



Gymnastics
Australia



**2019
AUSTRALIAN
GYMNASTICS
CHAMPIONSHIPS**

Bulletin #4 – May 2019



Gymnastics
Australia



**2019
AUSTRALIAN
GYMNASTICS
CHAMPIONSHIPS**

Welcome

Welcome to the fourth bulletin for the 2019 Australian Gymnastics Championships.

The purpose of this document is to provide information to all state and participants across Australia.

Championships bulletins will be issued monthly in the lead up to the competition and will be supplemented by news releases as required. Should you have any questions regarding the event, please do not hesitate to contact us and we will do all that we can to assist.

Address	Level 2	Phone	03 8698 9714
	375 Albert Road	Fax	03 8698 9799
	Albert Park	E-mail	rperini@gymnastics.org.au
	Victoria 3206	Website	www.gymnastics.org.au

After such a successful event last year, the 2019 Australian Gymnastics Championships will again be held at the newly named Melbourne Arena. The 14 days of competition offers an incredible opportunity to showcase the best of Australian Gymnastics. In 2019 we officially welcome Aerobic Gymnastics to the event.

We encourage the community to get involved. Whether it is as an athlete, a volunteer or as a spectator this event is truly a reflection of the people involved in the sport.

GA looks forward to working with you all in the coming months to deliver an exceptional program of sporting excellence, social events and learning opportunities.

Opening Ceremony

The opening ceremony will be held in Monday 20 May at 6:00pm. All states will be required to nominate a flag bearer to part of the official party. The flag bearer needs to report to the medals & awards room at Melbourne Arena by 5:30pm on the 20 May.

The opening ceremony will be structured differently to previous years. All participating athletes, across all the Gynsports are welcome to arena however gymnasts will not be marching out into the stadium.

The opening ceremony will consist of;

- Opening performance
- Athletes & Officials Oath
- National Anthem
- Speeches & Formalities



FINAL Competition Schedule

A final competition schedule is now available and can be found via the link below;

<http://ausgymnasticschamps.com.au/schedule/>

Competition Equipment

At the 2019 Australian Gymnastics Championships the competition equipment will be supplied by Spieth and Eurotramp.

Please check your respective GymSport 2019 Technical Regulation for the use of any additional matting.

Member Protection & Child Safety Policy

Gymnastics Australia has solidified its position as a leader in child safety with the launch of a new stand-alone Child Safe Policy alongside a comprehensively reviewed and updated Member Protection Policy.

Both policies are the result of more than nine months consultation and provide clear and comprehensive guidelines for the safety and wellbeing of children within the sport of gymnastics.

The GA website now has a 'Child Safety' tab where you will be able to view the policies and other child safe resources. Click here: <http://bit.ly/2HHglbf>.

Please ensure that all state team members are aware of the updated Member Protection Policy.

Orientation Meetings

Orientation meetings for each GymSports will be held at the following times;

MAG	Tuesday 21 May	8:30am
WAG	Sunday 19 May	6:00pm
RG	Wednesday 29 May	8:00am
TRP	Wednesday 29 May	10:30am
ACR	Saturday 1 June	10:00am
AER	Wednesday 29 May	2:30pm

Athlete accreditations, gifts and t-shirt will be available for collection at the orientation meeting. All team official accreditations will need to be collected separately inline with Gymnastics Australia accreditation policy.



Other Meetings

Listed below are additional meetings, including judges briefing, that will be held during the National Championships.

WAG National Levels Judge Briefing	Sunday 19 May	3:30pm – 5:30pm	Rooms 23 & 24 Melbourne Arena
WAG Forum (Australian Levels Program 7 – 10 Coaches, program managers)	Wednesday 22 May	11:30am – 1:00pm	Rooms 23 & 24 Melbourne Arena
WAG International Judges Briefing	Wednesday 22 May	1:00pm – 3:00pm	Rooms 23 & 24 Melbourne Arena
National WAG Team Future Clinic Discussion	Wednesday 22 May	TBC – In the afternoon	TBC
State Judging Coordinators meeting	Thursday 23 May	11:30am – 12:30pm	Commission Room
WAG Aust Level Forum Future International	Friday 24 May	10.15am - 11.15am	Western Lounge Melbourne Arena
WAG Team Future Collaboration	Friday 24 May	11.15 - 12.15	Western Lounge Melbourne Arena
MAG Judges Meeting	Tuesday 21 May	9:30am – 12:00pm	Rooms 23 & 24 Melbourne Arena
MAG Continental Champs Judge Briefing (Selected Judges Only)	Wednesday 22 May	4:00pm – 6:00pm	Room 24 Melbourne Arena
MAG Open Forum	Saturday 25 May	9:00am – 10:00am	Eastern Lounge
RG Judges Meeting	Tuesday 28 May	2:00pm – 6:00pm	Room 24 Melbourne Arena
RG Technical Forum	Tuesday 28 May	12:00pm – 1:30pm	Room 24 Melbourne Arena
RG High Performance Coaches and Commission members meeting	Wednesday 29 May	5:00pm – 7:00pm	Room 24 Melbourne Arena
AER Judges Meeting	Thursday 30 May	7:00am – 8:30am	Room 23 Melbourne Arena
AER Judge Open Forum	Thursday 30 May	1:00pm – 2:00pm	Room 23 Melbourne Arena
AER Judges Meeting	Thursday 30 May	9:00pm – 9:30pm	Room 23 Melbourne Arena
AER Judges Meeting	Friday 31 May	7:00am – 8:30am	Room 23 Melbourne Arena
AER Open Forum	Friday 31 May	5:00pm – 6:00pm	Room 23 Melbourne Arena
AER Judges Meeting	Friday 31 May	9:00pm – 9:30pm	Room 23 Melbourne Arena
ACR Judges Meeting	Saturday 1 June	12:15pm	Room 23 Melbourne Arena
ACR Judges Meeting	Sunday 2 June	8:15am	Room 23 Melbourne Arena

Accreditation Collection

At the 2019 Australian Gymnastics Championships all State Team Officials will be required to pick up their individual accreditation at the Information Booth at Melbourne Arena.

As all ACT, VIC, QLD, NT, TAS & WA members are issued cards, please ensure that your team officials bring their card Working With Children Check, or equivalent, card with them when they collect their accreditation. As there are no photos on the QLD cards, all QLD team officials must also bring photo ID with them. Without a Working With Children Check, or equivalent card and photo ID no accreditation will be issued.

NSW, NZL & SA team officials are to bring photo ID with them when they collect their accreditation. Gymnastics Australia will have a list of validated Working With Children Check, or equivalent numbers and check photo ID before an accreditation is issued.

This process is in line with best practice and the National Child Safety Statement (<http://bit.ly/ChildSafetyCommitmentStatement>)

The Information Booth opening times are as follows; Accreditations can be collected during any of the below times.

Sunday	19-May	2:30pm - 7:00pm
Monday	20-May	7:00am - 6:00pm
Tuesday	21-May	7:00am - 6:00pm
Wednesday	22-May	7:00am - 6:00pm
Thursday	23-May	7:00am - 6:00pm
Friday	24-May	7:00am - 6:00pm
Saturday	25-May	9:30am - 6:00pm
Sunday	26-May	N/A
Monday	27-May	N/A
Tuesday	28-May	N/A
Wednesday	29-May	7:30am - 4:00pm
Thursday	30-May	7:00am - 6:00pm
Friday	31-May	7:00am - 6:00pm
Saturday	1-Jun	10:00am - 6:00pm
Sunday	2-Jun	7:00am - 6:00pm
Monday	3-Jun	N/A

MAG & WAG Podium Training

Podium Training for WAG Junior & Senior International and MAG Senior International, Level 9 Under and Level 10 will be held on Wednesday 22nd May. There will be 2 podium training session

Session 1

3:30pm – 6:00pm

WAG – Junior International

MAG – WA, NSW Level 9, VIC & ACT

Session 2

6:00pm – 8:30pm

WAG – Senior International

MAG – NZL, NSW Level 10 & Senior, QLD, SA + AUS Team

MAG Podium Training will be open and WAG podium Training will be based off Day 1 rotations.

Perpetual Trophies

Those lucky recipients of perpetual trophies within the TRP and MAG communities need to ensure that they are preparing to return the trophy for this year's event by: having their name engraved and cleaning the trophy with pride. States will be sent a list in the next few weeks of the trophies currently residing with their gymnasts – you will be required to remind the gymnasts to prepare and return the trophy and bring them all to the Orientation meeting

MAG & WAG Team Sheets

MAG & WAG Team sheets are due by **3:00pm Friday 10th May**. Please email all completed team sheets to rperini@gymnastics.org.au Any team sheets received after this time will not be accepted.

Please ensure that athlete numbers are included on the team sheets and that all team sheets are legible. Athlete full names must also be used.

Changes to teams are permitted in the case of a medical withdrawal (accompanied by a medical certificate) These changes can take place at the Orientation meeting. Please **do not** resend team sheets after the 10th May.

Team sheets will be emailed out with the allocation of athlete numbers following definitive entries.

RG, AER & ACR Podium Training

RG and AER Podium training will take place on Wednesday 29 May. A detailed schedule will be available following definitive entries.

9:00am – 1:00pm

RG Junior International

1:00pm – 4:00pm

RG Senior International

4:00pm – 7:00pm

AER International Athletes

Athletes will need to be in their **state team training leotard**. Should your state not have an official training leotard then athletes will need to be in a plain black leotard. Athletes will not be permitted to be in crop tops and bike shorts only.

Podium Training for ACR International athletes will take place on Saturday 1st June from 10:30am – 12:30pm. Athletes will need to be in their state team training leotard. Should your state not have an official training leotard then athletes will need to be in a plain black leotard. Athletes will not be permitted to be in crop tops and bike shorts only.

WAG Future International Podium Training

Formal podium training is scheduled for Friday 24th May for WAG Future International Athletes. This session will run very similar to 2018.

Athlete will be expected to be in their state team leotard looking competition ready. No bike shorts will be permitted on the competition floor.

Athletes will rotate apparatus with the MAG athletes like they would if they were competing.

When athletes come to their floor rotation, they will receive 3 mins warm up on the floor following the MAG 3 mins warm up time. Following that, states / groups can decide if they use the time between the MAG floor routines for running WAG floor routines to music or if they would like to use the time for further general floor training keeping in mind the MAG competition will still be taking place so athletes will only have roughly 1mins on the floor between MAG routines. This will need to be decided at the time of the orientation meeting.

During this podium training time, coaches and athletes are not permitted to sit on the judge's tables or on the edge of the podium.

Athletes will not be required to wear their athlete number during podium training.



ASADA Testing

States are reminded that any athletes attending the Australian Gymnastics Championships can be tested by ASADA, regardless of whether they are competing in the Elite/Age Group stream of the National Levels stream. Gymnastics Australia is expecting that testing will be particularly prevalent in an Olympic year at all levels of our championships.

As such we are asking States to ensure that all team members are aware and understand the ASADA testing process and their obligations. This can be achieved through either a face to face session or the ASADA online level 1 module. It is recommended that all state team members complete one of the above training methods ahead of the Australian Gymnastics Championships.

If athletes on your team take regular medication then we recommend they view the ASADA website or call the hotline to check their medication is ok for consumption and if they require to take any action such as completing the TUE process.

WAG D Score Inquiries

Each State is required to nominate one coach for each level, this must be done via a Coach Nomination Form (appendix A) which should be submitted at the Orientation Meeting.

- During the Team Competition (ie day one), each State is permitted to inquire into the D score a maximum of 4 times per level. The 5th and subsequent inquiries will incur a fee of \$50 each time.
 - For individual athletes who are additional to the State team, there is a limit of 1 D score inquiry/athlete at no cost. Second and subsequent inquiries will incur a fee of \$50 each time.
- All inquiries that are upheld will not be included in the count of 4 (for a team) or 1 (for an individual) and will not incur the fee.
- For the Individual All Around/Apparatus Finals (ie day two), each individual athlete is permitted 1 D score inquiry at no cost. Second and subsequent inquiries will incur a fee of \$50 each time.
- All inquiries that are upheld will not be included in the count of 1 and will not incur the fee.
- Each State must nominate one coach per level to submit the D score inquiry.
- A D score inquiry coach nomination form must be submitted by each State at the Orientation Meeting.
- D score inquiries must be submitted to the jury by the end of the rotation in question.

For all addition D score inquiries – states will be invoiced \$50 per inquiries after the event.

ACR Tariff Sheet Submission

Tariff Sheet Submission – Australian Championships 2019

<https://drive.google.com/open?id=1AZIMXITOU2eOuCKzN4Ep1ItBYuRlrQVU>

Tariff Sheets Due by Sunday 19th May 2019 – 12.00 Midday (Eastern Standard Time).

- This link and submission instructions will be available on the Acro Technical Page on the GA website for Australian Championships and National Clubs.
 - Link will be provided by States by GA to inform Clubs for Australian Championships.
 - Link will be provided by GA to Clubs for National Clubs (via Bulletin).
 - Links should be provided by event organisers for all other events.
2. Tariff sheets must be submitted in PDF format. Any sheets not submitted in PDF format will be returned to the coach for correction and must then be re-uploaded by the coach. A 0.3 deduction per sheet, will be applied for not submitting in PDF format.
- Coaches should ensure that an excel copy of sheets are kept on computers in the instance that changes are required to be made
 - Coaches must ensure that the most current Australian Tariff Sheet – please see GA website for the most current sheet (2019) under Acro – Technical Information
 - “Acro Companion” sheets acceptable for Levels and International however it is not mandatory.
3. Tariff Sheets will need to be submitted by a specified time and date to be determined by the NJC.
- This date will be approximately 2 weeks prior to the event
 - Tariff Sheets that are submitted after that time will be considered late
 - Coaches should ensure enough time is allowed for uploading
4. Late Tariff sheets will have a 0.3 per sheet applied to each sheet if late.
- All times and dates for uploads are recorded by Google Drive, **no leniency will be made for late sheets**
 - Notification of late sheet deduction will not be made to coaches
5. Coaches will upload all of tariff sheets in a folder marked with their club name. It would be preferable for all sheets to be just in the one folder, no sub-folders are necessary.
- NJC will notify coaches if any folders are missing as per the competition entries
 - NJC will notify coaches if sheets are missing
 - It would be helpful if coaches notified the NJC if athletes are withdrawing as early as possible

6. Tariff sheets must have the correct naming convention a 0.3 per sheet deduction will be taken for incorrectly named sheets. Naming convention will be as follows:

Australian Championships

Group Level - Group Type – Routine Type BAL - First Name of Athletes – State -
L7 W3 - BAL- Sarah Sophie Jessica – TAS

National Clubs

Club Name will replace State – please use 3-5 letter Abbreviation for club name
Group Level – Group Type – Routine Type - First Name of Athletes – Name of Club
L7 – W3 - BAL - Sarah Sophie Jessica – FRSLG

- Do not use an Underline between words, only spaces and hyphens to divide up the information . It is imperative that your sheets are named correctly, as a 0.3 per sheet deduction will be taken for incorrectly named sheets.
- Please use the following abbreviations:
Womens Pair – W2 Womens Group – W3 Mixed Pair – MX
Mens Pair – M2 Mens Group – M4

7. Coaches will be responsible for uploading sheets into the main Google Drive folder by using a club folder. No one else will be able to have access to club’s folder without NJC permission. Club folder will be emptied once Tariff sheets are organised, however coaches need to resubmit any sheets they will need to upload sheets into Club folder to wait for collection. Difficulty Judges will be given access to collect any re-submitted sheets to re-check.

- Please ensure folder has the club name as the naming convention
- If coaches aren’t Google Drive/computer savvy, contact State Judging Coordinator for assistance prior to the due date.

8. Difficulty Judges will contact coaches and inform of Tariff sheets issues, require clarifications, or if any changes are needed. Coaches must ensure that their email address and phone number details are correct on the sheet, so that contact can easily be made regarding sheets.

9. Coaches will be required to fix errors quickly and return sheet via uploading to their clubs folder

- DJ1 will collect the sheet to re-check and place the new sheet in the Google File.
- All sheets must be back in the Google file by a specified date (usually 1 week from the initial Tariff Sheet submission).

10. After 2nd submission date - no more sheets will be able to be submitted via the Google Drive. If coaches do not get their sheets back into their folder so that the Difficulty Judge can re-check, a time to be agreed upon between the DJ and Coach - a 0.3 deduction for the late sheet will be applied.

11. If coaches need to re-submit a new sheet - after the 2nd submission date due to injury, or make a minor change they can do so at the event by **bringing a hard copy** of the sheet.

- Coaches should contact the NJC via **text message** to inform that a new sheet is going to be submitted.

- New sheets need to be submitted by coaches or a representative, at the start of the Judging meeting after the Orientation Meeting at the event. Sheets must be highlighted to clearly show the change(s).
- Please note that if the injury happens during the National Clubs Event, sheet changes due to an injury must be made a minimum of 30 minutes prior to the commencement of the session with DJ1.

Any questions or queries regarding Tariff Sheets, values, clarifications etc, can be sent to acroaus@gmail.com.

Many Thanks,

Michelle Mason
ACR National Judging Coordinator

Disclaimer

This document should be read in conjunction with the Gymnastics Australia Technical Regulations I and any other relevant Gymsport manual. This may include but is not limited to the technical regulations and FIG Code of Points. All information in this document is subject to change. GA encourages all users to regularly check the website for updates. In the event of a conflict between this document and any other GA documents GA reserves the right to have the final ruling. If such a ruling is needed GA will publish any alterations.

Principal Partners



Sponsors & Category Partners



Community Partner



APPENDIX A

WAG D SCORE INQUIRY COACH NOMINATION FORM

- Each State is entitled to 4 D score inquiries/level without incurring a fee
- States must nominate one coach per level to submit the D score inquiry.
- Only inquiries submitted by this designated coach will be accepted in the team competition

State:	
---------------	--

LEVEL	NOMINATED COACH
8	
9 U/12	
9	
10	
Future	
Junior	
Senior	

SIGNATURE:

DATE:

DUE - ORIENTATION MEETING