

Gymnastics Australia



Bulletin #1 – December 2018

Welcome

Welcome to the first bulletin for the 2019 Australian Gymnastics Championships.

The purpose of this document is to provide information to all state and participants across Australia.

Championships bulletins will be issued monthly in the lead up to the competition and will be supplemented by news releases as required. Should you have any questions regarding the event, please do not hesitate to contact us and we will do all that we can to assist.

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After such a successful event last year, the 2019 Australian Gymnastics Championships will again be held at the newly named Melbourne Arena. The 14 days of competition offers an incredible opportunity to showcase the best of Australian Gymnastics. In 2019 we officially welcome Aerobic Gymnastics to the event.

We encourage the community to get involved. Whether it is as an athlete, a volunteer or as a spectator this event is truly a reflection of the people involved in the sport.

GA looks forward to working with you all in the coming months to deliver an exceptional program of sporting excellence, social events and learning opportunities.

Ceremonies & Awards

More details for the event ceremonies and functions will be confirmed in later editions of the Bulletin. Planning is currently underway for the following:

- Opening Ceremony – Monday 20 May, 2019
- National Awards – TBC

Provisional Competition Schedule

A complete draft competition schedule is now available. The event runs over two weeks – from Monday 20 May – Tuesday 4 June, 2019. These dates are inclusive of training, competition, awards ceremonies, technical forums and social functions.

Week 1 (MAG & WAG)

Monday 20 May – Sunday 26 May

Week 2 (RG, TRP, AER & ACR)

Wednesday 29 May – Tuesday 4 June

Please note changes to the schedule **will** occur once provisional and definitive entries have closed. Please continue to check the event website for the most up to date version. All changes will be emailed to the states.

Competition Entries

Gymnastics Australia will be accepting competition entries in accordance with the National Events Entry Policy. The updated policy is available publicly available shortly through the Gymnastics Australia website.

Entry closing dates:

Provisional Entry Closing Date:	Wednesday 20 March, 5:00pm
Definitive Entry Closing Date:	Tuesday 16 April, 5:00pm
Final Entry Sign Off:	Thursday 18 April, 3:00pm

Event Entry costs (GA registered athlete members):

Provisional Entry Fee	\$20.00 (per individual, per event)
Definitive Entry Fee	\$170.00 (per individual)
Total Entry Fee	\$190.00 (per individual)
Extra Divisions	\$50.00 (per individual)
	Rhythmic – Group & Individual
	Trampoline – National & International Stream

The following guidelines are offered to assist you in preparing your competition entries:

- All entry fees are inclusive of GST.
- Entries will only be accepted with the appropriate fees.
- Definitive entries are to be submitted via the database. The database will be closed as of 5.00pm (AEST) on the set closing date.
- High performance athletes must be entered through the State Association and not directly by their program.
- Entry fees do not include any social functions or official event merchandise
- All entries must be submitted in accordance with standard GA processes, the National Events Entry Policy and relevant Technical Regulations Part B.
- GA will send invoices and entry confirmation letters after entries have closed.
- All judges attending the events also need to be entered through the database. This is the case even if a State does not have any athletes competing in the event.
- All judges are required to be sanctioned by their State Association.
- All spotters, chaperones and 'other' State team members must be included with definitive entries.
- Please ensure all fields are completed when creating new records in the database. This will ensure that the event database has complete and accurate information about your team.

Provisional Entries

Provisional entries for the Australian Gymnastics Championships are due on Wednesday 20 March, 2019. Further information will be provided regarding the entry process in early 2019.

All provisional entries need to be submitted in accordance with the standard GA processes, National Events Entry Policy and relevant Technical Regulations Part B.

Payment for provisional entries are due in full by Friday 29 March

Competition Equipment

At the 2019 Australian Gymnastics Championships the competition equipment will be supplied by Spieth and Eurotramp.

Please check your respective GymSport 2019 Technical Regulation for the use of any additional matting.

Competition Venue

The Melbourne Arena located in the beautiful Melbourne and Olympic Parks precinct is the Competition Venue for the 2019 Australian Gymnastics Championships.

Melbourne Arena,
Melbourne & Olympic Parks
Olympic Boulevard, Melbourne

Holding over 2,000 spectators and encompassing a competition hall and a training hall the venue is one of the World's premier sporting venue.

Training Venue

All training halls will be at the Tennis Australia Academy courts which are located above the multilevel carpark near Entrance D.

Official Athlete Event T-shirt

Gymnastics Australia is offering a 2019 Australian Gymnastics Championships event t-shirt. They will **ONLY** be available through pre-order, by each state, and will be given to states when they collect their accreditations at Nationals. No individual orders will be accepted. As we are printing all athletes' names onto the back, we will be taking the names from the definitive entries so please ensure all spelling is checked when entering each athlete. Any changes after this date cannot be made. The order form will be available in future bulletins for states to complete. T-shirt will be \$40 each. Additional Information, including order forms will be included in bulletin #2

Medical

Medical Personnel

During competition and training, a doctor and/or physiotherapist will be in attendance.

For further Medical assistance outside training and competition times, the GA Chief Medical Officer, Dr Kathy Yu, will facilitate appointments at an appropriate medical centre.

Normal fees apply when attending a Medical Centre. Please ensure that each person has his or her Medicare information. Details of the local hospital are:

St Vincent's Hospital
59 Victoria Parade
Fitzroy VIC 3065
Ph.: (03) 9288 2211

24 Hour Emergency Department: Ph.: (03) 9288 2211

All persons associated with the competition must be aware of their Medicare Number and Club Managers/chaperones are to have a list of the relevant numbers when seeking any medical attention.

Medical Support for State Teams

The championships will be an opportunity for gymnasts to showcase their best performances. Health care is an important part of their preparation and maintenance. This includes hydration, nutrition, sleep, as well as prevention and management of their injuries. Gymnasts will benefit from having a dedicated medical professional as a member of the traveling team to manage muscle aches and pains, preventative taping, and stretching and massage.

Many States and gymsports already know how good it is to have a physiotherapist or massage therapist who is part of the team and focused on the team members. Every year the teams who do not bring their own medical staff are the ones with a high rate of injury during competition. We would like to encourage all States to arrange medical coverage for their representative gymnasts so that they can perform at their highest level.

Medical Clearance

Each State Association must provide written advice to the Competition Manager that all athletes under their control have been declared fit prior to commencing the competition training. This must be submitted at the Orientation Meeting. Regulations regarding athletes withdrawn due to injury are available in "point 6" of the "National Event Entry Policy".

Medicare Numbers

States are required to supply Medicare numbers for all competitors and officials attending the event. These numbers are to be entered in iMIS at the time of Definitive Entries. These numbers will be held by the medical personnel so that treatment during the competition can be bulk billed. This has been organised to help keep medical costs down and to support our medical personnel working at the event.

Perpetual Trophies

Those lucky recipients of perpetual trophies within the TRP and MAG communities need to ensure that they are preparing to return the trophy for this year's event by: having their name engraved and cleaning the trophy with pride. States will be sent a list in the next few weeks of the trophies currently residing with their gymnasts – you will be required to remind the gymnasts to prepare and return the trophy and bring them all to the Orientation meeting

Disclaimer

This document should be read in conjunction with the Gymnastics Australia Technical Regulations I and any other relevant Gymsport manual. This may include but is not limited to the technical regulations and FIG Code of Points. All information in this document is subject to change. GA encourages all users to regularly check the website for updates. In the event of a conflict between this document and any other GA documents GA reserves the right to have the final ruling. If such a ruling is needed GA will publish any alterations.

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