



MAG Competition Work Order

Version 3





2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



Date: Wednesday 22nd

Session: 8

Division: Level 7 U13

Round: 1 (Team, IAA, Apparatus)

Date: Friday 24th

Session: 13

Division: Level 7 U13

Round: 2 (Team, IAA, Apparatus)

General Warm-up: 7:00am - 7:20am
Apparatus Warm-up: 7:20am - 8:20am (1hr)
Competition March on: 8:25am
Competition Start: 8:30am

General Warm-up: 7:00am - 7:20am
Apparatus Warm-up: 7:20am - 8:20am (1hr)
Competition March on: 8:25am
Competition Start: 8:30am

APPARATUS WARM-UP



7:20	F	A	B	C	D	E
7:30	E	F	A	B	C	D
7:40	D	E	F	A	B	C
7:50	C	D	E	F	A	B
8:00	B	C	D	E	F	A
8:10	A	B	C	D	E	F
8:20	Marshalling ready for competition					

APPARATUS WARM-UP



7:20	E	F	A	B	C	D
7:30	D	E	F	A	B	C
7:40	C	D	E	F	A	B
7:50	B	C	D	E	F	A
8:00	A	B	C	D	E	F
8:10	F	A	B	C	D	E
8:20	Marshalling ready for competition					

COMPETITION ORDER



ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

COMPETITION ORDER



ROT 1	F	A	B	C	D	E
ROT 2	E	F	A	B	C	D
ROT 3	D	E	F	A	B	C
ROT 4	C	D	E	F	A	B
ROT 5	B	C	D	E	F	A
ROT 6	A	B	C	D	E	F

Group A:
Group B: ACT 8
Group C: NSW 8
Group D: QLD 7
Group E: VIC 5
Group F: WA (1) / TAS (1) / NSW Res (2) 4

Group A:
Group B: ACT 8
Group C: NSW 8
Group D: QLD 7
Group E: VIC 5
Group F: WA (1) / TAS (1) / NSW Res (2) 4



2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
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2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



Date: Tuesday 21st

Session: 6

Division: Level 7 Open

Round: 1 (Team, IAA)

Date: Thursday 23rd

Session: 10

Division: Level 7 Open

Round: 2 (IAA, Apparatus)

General Warm-up: 11:00am - 11:20am
Apparatus Warm-up: 11:20am - 12:20pm (1hr)
Competition March on: 12:25pm
Competition Start: 12:30pm

General Warm-up: 7:00am - 7:20am
Apparatus Warm-up: 7:20am - 8:20am (1hr)
Competition March on: 8:25am
Competition Start: 8:30am

APPARATUS WARM-UP



11:20	F	A	B	C	D	E
11:30	E	F	A	B	C	D
11:40	D	E	F	A	B	C
11:50	C	D	E	F	A	B
12:00	B	C	D	E	F	A
12:10	A	B	C	D	E	F
12:20	<i>Marshalling ready for competition</i>					

APPARATUS WARM-UP



7:20	E	F	A	B	C	D
7:30	D	E	F	A	B	C
7:40	C	D	E	F	A	B
7:50	B	C	D	E	F	A
8:00	A	B	C	D	E	F
8:10	F	A	B	C	D	E
8:20	<i>Marshalling ready for competition</i>					

COMPETITION ORDER



ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

COMPETITION ORDER



ROT 1	F	A	B	C	D	E
ROT 2	E	F	A	B	C	D
ROT 3	D	E	F	A	B	C
ROT 4	C	D	E	F	A	B
ROT 5	B	C	D	E	F	A
ROT 6	A	B	C	D	E	F

Group A: VIC 7
Group B: WA (4) / SA (5) 9
Group C: ACT 7
Group D: NSW 7
Group E: QLD 7
Group F: TAS 6

Group A: VIC 7
Group B: WA (4) / SA (5) 9
Group C: ACT 7
Group D: NSW 7
Group E: QLD 7
Group F: TAS 6



2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
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2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



Date: Tuesday 21st Session: 7
Division: Level 8 Open Round: 1 (Team, IAA)

Date: Thursday 23rd Session: 11
Division: Level 8 Open Round: 2 (IAA, Apparatus)

General Warm-up: 4:00pm - 4:20pm
Apparatus Warm-up: 4:20pm - 5:20pm (1hr)
Competition March on: 5:25pm
Competition Start: 5:30pm

General Warm-up: 12:00pm - 12:20pm
Apparatus Warm-up: 12:20pm - 1:20pm (1hr)
Competition March on: 1:25pm
Competition Start: 1:30pm

APPARATUS WARM-UP



16:20	F	A	B	C	D	E
16:30	E	F	A	B	C	D
16:40	D	E	F	A	B	C
16:50	C	D	E	F	A	B
5:00	B	C	D	E	F	A
5:10	A	B	C	D	E	F
5:20	<i>Marshalling ready for competition</i>					

APPARATUS WARM-UP



12:20	E	F	A	B	C	D
12:30	D	E	F	A	B	C
12:40	C	D	E	F	A	B
12:50	B	C	D	E	F	A
1:00	A	B	C	D	E	F
1:10	F	A	B	C	D	E
1:20	<i>Marshalling ready for competition</i>					

COMPETITION ORDER



ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

COMPETITION ORDER



ROT 1	F	A	B	C	D	E
ROT 2	E	F	A	B	C	D
ROT 3	D	E	F	A	B	C
ROT 4	C	D	E	F	A	B
ROT 5	B	C	D	E	F	A
ROT 6	A	B	C	D	E	F

Group A: QLD 8
Group B: ACT (4)/ TAS (3) 7
Group C: VIC 7
Group D: WA 7
Group E: NSW 7

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Group A: QLD 8
Group B: ACT (4)/ TAS (3) 7
Group C: VIC 7
Group D: WA 7
Group E: NSW 7

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2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
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2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



Date: Wednesday 22nd

Session: 9

Division: Level 8 U14

Round: 1 (Team, IAA, Apparatus)

Date: Saturday 25th

Session: 16

Division: Level 8 U14

Round: 2 (Team, IAA, Apparatus)

General Warm-up: 12:00pm - 12:20pm
Apparatus Warm-up: 12:20pm - 1:20pm
Competition March on: 1:25pm
Competition Start: 1:30pm

General Warm-up: 10:00am - 10:20am
Apparatus Warm-up: 10:20am - 11:20am
Competition March on: 11:25am
Competition Start: 11:30am

APPARATUS WARM-UP



12:20	F	A	B	C	D	E
12:30	E	F	A	B	C	D
12:40	D	E	F	A	B	C
12:50	C	D	E	F	A	B
13:00	B	C	D	E	F	A
13:10	A	B	C	D	E	F
13:20	<i>Marshalling ready for competition</i>					

APPARATUS WARM-UP



10:20	E	F	A	B	C	D
10:30	D	E	F	A	B	C
10:40	C	D	E	F	A	B
10:50	B	C	D	E	F	A
11:00	A	B	C	D	E	F
11:10	F	A	B	C	D	E
11:20	<i>Marshalling ready for competition</i>					

COMPETITION ORDER



ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

COMPETITION ORDER



ROT 1	F	A	B	C	D	E
ROT 2	E	F	A	B	C	D
ROT 3	D	E	F	A	B	C
ROT 4	C	D	E	F	A	B
ROT 5	B	C	D	E	F	A
ROT 6	A	B	C	D	E	F

Group A: NSW 7
Group B:
Group C: QLD (4) / WA (2) 6
Group D:
Group E: ACT (3), VIC (2) 5
Group F:

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Group A:
Group B: NSW 7
Group C:
Group D: QLD (4) / WA (2) 6
Group E:
Group F: ACT (3), VIC (2) 5

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2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



Date: Thursday 23rd Session: 12
Division: Level 9 U15 / U17 Round: 1 (Team, IAA)

Date: Saturday 25th Session: 17
Division: Level 9 U15 / U17 Round: 2 (IAA, Apparatus)

General Warm-up: 5:00pm - 5:20pm
Apparatus Warm-up: 5:20pm - 6:20pm (1hr)
Competition March on: 6:25pm
Competition Start: 6:30pm

General Warm-up: 3:00pm - 3:20pm
Apparatus Warm-up: 3:20pm - 4:20pm (1hr)
Competition March on: 4:25pm
Competition Start: 4:30pm

APPARATUS WARM-UP



17:20	F	A	B	C	D	E
17:30	E	F	A	B	C	D
17:40	D	E	F	A	B	C
17:50	C	D	E	F	A	B
6:00	B	C	D	E	F	A
6:10	A	B	C	D	E	F
6:20	<i>Marshalling ready for competition</i>					

APPARATUS WARM-UP



15:20	F	A	B	C	D	E
15:30	E	F	A	B	C	D
15:40	D	E	F	A	B	C
15:50	C	D	E	F	A	B
16:00	B	C	D	E	F	A
16:10	A	B	C	D	E	F
16:20	<i>Marshalling ready for competition</i>					

COMPETITION ORDER



ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

COMPETITION ORDER



ROT 1	F	A	B	C	D	E
ROT 2	E	F	A	B	C	D
ROT 3	D	E	F	A	B	C
ROT 4	C	D	E	F	A	B
ROT 5	B	C	D	E	F	A
ROT 6	A	B	C	D	E	F

Group A: VIC 9
Group B: QLD (4) / VIC (4) 8
Group C: ACT (3) / SA (5) 8
Group D: NSW 7
Group E: QLD 9
Group F: WA 6

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Group A: VIC 9
Group B: QLD (4) / VIC (4) 8
Group C: ACT (3) / SA (5) 8
Group D: NSW 7
Group E: QLD 9
Group F: WA 6

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2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



Date: Friday 24th
Division: Level 9 Open
Level 10 Open

Session: 14
Round: 1 (Team, IAA)
1 (Team, IAA)

Date: Sunday 26th
Division: Level 9 Open
Level 10 Open

Session: 18
Round: 2 (IAA, Apparatus)
2 (Apparatus)

General Warm-up: 12:00pm - 12:20pm
Apparatus Warm-up: 12:20pm - 1:20pm (1hr)
Competition March on: 1:25pm
Competition Start: 1:30pm

General Warm-up: 7:00am - 7:20am
Apparatus Warm-up: 7:20am - 8:20am (1hr)
Competition March on: 8:25am
Competition Start: 8:30am

APPARATUS WARM-UP



12:20	F	A	B	C	D	E
12:30	E	F	A	B	C	D
12:40	D	E	F	A	B	C
12:50	C	D	E	F	A	B
13:00	B	C	D	E	F	A
13:10	A	B	C	D	E	F
13:20	<i>Marshalling ready for competition</i>					

APPARATUS WARM-UP



7:20	E	F	A	B	C	D
7:30	D	E	F	A	B	C
7:40	C	D	E	F	A	B
7:50	B	C	D	E	F	A
8:00	A	B	C	D	E	F
8:10	F	A	B	C	D	E
8:20	<i>Marshalling ready for competition</i>					

COMPETITION ORDER



ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

Group A: VIC (L10) 10
Group B: QLD (L10) 9
Group C: ACT (2) / NSW (4) (L10) 6
Group D: VIC (5) / SA (3) (L9) 8
Group E: QLD (L9) 6
Group F: WA (3) / NSW (4) (L9) 7

COMPETITION ORDER



ROT 1	F	A	B	C	D	E
ROT 2	E	F	A	B	C	D
ROT 3	D	E	F	A	B	C
ROT 4	C	D	E	F	A	B
ROT 5	B	C	D	E	F	A
ROT 6	A	B	C	D	E	F

Group A: VIC (L10) 10
Group B: QLD (L10) 9
Group C: ACT (2) / NSW (4) (L10) 6
Group D: VIC (5) / SA (3) (L9) 8
Group E: QLD (L9) 6
Group F: WA (3) / NSW (4) (L9) 7



2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



2019 AUSTRALIAN GYMNASTICS CHAMPIONSHIPS
Men's Artistic



Date: Friday 24th Session: 15
Division: Senior International Round: 1 (Team, IAA)

Date: Sunday 26th Session: 19
Division: Senior International Round: 2 (Apparatus Finals)

General Warm-up: 5:00pm - 5:20pm
Apparatus Warm-up: 5:20pm - 6:20pm (1hr)
Competition March on: 6:25pm
Competition Start: 6:30pm

General Warm-up: 12:00pm - 12:20pm
Apparatus Warm-up: 12:20pm - 1:20pm (1hr)
Competition March on: 1:25pm
Competition Start: 1:30pm

APPARATUS WARM-UP

5:20	F	A	B	C	D	E
5:30	E	F	A	B	C	D
5:40	D	E	F	A	B	C
5:50	C	D	E	F	A	B
6:00	B	C	D	E	F	A
6:10	A	B	C	D	E	F
6:20	<i>Marshalling ready for competition</i>					

APPARATUS WARM-UP

12:20	F	A	B	C	D	E
12:30	E	F	A	B	C	D
12:40	D	E	F	A	B	C
12:50	C	D	E	F	A	B
1:00	B	C	D	E	F	A
1:10	A	B	C	D	E	F
1:20	<i>Marshalling ready for competition</i>					

COMPETITION ORDER

ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

COMPETITION ORDER

ROT 1	A	B	C	D	E	F
ROT 2	F	A	B	C	D	E
ROT 3	E	F	A	B	C	D
ROT 4	D	E	F	A	B	C
ROT 5	C	D	E	F	A	B
ROT 6	B	C	D	E	F	A

Group A: AUS (5)* / NZL (5) 10
Group B:
Group C: QLD 9
Group D: VIC 7
Group E: NSW 5
Group F: ACT (2) / WA (1) / NZL (1) 4
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Group A: Snr Group 1 5
Group B: Snr Group 2 5
Group C: Snr Group 3 5
Group D: Snr Group 4 5
Group E: Snr Group 5 5
Group F: NZL 6
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* 5 gymnasts are yet to be allocated to the National Team.
Which will reduce the State team numbers.