



2019

Australian Gymnastics Championships



Gymnastics
Australia

Date: Wednesday 29 May, 2019
Session: PODIUM TRAINING
Division: JUNIOR INTERNATIONAL

General Warm Up: 9:00am
Podium Training: 9.45am – 12:15pm

118	Sophia	Dew	VIC	1		24		47		70	
107	Jasmine	Reichhart	QLD	2		25		48		71	
103	Charlotte	Davidson	NSW	3		26		49		72	
121	Chalisa	Bond	NZL	4		27		50		73	
110	Bethany	Slawek	QLD	5		28		51		74	
115	Grace	Lasslett	VIC	6		29		52		75	
105	Sophie	Del Popolo	NSW	7		30		53		76	
113	Sophia	Vladimirov	SA	8		31		54		77	
109	Saskia	Broedelet	QLD	9		32		55		78	
123	Maurizia	Macciachera	NZL	10		33		56		79	
116	Madeleine	Pham	VIC	11		34		57		80	
106	MARIAA	AVRAMIDI	NSW	12		35		58		81	
111	Ivanna	Carrasco	QLD	13		36		59		82	
120	Fabiana	Di Donna	WA	14		37		60		83	
104	Hayley	Sanderson	NSW	15		38		61		84	
117	Francesca	Poi	VIC	16		39		62		85	



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108	Phoebe	Learmont	QLD	17	U	40	●	63	U	86	U
101	Angelina	Boland	NSW	18	●	41	U	64	U	87	U
119	Eleanor	Hansen	VIC	19	U	42	U	65	U	88	●
122	Anais	Bebelman	NZL	20	U	43	U	66	●	89	U
112	Lucy	Auton	QLD	21	U	44	●	67	U	90	U
102	Asya	Seker	NSW	22	●	45	U	68	U	91	U
114	Tahlia	Stewart	VIC	23	U	46	U	69	U	92	●



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Date: Wednesday 29 May, 2019
Session: PODIUM TRAINING
Division: SENIOR INTERNATIONAL

General Warm Up: 12:30pm
Podium Training: 1:15pm – 3:15pm

158	Ella	Chapman	NSW	1	○	18	●	35	🔪	52	🌀
165	Alisa	Gimgina	VIC	2	●	19	🔪	36	🌀	53	○
170	Hannah	Moore	NZL	3	🔪	20	🌀	37	○	54	●
157	Charlotte	Wong	NSW	4	🌀	21	○	38	●	55	🔪
162	Ashari	Gill	VIC	5	○	22	●	39	🔪	56	🌀
168	Aya	Tanaka Probert	NZL	6	●	23	🔪	40	🌀	57	○
160	Lidiia	Iakovleva	QLD	7	🔪	24	🌀	41	○	58	●
159	Lauren	Klemt	NSW	8	🌀	25	○	42	●	59	🔪
172	Iris	Xin En Hoo	MYS	9	○	26	●	43	🔪	60	🌀
167	Giorgia	Chin	WA	10	●	27	🔪	44	🌀	61	○
163	Thu	Luu	VIC	11	🔪	28	🌀	45	○	62	●
161	Elizabeth	Inaba-hill	SA	12	🌀	29	○	46	●	63	🔪
169	Havana	Hopman	NZL	13	○	30	●	47	🔪	64	🌀
166	Alexandra	Kiroi- Bogatyreva	VIC	14	●	31	🔪	48	🌀	65	○
156	Amber	Atcheson	NSW	15	🔪	32	🌀	49	○	66	●
164	Chloe	Hay	VIC	16	🌀	33	○	50	●	67	🔪
171	Grace	Schroder	NZL	17	○	34	●	51	🔪	68	🌀



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Date: Thursday 30 May 2019
Session: Morning
Division: Level 10 Qualifications Part 1

General Warm Up: 8:00am
Apparatus Warm Up: 8:30am
Competition: 9:00am – 1:00pm (No presentations)

*Alternating with AER
 RG x 2: AER x 1
 AER goes 1st*

APPARATUS WARM UP:

8:30 – 8:35	Athletes 1-6
8:35– 8:40	Athletes 7-12
8:40– 8:45	Athletes 13-18
8:45– 8:50	Athletes 19-23
8:50 – 8:55	Athletes 24-28

150	Rosie	Yeatman	NZL	1	○	29	●
133	Natalie	Huzevka	QLD	2	●	30	○
140	Scarlett	Evans	SA	3	○	31	●
146	Jordana	Shillington	WA	4	●	32	○
127	Anya	Patel	NSW	5	○	33	●
134	Tyra	Gabagas	QLD	6	●	34	○
129	Hayley	Boulderstone	NSW	7	○	35	●
143	Rhiannon	Van Zuydam	SA	8	●	36	○
148	Anna	Hooker	NZL	9	○	37	●
132	Ainsley	Barker	QLD	10	●	38	○
131	Olivia	Owens	NSW	11	○	39	●
144	Katherine	Plavin	VIC	12	●	40	○



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136	Charley	Atchison	QLD	13	○	41	●
139	Yaroslava	Leonova	SA	14	●	42	○
149	Grace	Song	NZL	15	○	43	●
147	Linley	Worth	WA	16	●	44	○
130	Tyla	Petrie	NSW	17	○	45	●
152	Waimarama	Potae-Tamatea	NZL	18	●	46	○
142	Catherine	Lyndon	SA	19	○	47	●
128	Charlotte	Parmenter	NSW	20	●	48	○
137	Arina	Dimintevskaya	QLD	21	○	49	●
153	Sarah	Quinn	NZL	22	●	50	○
126	Amy	Burke	NSW	23	○	51	●
141	Brittany	Law	SA	24	●	52	○
145	Jessica	Tseitlin	VIC	25	○	53	●
151	Annebell	Dogger	NZL	26	●	54	○
138	Brianna	Namocatcat	SA	27	○	55	●
135	Sonya	Lee	QLD	28	●	56	○



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Date: Thursday 30 May 2019
Session: Afternoon
Division: Junior International Qualifications Part 1

General Warm Up: 1:00pm
Apparatus Warm Up: 1:30pm
Competition: 2:00pm – 5:00pm (No Presentations)

*Alternating with AER
 RG x 2: AER x 1
 RG goes 1st*

APPARATUS WARM UP:

1:30-1:35	Athletes 1-5	1:45-1:50	Athletes 16-19
1:35-1:40	Athletes 6-10	1:50-1:55	Athletes 20-23
1:40-1:45	Athletes 11-15		

101	Angelina	Boland	NSW	1	U	24	●
107	Jasmine	Reichhart	QLD	2	●	25	U
117	Francesca	Poi	VIC	3	U	26	●
122	Anais	Bebelman	NZL	4	●	27	U
112	Lucy	Auton	QLD	5	U	28	●
104	Hayley	Sanderson	NSW	6	●	29	U
114	Tahlia	Stewart	VIC	7	U	30	●
113	Sophia	Vladimirov	SA	8	●	31	U
103	Charlotte	Davidson	NSW	9	U	32	●
110	Bethany	Slawek	QLD	10	●	33	U
106	MARIIA	AVRAMIDI	NSW	11	U	34	●
115	Grace	Lasslett	VIC	12	●	35	U
123	Maurizia	Macciachera	NZL	13	U	36	●



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109	Saskia	Broedelet	QLD	14	●	37	∩
118	Sophia	Dew	VIC	15	∩	38	●
121	Chalisa	Bond	NZL	16	●	39	∩
120	Fabiana	Di Donna	WA	17	∩	40	●
119	Eleanor	Hansen	VIC	18	●	41	∩
108	Phoebe	Learmont	QLD	19	∩	42	●
102	Asya	Seker	NSW	20	●	43	∩
116	Madeleine	Pham	VIC	21	∩	44	●
105	Sophie	Del Popolo	NSW	22	●	45	∩
111	Ivanna	Carrasco	QLD	23	∩	46	●



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Date: Thursday 30 May 2019
Session: Evening
Division: Senior International Qualifications Part 1

General Warm Up: 5:00pm
Apparatus Warm Up: 5:30pm
Competition: 6:00pm – 9:00pm

*Alternating with AER
 RG x 1: AER x 1
 AER goes 1st*

APPARATUS WARM UP:

5:30 – 5:37	Athletes 1-5
5:37 – 5:44	Athletes 6-9
5:44 – 5:51	Athletes 10-13
5:51 – 5:59	Athletes 14-17

171	Grace	Schroder	NZL	1	○	18	●
156	Amber	Atcheson	NSW	2	●	19	○
167	Giorgia	Chin	WA	3	○	20	●
165	Alisa	Gimgina	VIC	4	●	21	○
170	Hannah	Moore	NZL	5	○	22	●
158	Ella	Chapman	NSW	6	●	23	○
162	Ashari	Gill	VIC	7	○	24	●
169	Havana	Hopman	NZL	8	●	25	○
163	Thu	Luu	VIC	9	○	26	●
160	Lidiia	Iakovleva	QLD	10	●	27	○
172	Iris	Xin En Hoo	MYS	11	○	28	●
166	Alexandra	Kiroi-Bogatyreva	VIC	12	●	29	○



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161	Elizabeth	Inaba-hill	SA	13	○	30	●
168	Aya	Tanaka Probert	NZL	14	●	31	○
159	Lauren	Klemt	NSW	15	○	32	●
164	Chloe	Hay	VIC	16	●	33	○
157	Charlotte	Wong	NSW	17	○	34	●



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Date: Friday 31 May 2019
Session: Morning
Division: Level 10 Qualifications Part 2

General Warm Up: 7:30am
Apparatus Warm Up: 8:00am
Competition: 8:30am – 12:30pm (Inc Presentations)

*Alternating with AER
 RG x 2: AER x 1
 AER goes 1st*

APPARATUS WARM UP:

8:00-8:05	Athletes 1-6
8:05-8:10	Athletes 7-12
8:10-8:15	Athletes 13-18
8:15-8:20	Athletes 19-23
8:20-8:25	Athletes 24-28

149	Grace	Song	NZL	1		29	
147	Linley	Worth	WA	2		30	
130	Tyla	Petrie	NSW	3		31	
152	Waimarama	Potae-Tamatea	NZL	4		32	
142	Catherine	Lyndon	SA	5		33	
128	Charlotte	Parmenter	NSW	6		34	
137	Arina	Dimintevskaya	QLD	7		35	
153	Sarah	Quinn	NZL	8		36	
126	Amy	Burke	NSW	9		37	
141	Brittany	Law	SA	10		38	
145	Jessica	Tseitlin	VIC	11		39	
151	Annebell	Dogger	NZL	12		40	



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138	Brianna	Namocatcat	SA	13		41	
135	Sonya	Lee	QLD	14		42	
150	Rosie	Yeatman	NZL	15		43	
133	Natalie	Huzevka	QLD	16		44	
140	Scarlett	Evans	SA	17		45	
146	Jordana	Shillington	WA	18		46	
127	Anya	Patel	NSW	19		47	
134	Tyra	Gabagas	QLD	20		48	
129	Hayley	Baulderstone	NSW	21		49	
143	Rhiannon	Van Zuydam	SA	22		50	
148	Anna	Hooker	NZL	23		51	
132	Ainsley	Barker	QLD	24		52	
131	Olivia	Owens	NSW	25		53	
144	Katherine	Plavin	VIC	26		54	
136	Charley	Atchison	QLD	27		55	
139	Yaroslava	Leonova	SA	28		56	



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Date: Friday 31 May 2019
Session: Afternoon
Division: Junior Qualifications Part 2

General Warm Up: 12:30pm
Apparatus Warm Up: 1:00pm
Competition: 1:30pm – 5:00pm (Inc Presentations)

*Alternating with AER
 RG x 2: ACR x 1
 AER goes 1st*

APPARATUS WARM UP:

1:00-1:05	Athletes 1-5	1:15-1:20	Athletes 16-19
1:05-1:10	Athletes 6-10	1:20-1:25	Athletes 20-23
1:10-1:15	Athletes 11-15		

106	MARIAA	AVRAMIDI	NSW	1		24	
115	Grace	Lasslett	VIC	2		25	
123	Maurizia	Macciachera	NZL	3		26	
109	Saskia	Broedelet	QLD	4		27	
118	Sophia	Dew	VIC	5		28	
121	Chalisa	Bond	NZL	6		29	
120	Fabiana	Di Donna	WA	7		30	
119	Eleanor	Hansen	VIC	8		31	
108	Phoebe	Learmont	QLD	9		32	
102	Asya	Seker	NSW	10		33	
116	Madeleine	Pham	VIC	11		34	
105	Sophie	Del Popolo	NSW	12		35	
111	Ivanna	Carrasco	QLD	13		36	
101	Angelina	Boland	NSW	14		37	



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107	Jasmine	Reichhart	QLD	15		38	
117	Francesca	Poi	VIC	16		39	
122	Anais	Bebelman	NZL	17		40	
112	Lucy	Auton	QLD	18		41	
104	Hayley	Sanderson	NSW	19		42	
114	Tahlia	Stewart	VIC	20		43	
113	Sophia	Vladimirov	SA	21		44	
103	Charlotte	Davidson	NSW	22		45	
110	Bethany	Slawek	QLD	23		46	



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Date: Friday 31 May 2019
Session: Evening
Division: Senior Qualifications Part 2

General Warm Up: 5:00pm
Apparatus Warm Up: 5:30pm
Competition: 6:00- 9:00pm (Inc Presentations)

*Alternating with AER
 RG x 1: AER x 1
 RG goes 1st*

APPARATUS WARM UP:

5:30 – 5:37	Athletes 1-5
5:37– 5:44	Athletes 6-9
5:44– 5:51	Athletes 10-13
5:51– 5:59	Athletes 14-17

169	Havana	Hopman	NZL	1		18	
163	Thu	Luu	VIC	2		19	
160	Lidlia	Iakovleva	QLD	3		20	
172	Iris	Xin En Hoo	MYS	4		21	
166	Alexandra	Kiroi-Bogatyreva	VIC	5		22	
161	Elizabeth	Inaba-hill	SA	6		23	
168	Aya	Tanaka Probert	NZL	7		24	
159	Lauren	Klemt	NSW	8		25	
164	Chloe	Hay	VIC	9		26	
157	Charlotte	Wong	NSW	10		27	
171	Grace	Schroder	NZL	11		28	
156	Amber	Atcheson	NSW	12		29	
167	Giorgia	Chin	WA	13		30	



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165	Alisa	Gimgina	VIC	14		31	
170	Hannah	Moore	NZL	15		32	
158	Ella	Chapman	NSW	16		33	
162	Ashari	Gill	VIC	17		34	



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Australian Gymnastics Championships



Gymnastics
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Date: Saturday 1 June
Session: Afternoon
Division: Groups 1:00pm – 5:00pm

*Alternating with Acro
RG x 1:ACR x 1
RG goes 2nd*

JUNIOR GROUP (includes 2019 World Selection Trial)

General Warm Up (Junior): 11:45 pm
Apparatus Warm Up (Junior): 12:10 pm
Competition (Junior) 1:00pm – 1:50 pm

APPARATUS WARM UP:

12:10pm	Group 1 RIBBON	12:35pm	Group 1 HOOP
12:15pm	Group 2 RIBBON	12:40pm	Group 2 HOOP
12:20pm	Group 3 RIBBON	12:45pm	Group 3 HOOP
12:25pm	Group 4 RIBBON	12:50pm	Group 4 HOOP
12:30pm	Group 5 RIBBON	12:55pm	Group 5 HOOP

Comp #	Names	State	App 1	App 2
Junior International Group				
401	Natasha Flaszynski, Hana Gray, Nicole Taylor, Jennifer Trieu & Jonel Marais	NZL	1 1:00pm	6 1:25pm
402	Lucy Auton, Paris Hill, Mikayla Howard, Grace Kimmins, Isabella Ferroni & Reina Santana	QLD	2 1:05pm	7 1:30pm
403	Brio Dos Santos-Lee, Ilaria Korompay, Isabella Wang, Katrina Lai & Maria Gourlas	NSW	3 1:10pm	8 1:35pm
404	Waimarama Potae-Tamatea, Chalisa Bond, Anais Bebelman, Olivia Lin, Grace Huang & Christina Woodcock	NZL	4 1:15pm	9 1:40pm
405	Tahlia Stewart, Madeleine Pham, Angelina Pham, Grace Lasslett, Sophia Dew & Ashley Kolomoisky	VIC	5 1:20pm	10 1:45pm

SENIOR GROUP – SAME APPARTUS

General Warm Up (Senior) 1:00 pm

Apparatus Warm Up (Senior) 1:55pm

Competition (Senior) 2:15pm - 2:30pm

APPARATUS WARM UP:

1:55 pm	Group 1
2:01pm	Group 2
2:07 pm	Group 3

Comp #	Names	State	Same App
501	Heather Blakeway, Tiah McLaren, Melisa Lawrie, Alexis Lane & Imogen Mitchell	QLD 1 2:15pm	●
502	Alisa Buglak, Faith Chin, Catherine Lyndon, Brianna Namocatcat & Rhiannon Van Zuydam	SA 2 2:20pm	●
503	Alannah Mathews, Himeka Onoda, Felicity White, Emily Abbot & Alexandra Eedle	QLD 3 2:25pm	●

PRE JUNIOR GROUP

General Warm Up (Per Junior) 2:00 pm

Apparatus Warm Up (Pre Junior) 2:35 pm

Competition (Pre Junior) 3:00 pm – 3:40pm

APPARATUS WARM UP:

2:35pm	Group 1	2:40pm	Group 2	2:45pm	Group 3	2:50pm	Group 4
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Comp #	Names	State	App 1	App 2
301	Aimee Jones, Cara Gavagna, Elizabeth Hillier, Natalie George & Vanessa Wu	NSW 1 1 3:00 pm	● 5 3:20pm	●
302	Hillai Yemini, Georgia Whitney, Amber Goldberg, Lilyana Walker, Melody Evans & Katerina Vakoussevitc	VIC 2 3:05 pm	● 6 3:25pm	●
303	Trinity Ferrer, Erica Santana, Isla McLaren, Jiya Naik, Mille Hintz & Mia Strachan	QLD 3 3:10pm	● 7 3:30pm	●
304	Anna Gavristova, Bianca Wang, Emmanouela Froukou, Kristiana Spanicek & Lilli Howell	NSW 2 4 3:15pm	● 8 3:35pm	●



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SENIOR GROUP MIXED APPARTUS

Apparatus Warm Up (Senior) 3:45 pm

Competition (Senior) 4:10- 4:30pm

APPARATUS WARM UP:

3.45pm	Group 1
3.52pm	Group 2
3:59pm	Group 3

Comp #	Names	State	Mixed App
Senior International Group			
501	Heather Blakeway, Tiah McLaren, Melisa Lawrie, Alexis Lane & Imogen Mitchell	QLD	1 4:10pm
503	Alisa Buglak, Faith Chin, Catherine Lyndon, Brianna Namocatcat & Rhiannon Van Zuydam	SA	2 4:20pm
503	Alannah Mathews, Himeka Onoda, Felicity White, Emily Abbot & Alexandra Eedle	QLD	3 4:25pm

N.B. Presentation for all 3 group divisions will be at the end of this session



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Gymnastics Australia

Date: Saturday 1 June 2019
Session: Evening
Division: Junior & Senior Apparatus Finals

General Warm Up: 5:00pm
Apparatus Warm Up: 5:30pm
Competition: 6:00pm – 9:30pm (Inc Presentations)

*Alternating with Acro
 RG x 2:ACR x 1
 RG goes 1st*

APPARATUS WARM UP:

5:30-5:33	JNR Hoop	5:42-5:45	JNR Clubs
5:33-5:36	SNR Ball	5:45-5:48	SNR Ribbon
5:36-5:39	JNR Ball	5:48-5:51	JNR Ribbon
5:39-5:42	SNR Hoop	5:51-5:54	SNR Clubs

ROTATION 1					ROTATION 2				
Junior	Hoop	TBC	1	∩	Junior	Ball	TBC	13	●
Senior	Ball	TBC	2	●	Senior	Hoop	TBC	14	○
Junior	Hoop	TBC	3	∩	Junior	Ball	TBC	15	●
Senior	Ball	TBC	4	●	Senior	Hoop	TBC	16	○
Junior	Hoop	TBC	5	∩	Junior	Ball	TBC	17	●
Senior	Ball	TBC	6	●	Senior	Hoop	TBC	18	○
Junior	Hoop	TBC	7	∩	Junior	Ball	TBC	19	●
Senior	Ball	TBC	8	●	Senior	Hoop	TBC	20	○
Junior	Hoop	TBC	9	∩	Junior	Ball	TBC	21	●
Senior	Ball	TBC	10	●	Senior	Hoop	TBC	22	○
Junior	Hoop	TBC	11	∩	Junior	Ball	TBC	23	●
Senior	Ball	TBC	12	●	Senior	Hoop	TBC	24	○



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ROTATION 3					ROTATION 4				
Junior	Clubs	TBC	25		Junior	Ribbon	TBC	37	
Senior	Ribbon	TBC	26		Senior	Clubs	TBC	38	
Junior	Clubs	TBC	27		Junior	Ribbon	TBC	39	
Senior	Ribbon	TBC	28		Senior	Clubs	TBC	40	
Junior	Clubs	TBC	29		Junior	Ribbon	TBC	41	
Senior	Ribbon	TBC	30		Senior	Clubs	TBC	42	
Junior	Clubs	TBC	31		Junior	Ribbon	TBC	43	
Senior	Ribbon	TBC	32		Senior	Clubs	TBC	44	
Junior	Clubs	TBC	33		Junior	Ribbon	TBC	45	
Senior	Ribbon	TBC	34		Senior	Clubs	TBC	46	
Junior	Clubs	TBC	35		Junior	Ribbon	TBC	47	
Senior	Ribbon	TBC	36		Senior	Clubs	TBC	48	



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Date: Sunday 2 June 2019
Session: Morning
Division: Sub Junior Part 1

General Warm Up: 8:00am
Apparatus Warm Up: 8:30am
Competition: 9:00am – 12:30pm (No presentations)

Alternating with Acro
RG x 2: ACR x 1
RG goes 1st

APPARATUS WARM UP:

8:30 – 8:35	Athletes 1-5
8:35– 8:40	Athletes 6-10
8:40– 8:45	Athletes 11-15
8:45– 8:50	Athletes 16-20
8:50 – 8:55	Athletes 21-24

192	Dominga	Beltran	VIC	1	FX	25	U
195	Tenille	Pretorius	WA	2	U	26	FX
182	Sophia	Ulanova	SA	3	FX	27	U
177	Lucy	Hu	NSW	4	U	28	FX
183	Dasha	Weston	SA	5	FX	29	U
189	Amber	Goldberg	VIC	6	U	30	FX
181	Trinity	Ferrer	QLD	7	FX	31	U
186	Victoria	Kalinina	SA	8	U	32	FX
188	Jolene	Wang	VIC	9	FX	33	U
175	Lilli	Howell	NSW	10	U	34	FX
194	Sascha	Loncar	WA	11	FX	35	U
191	Hillai	Yemini	VIC	12	U	36	FX
176	Lily	Coffey	NSW	13	FX	37	U



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185	Margarita	Loriya	SA	14	U	38	FX
196	Teresa	Ozawa	WA	15	FX	39	U
173	AIMEE	JONES	NSW	16	U	40	FX
179	Polina	Leonova	QLD	17	FX	41	U
184	Ekaterina	Bogatyreva	SA	18	U	42	FX
190	Georgia	Whitney	VIC	19	FX	43	U
174	Cara	Gavagna	NSW	20	U	44	FX
193	Nadyashani	Igusti	WA	21	FX	45	U
187	Elodie	Lamont	VIC	22	U	46	FX
180	Isabella	Slavin	QLD	23	FX	47	U
178	Sienna	Bujaroski	NSW	24	U	48	FX



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Date: Sunday 2 June 2019
Session: Afternoon
Division: Pre Junior Part 1

General Warm Up: 12:30pm
Apparatus Warm Up: 1:00pm
Competition: 1:30pm – 5:00pm (No presentations)

Alternating with Acro
RG x 2:ACR x 1
RG goes 1st

APPARATUS WARM UP:

8:30 – 8:35	Athletes 1-5
8:35– 8:40	Athletes 6-10
8:40– 8:45	Athletes 11-15
8:45– 8:50	Athletes 16-20
8:50 – 8:55	Athletes 21-26

219	Bella	Ciupac	WA	1	FX	27	U
203	Natalie	George	NSW	2	U	28	FX
208	Mia	Strachan	QLD	3	FX	29	U
211	Lauren	Bennett	SA	4	U	30	FX
223	Kezia	Ho	NZL	5	FX	31	U
217	Eva	Gordienko	VIC	6	U	32	FX
202	Karolina	Grinko	NSW	7	FX	33	U
218	Federica	Alessandro	WA	8	U	34	FX
207	Millie	Hintz	QLD	9	FX	35	U
210	Tahlia	Tran	SA	10	U	36	FX
199	Daria	Prikaznova	NSW	11	FX	37	U
221	Alejandra	Recinos	WA	12	U	38	FX



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204	Veronika	Ushakova	QLD	13	FX	39	U
213	Jessica	Cooke	SA	14	U	40	FX
200	Emmanouela	Frokou	NSW	15	FX	41	U
216	Miyabi	Akiya	VIC	16	U	42	FX
209	Ayaka	Ohara	SA	17	FX	43	U
220	Breanna	Hopper	WA	18	U	44	FX
201	Halle	Masters	NSW	19	FX	45	U
205	Li-Lou	Burns-Gillet	QLD	20	U	46	FX
215	Jessica	Weintraub	VIC	21	FX	47	U
212	Lily	Rugari	SA	22	U	48	FX
222	Coco	Ozawa	WA	23	FX	49	U
206	Riana	Narushima	QLD	24	U	50	FX
214	Eunice	Lim	SA	25	FX	51	U
198	Anastasia	Makarenko	NSW	26	U	52	FX



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Date: Sunday 2 June 2019
Session: Evening
Division: Level 10 Apparatus Finals

General Warm Up: 5:30pm
Apparatus Warm Up: 6:00pm
Competition: 6:30pm – 9:30pm (Inc presentations)

Alternating with Acro
 RG x 2: ACR x 1
 RG goes 1st

APPARATUS WARM UP:

6:00-6:05	Level 10 Hoop
6:05-6:10	Level 10 Ball
6:10-6:15	Level 10 Clubs
6:15-6:20	Level 10 Ribbon

ROTATION 1

Level 10	Hoop	TBC	1	○
Level 10	Hoop	TBC	2	○
Level 10	Hoop	TBC	3	○
Level 10	Hoop	TBC	4	○
Level 10	Hoop	TBC	5	○
Level 10	Hoop	TBC	6	○
Level 10	Hoop	TBC	7	○
Level 10	Hoop	TBC	8	○

ROTATION 2

Level 10	Ball	TBC	9	●
Level 10	Ball	TBC	10	●
Level 10	Ball	TBC	11	●
Level 10	Ball	TBC	12	●
Level 10	Ball	TBC	13	●
Level 10	Ball	TBC	14	●
Level 10	Ball	TBC	15	●
Level 10	Ball	TBC	16	●

ROTATION 3

Level 10	Clubs	TBC	17	🔪
Level 10	Clubs	TBC	18	🔪
Level 10	Clubs	TBC	19	🔪
Level 10	Clubs	TBC	20	🔪

ROTATION 4

Level 10	Ribbon	TBC	25	🎀
Level 10	Ribbon	TBC	26	🎀
Level 10	Ribbon	TBC	27	🎀
Level 10	Ribbon	TBC	28	🎀











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Level 10	Clubs	TBC	21		Level 10	Ribbon	TBC	29	
Level 10	Clubs	TBC	22		Level 10	Ribbon	TBC	30	
Level 10	Clubs	TBC	23		Level 10	Ribbon	TBC	31	
Level 10	Clubs	TBC	24		Level 10	Ribbon	TBC	32	



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Date: Monday 3 June 2019
Session: Morning
Division: Sub Junior Part 2

General Warm Up: 7:30am
Apparatus Warm Up: 8:00am
Competition: 8:30am – 12:00pm (Inc presentations)

Alternating with Acro
RG x 2:ACR x 1
RG goes 1st

APPARATUS WARM UP:

8:00-8:05	Athletes 1-5
8:05-8:10	Athletes 6-10
8:10-8:15	Athletes 11-15
8:15-8:20	Athletes 16-20
8:20-8:25	Athletes 21-24

176	Lily	Coffey	NSW	1	○	25	●
185	Margarita	Loriya	SA	2	●	26	○
196	Teresa	Ozawa	WA	3	○	27	●
173	AIMEE	JONES	NSW	4	●	28	○
179	Polina	Leonova	QLD	5	○	29	●
184	Ekaterina	Bogatyreva	SA	6	●	30	○
190	Georgia	Whitney	VIC	7	○	31	●
174	Cara	Gavagna	NSW	8	●	32	○
193	Nadyashani	Igusti	WA	9	○	33	●
187	Elodie	Lamont	VIC	10	●	34	○
180	Isabella	Slavin	QLD	11	○	35	●
178	Sienna	Bujaroski	NSW	12	●	36	○
192	Dominga	Beltran	VIC	13	○	37	●



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195	Tenille	Pretorius	WA	14	●	38	○
182	Sophia	Ulanova	SA	15	○	39	●
177	Lucy	Hu	NSW	16	●	40	○
183	Dasha	Weston	SA	17	○	41	●
189	Amber	Goldberg	VIC	18	●	42	○
181	Trinity	Ferrer	QLD	19	○	43	●
186	Victoria	Kalinina	SA	20	●	44	○
188	Jolene	Wang	VIC	21	○	45	●
175	Lilli	Howell	NSW	22	●	46	○
194	Sascha	Loncar	WA	23	○	47	●
191	Hillai	Yemini	VIC	24	●	48	○



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Date: Monday 3 June 2019
Session: Afternoon
Division: Pre Junior Part 2

General Warm Up: 12:00pm
Apparatus Warm Up: 12:30pm
Competition: 1:00pm – 5:00pm (Inc presentations)

Alternating with Acro
RG x 2:ACR x 1
RG goes 1st

APPARATUS WARM UP:

12:30 – 12:35	Athletes 1-5
12:35– 12:40	Athletes 6-10
12:40– 12:45	Athletes 11-15
12:45– 12:50	Athletes 16-20
12:50 – 12:55	Athletes 21-26

213	Jessica	Cooke	SA	1	○	27	●
200	Emmanouela	Frokou	NSW	2	●	28	○
216	Miyabi	Akiya	VIC	3	○	29	●
209	Ayaka	Ohara	SA	4	●	30	○
220	Breanna	Hopper	WA	5	○	31	●
201	Halle	Masters	NSW	6	●	32	○
205	Li-Lou	Burns-Gillet	QLD	7	○	33	●
215	Jessica	Weintraub	VIC	8	●	34	○
212	Lily	Rugari	SA	9	○	35	●
222	Coco	Ozawa	WA	10	●	36	○
206	Riana	Narushima	QLD	11	○	37	●
214	Eunice	Lim	SA	12	●	38	○
198	Anastasia	Makarenko	NSW	13	○	39	●



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219	Bella	Ciupac	WA	14	●	40	○
203	Natalie	George	NSW	15	○	41	●
208	Mia	Strachan	QLD	16	●	42	○
211	Lauren	Bennett	SA	17	○	43	●
223	Kezia	Ho	NZL	18	●	44	○
217	Eva	Gordienko	VIC	19	○	45	●
202	Karolina	Grinko	NSW	20	●	46	○
218	Federica	Alessandro	WA	21	○	47	●
207	Millie	Hintz	QLD	22	●	48	○
210	Tahlia	Tran	SA	23	○	49	●
199	Daria	Prikaznova	NSW	24	●	50	○
221	Alejandra	Recinos	WA	25	○	51	●
204	Veronika	Ushakova	QLD	26	●	52	○