline TUM Tumbling SYN Synchronised Trampoline	Acrobatic Gymnastics
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Premium Session

Appendix A: DRAFT Competition Schedule – Week 2

Week 2

Rhythmic Gymnastics

Trampoline Gymnastics

Acrobatic Gymnastics



WEDNESDAY May 31	THURSDAY June 1	FRIDAY June 2	SATURDAY June 3	SUNDAY June 4
Session 21 9:00am - 12:00pm Sub Junior Part 1	Session 24 9:00am - 12:00pm Sub Junior Part 2	Session 27 9:00am - 12:00pm Sub Junior Group Level 6 Part 1	Session 30	Session 33 9:00am - 12:00pm Junior Group SYN Youth, Junior & Senior TUM Youth, Junior & Senior Level 7
Session 22 1:00pm - 4:00pm Pre Junior TRP U11 & 17+ DMT U15 & U17 TUM U17	Session 25 1:00pm - 4:00pm Pre Junior Finals TRP U13 DMT U11 & 17+	Session 28 1:00pm - 4:00pm Junior International TRP U15 & U17 DMT U13 Level 6 Part 2	Session 31 1:00pm - 4:00pm Level 9 & 10 Finals TRP Youth DMT Junior & Senior International 11 - 16	Session 34 1:00pm - 4:00pm Senior Group TRP Team Finals Combined
Session 23 6:00pm - 9:30pm Level 9 SYN U11, U13 & 17+ TUM U11 & 17+	Session 26 6:00pm - 9:30pm Level 10 SYN U15 & U17 TUM U13 & U15	Session 29 6:00pm - 9:30pm Senior International TRP Junior & Senior DMT Youth Level 8 - 10	Session 32 6:00pm - 9:30pm Junior International Finals Senior International Finals TRP Youth Finals TRP Junior Finals TRP Senior Finals DMT Youth Finals DMT Junior Finals DMT Senior Finals International 12 - 18 International 13 - 19 Senior International	

KEY

Men's Artistic Gymnastics

Women's Artistic Gymnastics

Rhythmic Gymnastics

TRP Trampoline Gymnastics

Acrobatic Gymnastics

DMT Double Mini Trampoline

TUM Tumbling

SYN Synchronised Trampoline



Premium Session

Appendix B: State Bus Parking

State	Spaces Allocated	
	Week 1	Week 2
VIC	4	4
NSW	4	4
QLD	3	3
SA	3	3
WA	4	4
TAS	3	3
NT	1	N/A
ACT	3	3
NZL	1	2
MAG NCE	1	N/A

If you do not require all allocated parking spaces please let Renata Perini know ASAP so they can be reallocated.

Appendix C: Trampoline Spotters Roster

Day	Session	Time (Approx)	State	Number of Spotters required
Wednesday 30 May	22	12:00pm – 4:00pm		8
Wednesday 30 May	23	5:00pm – 9:30pm		8 per state, 16 in total
Thursday 1 June	25	12:00pm – 4:00pm		8
Thursday 1 June	26	5:00pm – 9:30pm		8 per state, 16 in total
Friday 2 June	28	12:00pm – 4:00pm		8
Friday 2 June	29	5:00pm – 9:30pm		8
Saturday 3 June	31	12:00pm – 4:00pm		8
Saturday 3 June	32	5:00pm – 9:30pm		8
Sunday 4 June	33	9:00am – 12:00pm		8 per state, 16 in total
Sunday 4 June	34	12:00pm – 4:00pm		8

Appendix D: MAG & WAG Podium Training

2017 Australian Gymnastics Championships Week 1 - Podium Training

Monday 22 May			
Time	MAG	WAG	Notes
7:30am - 10:00am	Level 9 O&U (6 Groups)	National Level 10 (6 Groups)	7:30 - 7:50 - General Warm Up 7:50 - 8:10 - Apparatus 1 8:10 - 8:30 - Apparatus 2 8:30 - 8:50 - Apparatus 3 8:50 - 9:10 - Apparatus 4 9:10 - 9:30 - Apparatus 5 9:30 - 9:50 - Apparatus 6
10:00am - 1:00pm	Senior International & Level 10 (6 Groups)	Senior International, Junior 14 & 15 (6 Groups)	10:00 - 10:20 - General Warm up 10:20 - 10:45 - Apparatus 1 10:45 - 11:10 - Apparatus 2 11:10 - 11:35 - Apparatus 3 11:35 - 12:00 - Apparatus 4 12:00 - 12:25 - Apparatus 5 12:25 - 12:50 - Apparatus 6

Tuesday 23 May			
Time	MAG	WAG	Notes
7:30am - 9:30am	N/A	Junior International 13 (4 Groups)	7:30 - 7:50 - General Warm Up 7:50 - 8:20 - Apparatus 1 8:20 - 8:40 - Apparatus 2 8:40 - 9:10 - Apparatus 3 9:10 - 9:30 - Apparatus 4
9:30am - 12:00pm	Senior International & Level 10 (6 Groups)	Senior International, Junior 14 & 15 (6 Groups)	9:30 - 9:50 - General Warm Up 9:50 - 10:10 - Apparatus 1 10:10 - 10:30 - Apparatus 2 10:30 - 10:50 - Apparatus 3 10:50 - 11:10 - Apparatus 4 11:10 - 11:30 - Apparatus 5 11:30 - 11:50 - Apparatus 6

Please Note: The above schedule is subject to change once definitive entries have been received. Podium Training starting apparatus will be allocated closer to the time and will depend on final numbers in each level. Starting apparatus for the competition may not be the same as the starting apparatus for training.