

Gymnastics Australia



Bulletin #2 – March 2019



Welcome

Welcome to the second bulletin for the 2019 Australian Gymnastics Championships.

The purpose of this document is to provide information to all state and participants across Australia.

Championships bulletins will be issued monthly in the lead up to the competition and will be supplemented by news releases as required. Should you have any questions regarding the event, please do not hesitate to contact us and we will do all that we can to assist.

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Future bulletins will be published on the following dates:

- Tuesday 13th March – Bulletin 2
- Monday 9th April – Bulletin 3
- Monday 7th May – Bulletin 4

After such a successful event last year, the 2019 Australian Gymnastics Championships will again be held at the newly named Melbourne Arena. The 14 days of competition offers an incredible opportunity to showcase the best of Australian Gymnastics. In 2019 we officially welcome Aerobic Gymnastics to the event.

We encourage the community to get involved. Whether it is as an athlete, a volunteer or as a spectator this event is truly a reflection of the people involved in the sport.

GA looks forward to working with you all in the coming months to deliver an exceptional program of sporting excellence, social events and learning opportunities.

Ceremonies & Awards

More details for the event ceremonies and functions will be confirmed in later editions of the Bulletin. Planning is currently underway for the following:

- Opening Ceremony – 6:00pm Monday 20 May 2019
- National GymSport Awards – TBC

Provisional Competition Schedule

A complete draft competition schedule is now available. Please see appendix A for the draft schedule. The event runs over two weeks – from Monday 20 May – Tuesday 4 June, 2019. These dates are inclusive of training, competition, awards ceremonies, technical forums and social functions.

Week 1 (MAG & WAG)

Monday 20 May – Sunday 26 May

Week 2 (RG, TRP, AER & ACR)

Wednesday 29 May – Tuesday 4 June

Please note changes to the schedule **will** occur once provisional and definitive entries have closed. Please continue to check the event website for the most up to date version. All changes will be emailed to the states.

Competition Entries

Gymnastics Australia will be accepting competition entries in accordance with the National Events Entry Policy. The updated policy is available publicly available shortly through the Gymnastics Australia website.

Entry closing dates:

Provisional Entry Closing Date:	Wednesday 20 March, 5:00pm
Definitive Entry Closing Date:	Tuesday 16 April, 5:00pm
Final Entry Sign Off:	Thursday 18 April, 3:00pm

Event Entry costs (GA registered athlete members):

Provisional Entry Fee	\$20.00 (per individual, per event)
Definitive Entry Fee	\$170.00 (per individual)
Total Entry Fee	\$190.00 (per individual)
Extra Divisions	\$50.00 (per individual)
	Rhythmic – Group & Individual
	Trampoline – National & International Stream

The following guidelines are offered to assist you in preparing your competition entries:

- All entry fees are inclusive of GST.
- Entries will only be accepted with the appropriate fees.
- Definitive entries are to be submitted via the database. The database will be closed as of 5.00pm (AEST) on the set closing date.
- High performance athletes must be entered through the State Association and not directly by their program.
- Entry fees do not include any social functions or official event merchandise
- All entries must be submitted in accordance with standard GA processes, the National Events Entry Policy and relevant Technical Regulations Part B.
- GA will send invoices and entry confirmation letters after entries have closed.
- All judges attending the events also need to be entered through the database. This is the case even if a State does not have any athletes competing in the event.
- All judges are required to be sanctioned by their State Association.
- All spotters, chaperones and 'other' State team members must be included with definitive entries.
- Please ensure all fields are completed when creating new records in the database. This will ensure that the event database has complete and accurate information about your team.

Provisional Entries

Provisional entries for the Australian Gymnastics Championships are now open and are due on Wednesday 20 March, 2019. All states have been emailed the provisional entry user guide along with additional information.

All provisional entries need to be submitted in accordance with the standard GA processes, National Events Entry Policy and relevant Technical Regulations Part B.

Payment for provisional entries are due in full by Friday 29 March

Competition Equipment

At the 2019 Australian Gymnastics Championships the competition equipment will be supplied by Spieth and Eurotramp.

Please check your respective GymSport 2019 Technical Regulation for the use of any additional matting.

Competition Venue

The Melbourne Arena located in the beautiful Melbourne and Olympic Parks precinct is the Competition Venue for the 2019 Australian Gymnastics Championships.

Melbourne Arena,
Melbourne & Olympic Parks
Olympic Boulevard, Melbourne

Holding over 2,000 spectators and encompassing a competition hall and a training hall the venue is one of the World's premier sporting venue.

Training Venue

All training halls will be at the Tennis Australia Academy courts which are located above the multilevel carpark near Entrance D.

Official Athlete Event T-shirt

Gymnastics Australia is offering a 2019 Australian Gymnastics Championships event t-shirt. They will **ONLY** be available through pre-order, by each state, and will be given to states when they collect their accreditations at Nationals. States can place orders by GymSports (max 6 orders per state) however no individual orders from athletes or parents will be accepted.

As we are printing all athletes' names onto the back, we will be taking the names from the definitive entries so please ensure all spelling is checked when entering each athlete. Any changes after this date cannot be made. The order form will be available in future bulletins for states to complete.

T-shirt will be \$40 each. Please see link to order form below;

<https://form.jotform.co/90656558590873>



Medical

Medical Personnel

During competition and training, a doctor and/or physiotherapist will be in attendance.

For further Medical assistance outside training and competition times, the GA Chief Medical Officer, Dr Kathy Yu, will facilitate appointments at an appropriate medical centre.

Normal fees apply when attending a Medical Centre. Please ensure that each person has his or her Medicare information. Details of the local hospital are:

St Vincent's Hospital
59 Victoria Parade
Fitzroy VIC 3065
Ph.: (03) 9288 2211

24 Hour Emergency Department: Ph.: (03) 9288 2211

All persons associated with the competition must be aware of their Medicare Number and Club Managers/chaperones are to have a list of the relevant numbers when seeking any medical attention.

Medical Support for State Teams

The championships will be an opportunity for gymnasts to showcase their best performances. Health care is an important part of their preparation and maintenance. This includes hydration, nutrition, sleep, as well as prevention and management of their injuries. Gymnasts will benefit from having a dedicated medical professional as a member of the traveling team to manage muscle aches and pains, preventative taping, and stretching and massage.

Many States and gymsports already know how good it is to have a physiotherapist or massage therapist who is part of the team and focused on the team members. Every year the teams who do not bring their own medical staff are the ones with a high rate of injury during competition. We would like to encourage all States to arrange medical coverage for their representative gymnasts so that they can perform at their highest level.

Medical Clearance

Each State Association must provide written advice to the Competition Manager that all athletes under their control have been declared fit prior to commencing the competition training. This must be submitted at the Orientation Meeting. Regulations regarding athletes withdrawn due to injury are available in "point 6" of the "National Event Entry Policy".

Medicare Numbers

States are required to supply Medicare numbers for all competitors and officials attending the event. These numbers are to be entered in iMIS at the time of Definitive Entries. These numbers will be held by the medical personnel so that treatment during the competition can be bulk billed. This has been organised to help keep medical costs down and to support our medical personnel working at the event.

Orientation Meetings

Orientation meetings for each GymSports will be held at the following times;

MAG	Tuesday 21 May	8:30am
WAG	Sunday 19 May	6:00pm
RG	Wednesday 29 May	8:00am
TRP	Wednesday 29 May	10:30am
ACR	Saturday 1 June	10:00am
AER	Wednesday 29 May	2:30pm

Athlete accreditations, gifts and t-shirt will be available for collection at the orientation meeting. All team official accreditations will need to be collected separately inline with Gymnastics Australia accreditation policy.

Other Meetings

Listed below are additional meetings, including judges briefing, that will be held during the National Championships.

WAG National Levels Judge Briefing	Sunday 19 May	3:30pm – 5:30pm	Rooms 23 & 24 Melbourne Arena
WAG Forum (Australian Levels Program 7 – 10 Coaches, program managers)	Wednesday 22 May	11:30am – TBC	Rooms 23 & 24 Melbourne Arena
National WAG Team Future Clinic Discussion	Wednesday 22 May	TBC – In the afternoon	TBC
State Judging Co-ordinators meeting	Thursday 23 May	Before Level 1 Finals	TBC
AIS Mental Health Presentation / Body Positive Australia Presentation	Thursday 23 May	TBC	TBC
WAG Forum (Australian Levels Forum Future International – Senior International Coaches / Program Managers / State HP Managers and aspiring HP programs)	Saturday 25 May	TBC	TBC
RG Judges Meeting	Tuesday 28 May	2:00pm – 6:00pm	Room 24 Melbourne Arena
RG Technical Forum	Tuesday 28 May	12:00pm – 1:30pm	Room 24 Melbourne Arena
RG High Performance Coaches and Commission members meeting	Wednesday 29 May	5:00pm – 7:00pm	Room 24 Melbourne Arena

Accreditation Collection

At the 2019 Australian Gymnastics Championships all State Team Officials will be required to pick up their individual accreditation at the Information Booth at Melbourne Arena.

As all ACT, VIC, QLD, NT, TAS & WA members are issued cards, please ensure that your team officials bring their card Working With Children Check, or equivalent, card with them when they collect their accreditation. As there are no photos on the QLD cards, all QLD team officials must also bring photo ID with them. Without a Working With Children Check, or equivalent card and photo ID no accreditation will be issued.

NSW, NZL & SA team officials are to bring photo ID with them when they collect their accreditation. Gymnastics Australia will have a list of validated Working With Children Check, or equivalent numbers and check photo ID before an accreditation is issued.

This process is in line with best practice and the National Child Safety Statement (<http://bit.ly/ChildSafetyCommitmentStatement>)

The Information Booth opening times are as follows; Accreditations can be collected during any of the below times.

Sunday	19-May	2:30pm - 7:00pm
Monday	20-May	7:00am - 6:00pm
Tuesday	21-May	7:00am - 6:00pm
Wednesday	22-May	7:00am - 6:00pm
Thursday	23-May	7:00am - 6:00pm
Friday	24-May	7:00am - 6:00pm
Saturday	25-May	9:30am - 6:00pm
Sunday	26-May	N/A
Monday	27-May	N/A
Tuesday	28-May	N/A
Wednesday	29-May	7:30am - 4:00pm
Thursday	30-May	7:00am - 6:00pm
Friday	31-May	7:00am - 6:00pm
Saturday	1-Jun	10:00am - 6:00pm
Sunday	2-Jun	7:00am - 6:00pm
Monday	3-Jun	7:00am - 3:00pm

TRP Training Schedule

Please refer to appendix B for the current TRP training schedule. Please be aware that this schedule may change following provisional entries.

RG Training Hall Schedule

Please refer to appendix C for the current RG training Hall schedule. Please be aware that this schedule may change following provisional entries.

To request training in the 'By Request' session please email Rperini@gymnastics.org.au – Training will be allocated on a first come first serve basis.

Disclaimer

This document should be read in conjunction with the Gymnastics Australia Technical Regulations I and any other relevant Gymsport manual. This may include but is not limited to the technical regulations and FIG Code of Points. All information in this document is subject to change. GA encourages all users to regularly check the website for updates. In the event of a conflict between this document and any other GA documents GA reserves the right to have the final ruling. If such a ruling is needed GA will publish any alterations.

Principle Partners



Official Event Partners



Sponsors & Category Partners



Event Sponsors



Appendix A: DRAFT Competition Schedule

	20-May Monday	21-May Tuesday	22-May Wednesday	23-May Thursday	24-May Friday	25-May Saturday	26-May Sunday
Session 1	WAG Level 8 WAG Level 9 Under	WAG Level 9 Under F	WAG Level 9 F MAG Level 7 U13	Future International Comp 1 MAG Level 7 Open	FUTURE INTERNATIONAL PODIUM TRAINING MAG Level 7 U13		WAG Junior International MAG Level 9/10
Session 2	WAG Level 8 WAG Level 9 Under	WAG Level 9 Under F MAG Level 7 Open	MAG Level 8 U14	WAG Level 10 F MAG Level 8 Open	WAG Junior International MAG Level 9/10 Open	WAG Future International MAG Level 8 U14	WAG Senior International MAG Senior
Session 3	WAG Level 10 IND WAG Level 9	WAG Level 8 F MAG Level 8 Open	MAG PODIUM PODIUM JUNIOR	WAG Level 10 F MAG Level 9U	WAG Senior International MAG Senior	MAG Level 9U	
Session 4	WAG Level 10 TEAM WAG Level 9		MAG PODIUM PODIUM SENIOR				
	29-May Wednesday	30-May Thursday	31-May Friday	1-Jun Saturday	2-Jun Sunday	3-Jun Monday	
Session 1	9:00am - 1:00pm RG Junior Podium 1:00pm - 4:00pm RG Senior Podium	RG Level 10 P1 AER TRP Interntaional	RG Level 10 P2 AER TRP Interntaional	Equipment change over, no comp.	RE Sub Junior Part 1 ACR TRP National	RE Sub Junior Part 2 ACR TRP National	
Session 2	4:00pm - 7:00pm AER Podium	RG Junior P1 AER TRP Interntaional	RG Junior P2 AER TRP Interntaional	Groups ACR TRP National	RG Pre Junior Part 1 ACR TRP National	RG Pre Junior Part 2 ACR TRP National	
Session 3	9:00am - 6:00pm TRP Podium	RG Senior P1 AER TRP Interntaional	RG Senior P2 AER TRP Interntaional	RG JNR & SNR Apparatus F ACR TRP Interntaional	RG Level 10 Finals ACR TRP National	ACR	

Appendix B: TRP Training Schedule

Wednesday

May 29

Competition Hall

8:00am - 10:00am

VIC

Training Hall

9:00pm - 8:00pm

Open Training

10:00am - 12:00pm

WA

12:00pm - 2:00pm

NZL & SA

2:00pm - 4:00pm

ACT & TAS

4:00pm - 6:00pm

NSW

6:00pm - 8:00pm

QLD

Thursday

May 30

Training Hall

9:00pm - 8:00pm

Open Training

Friday

May 31

Training Hall

8:00am - 10:00am

VIC

10:00am - 12:00pm

WA

12:00pm - 2:00pm

NZL & SA

2:00pm - 4:00pm

ACT & TAS

4:00pm - 6:00pm

NSW

6:00pm - 8:00pm

QLD

Saturday

June 1

Training Hall

9:00am - 6:00pm

Open Training

Sunday

June 2

Training Hall

9:00am - 6:00pm

Open Training

Appendix C: RG Training Hall Schedule

Wednesday

May 29

8:00am - 10:00am

VIC

10:00am - 12:00pm

NZL

12:00pm - 2:00pm

SA + WA

2:00pm - 5:00pm

NSW

5:00pm - 8:00pm

QLD

Thursday

May 30

9:00am - 11:00am

By Request

11:00am - 1:00pm

By Request

1:00pm - 3:00pm

By Request

3:00pm - 5:00pm

By Request

5:00pm - 7:00pm

By Request

Friday

May 31

9:00am - 11:00am

By Request

11:00am - 1:00pm

Groups

1:00pm - 3:00pm

Groups

3:00pm - 5:00pm

Sub Junior

5:00pm - 7:00pm

Pre Junior

Saturday

June 1

9:00am - 11:00am

Junior & Senior International

11:00am - 1:00pm

Sub Junior

1:00pm - 3:00pm

Pre Junior

3:00pm - 5:00pm

Level 10

5:00pm - 7:00pm

By Request