



**AUSTRALIAN  
GYMNASTICS  
CHAMPIONSHIPS**

# AER

# Competition Work Order

*Published: 13 May 2023*

*Version 2*

**Gymnastics Australia**

## AER FIG Athletes Podium Training

State/s	Time	Podium Time	Routines	Warm Up Time
NSW	5:15pm	60 mins	21	4:30pm
QLD, SA, VIC	6:15pm	30 mins	10	5:30pm
NZL, WA	6:45pm	45 mins	14	6:00pm

*\*Please note that only Aerobic Dance routines that are trialling for National/Development Squad can participate in podium training*

## AER Session 1 - Monday 15 May

Warm Up Start: 8:00am

Group Floor Touch: 8:30am

Competition: 9:00am

Time	No.	State	Name/s	Level	Division
9:00am	101	VIC	Madison Henwood	7	Individual
	102	SA	Sophie McGlaughlin	7	Individual
	103	NSW	Sofia Nolan	7	Individual
	104	QLD	Isabella Miller	7	Individual
	105	QLD	Macy Sparkes	7	Individual
9:20am	106	NSW	Katherine Brittain	7	Individual
	107	SA	Jade Triplow	7	Individual
	108	NSW	Victoria Paleologos	7	Individual
	109	NSW	Olivia Hills	7	Individual
	110	WA	Ruby Hankinson	7	Individual
9:40am	111	SA	Tiarne Riches	7	Individual
	112	SA	Charlotte Blackwell	7	Individual
	113	QLD	Abigail Collins	7	Individual
	114	QLD	Summer Jackson	7	Individual
	115	WA	Shahla Matthews	7	Individual
10:00am	116	VIC	Louise Bellia	7	Individual
	117	WA	Payton Wade	7	Individual
	118	VIC	Shuzhong Wu	7	Individual
	119	WA	Milana Artemov	7	Individual
	120	QLD	Lily Bock	7	Individual
10:20am	121	WA	Maisie Malseed	7	Individual
	122	VIC	Olivia Joyce	7	Individual
	123	WA	Tegan Ellis	7	Individual
	124	QLD	Grace Edwards	7	Individual
15 Minute Judges Break					
10:50am	125	NSW	Maleena Nagi	8	Individual
	126	QLD	Madeline Wieland	8	Individual
	127	VIC	Hannah Marshall	8	Individual
	128	SA	Keira Adamson	8	Individual
	129	QLD	Elizabeth Wilson	8	Individual
11:10am	130	NSW	Estelle Macleod	8	Individual
	131	WA	Samantha Millington	8	Individual
	132	SA	Skyler Gwatking	8	Individual
	133	QLD	Abbey Johnson	8	Individual
	134	SA	Olivia Hooper	8	Individual
11:30am	135	VIC	Amy Morrison	8	Individual
	136	NSW	Anna Cooney	8	Individual
	137	VIC	Penelope Bernardi	8	Individual
	138	QLD	Abby Milner	8	Individual
	139	WA	Olivia Binkhorst	8	Individual
11:50am	140	VIC	Evelyn Gammon	8	Individual
	141	WA	Ella Dean	8	Individual
	142	VIC	Eva Karunanayake	8	Individual
	143	WA	Kaitlyn Holden	9	Individual
	144	VIC	Amy Channon	9	Individual
12:10pm	145	SA	Kate Donovan	9	Individual
	146	NSW	Lindsay Ang	9	Individual
	147	NSW	Amelia O'Neill	9	Individual
	148	QLD	Ionie McLean	9	Individual
	149	WA	Sophie Stewart	9	Individual
12:30pm	150	QLD	Alexis Lane	9	Individual
	151	WA	Nikita Burton	9	Individual
	152	VIC	Megan McLean	10	Individual
	153	WA	Eden Leicester	10	Individual
	154	VIC	Mia Salomon	10	Individual
12:50pm	155	SA	Madeline Williams	10	Individual

Please note: All above times are approximate and should be used as a guide only

## AER Session 2 - Monday 15 May

Warm Up Start: 1:00pm

Group Floor Touch: 1:30pm

Competition: 2:00pm

Time	No.	State	Name/s	Level	Division
2:00pm	206	VIC	Shuzhong Wu, Mikayla Axup	7/8	Multiple
			RG Routine		
	207	NSW	Ayva Semrani, Olivia Spano, Miki Cooper	7/8	Multiple
			RG Routine		
	208	NSW	Olivia Hills, Victoria Paleologos	7/8	Multiple
2:20pm	209	QLD	Macy Sparkes, Grace Edwards, Abigail Collins	7/8	Multiple
	210	QLD	Sophie Willman, Annelise Jenkins	7/8	Multiple
	211	VIC	Indie Burrows, Eva Karunanayake	7/8	Multiple
	212	NSW	Maleena Nagi, Sofia Nolan	7/8	Multiple
	213	NSW	Katherine Brittain, Neisha Macleod, Juliette Quealy	7/8	Multiple
2:40pm	214	VIC	Mary Hoyer, Louise Bellia, Lana Siapantas	7/8	Multiple
	215	SA	Charlotte Blackwell, Tiarne Riches	7/8	Multiple
	215A	WA	Ruby Hankinson, Maisie Malseed	7/8	Multiple
	216	SA	Sophie McLoughlin, Skyler Gwatking, Jade Triplow	7/8	Multiple
	217	QLD	Abby Milner, Loralee Gould	7/8	Multiple
3:00pm			RG Routine		
	218	QLD	Summer Jackson, Holly Thomas	7/8	Multiple
			RG Routine		
	218A	WA	Shahla Matthews, Milana Artemov	7/8	Multiple
	219	NSW	Jessica Cronin, Poppy Sisson, Zoe Yates	7/8	Multiple
10 Minute Judges Break (RG Presentations)					
3:30pm	220	QLD	Hollie-Kate Melia, Milana George, Holly Munn	9/10	Multiple
	221	VIC	Megan McLean, Mia Salomon	9/10	Multiple
	222	NSW	Amelia O'Neill, Isabella O'Neill	9/10	Multiple
	223	QLD	Brooke Lane, Jema Gilchrist, Emily Hill	9/10	Multiple
	224	WA	Nikita Burton, Kaitlyn Holden, Sophie Stewart	9/10	Multiple
3:50pm	225	VIC	Allie Guillou, Belle Guillou	9/10	Multiple
	201	VIC	Shuzhong Wu, Indie Burrows, Mikayla Axup, Hannah Marshall, Jasmine Nguyen, Eva Karunanayake	7-10	Team
	203	NSW	Ayva Semrani, Olivia Spano, Anna Cooney, Miki Cooper	7-10	Team
	204	NSW	Jessica Cronin, Isabella O'Neill, Estelle Macleod, Poppy Sisson, Zoe Yates	7-10	Team
	202	QLD	Madeline Wieland, Audrey Goffey, Lana Korn, Emily Hill, Jema Gilchrist	7-10	Team
4:10pm	205	QLD	Alexis Lane, Brooke Lane, Hollie-Kate Melia, Milana George, Holly Munn	7-10	Team

*Please note: All above times are approximate and should be used as a guide only*

## AER Session 3 - Tuesday 16 May

**Warm Up Start:** 8:00am  
**Group Floor Touch:** 8:30am  
**Competition:** 9:00am

Time	No.	State	Name/s	Level	Division
9:00am			RG Routine 1		
			RG Routine 2		
			Rank 7	7	Individual
			RG Routine 3		
			RG Routine 4		
			Rank 1	7	Individual
			RG Routine 5		
			RG Routine 6		
			Rank 3	7	Individual
			RG Routine 7		
9:20am			RG Routine 8		
			Rank 4	7	Individual
			RG Routine 9		
			RG Routine 10		
			Rank 2	7	Individual
			RG Routine 11		
			RG Routine 12		
			Rank 5	7	Individual
			RG Routine 13		
			RG Routine 14		
9:40am			Rank 8	7	Individual
			RG Routine 15		
			RG Routine 16		
			Rank 6	7	Individual
			RG Routine 17		
			RG Routine 18		
			Rank 3	8	Individual
			RG Routine 19		
			RG Routine 20		
			Rank 8	8	Individual
10:00am			RG Routine 21		
			RG Routine 22		
10 min break for RG					
12mins, dring RG break			Rank 2	8	Individual
			Rank 1	8	Individual
			Rank 5	8	Individual
			Rank 4	8	Individual
10:20am			RG Routine 23		
			RG Routine 24		
			Rank 7	8	Individual
			RG Routine 25		
			RG Routine 26		
			Rank 6	8	Individual
10 min break for AER					
About 12mins, dring AER break			RG Routine 27		
			RG Routine 28		
			RG Routine 29		
			RG Routine 30		
			RG Routine 31		
			RG Routine 32		
			Rank 8	9	Individual

			RG Routine 33		
10:50am			RG Routine 34		
			Rank 1	9	Individual
			RG Routine 35		
			RG Routine 36		
			Rank 6	9	Individual
			RG Routine 37		
			RG Routine 38		
			Rank 4	9	Individual
			RG Routine 39		
			RG Routine 40		
11:10am			Rank 5	9	Individual
			RG Routine 41		
			RG Routine 42		
			Rank 7	9	Individual
			RG Routine 43		
			RG Routine 44		
			Rank 2	9	Individual
			Rank 3	9	Individual
11:30am	155	SA	Madeline Williams	10	Individual
	153	WA	Eden Leicester	10	Individual
	154	VIC	Mia Salomon	10	Individual
	152	VIC	Megan McLean	10	Individual

*Please note: All above times are approximate and should be used a guide only*

## AER Session 4 -Tuesday 16 May

Warm Up Start: 12:30pm  
 Group Floor Touch: 1:00pm  
 Competition 1:30pm

Time	No.	State	Name/s	Level	Division
1:30pm			RG Routine 1		
	401	NSW	Leila Ghazi	SEN	IW
			RG Routine 2		
	402	NSW	Jessica Naman	SEN	IW
			RG Routine 3		
	403	NZL	Jaimie Le Bas	SEN	IW
			RG Routine 4		
	404	NSW	Jasmine Weeks	SEN	IW
			RG Routine 5		
	405	NSW	Carissa Uno	SEN	IW
1:50pm			RG Routine 6		
	406	NSW	Mercedes McIntyre	SEN	IW
			RG Routine 7		
	407	NZL	Lucy Packer	SEN	IW
			RG Routine 8		
	408	VIC	Roisin Selvarajoo	SEN	IW
			RG Routine 9		
	409	NZL	Alderney Shing	SEN	IW
			RG Routine 10		
	410	QLD	Michaela Warren	SEN	IW
2:10pm			RG Routine 11		
	411	WA	Rylee Poole	SEN	IW
			RG Routine 12		
	412	SA	Sophie King	SEN	IW
			RG Routine 13		
	413	NSW	Maia Dragicevic	SEN	IW
			RG Routine 14		
	414	VIC	Olivia Feaver	SEN	IW
			RG Routine 15		
	415	NSW	Sienna Novek	AG	IW
2:30pm			RG Routine 16		
	416	NSW	Angelina Chalabov	AG	IW
			RG Routine 17		
	417	NSW	Sienna Smith	AG	IW
			RG Routine 18		
	418	NSW	Molly Tovey	AG	IW
			RG Routine 19		
	419	NSW	Hannah Pulbrook	AG	IW
			RG Routine 20		
	420	WA	Bonita D'Souza	AG	IW
2:50pm			RG Routine 21		
	421	QLD	Jessie Dixon	AG	IW
			RG Routine 22		
10 min break for RG only					

12 mins, during RG break	422	NSW	Mina Ju	AG	IW
	423	WA	Savannah Doyle, Holly Davison, Millie Kollman	JUN	Trio
	424	NZL	Georgia Sole, Kate Sole, Tiffany Ong	JUN	Trio
			RG Routine 23		
			RG Routine 24		
			RG Routine 25		
			RG Routine 26		
			RG Routine 27		
			RG Routine 28		
			RG Routine 29		
			RG Routine 30		
			RG Routine 31		
			RG Routine 32		
			RG Routine 33		
			RG Routine 34		
			RG Routine 35		
			RG Routine 36		
			RG Routine 37		
			RG Routine 38		
			RG Routine 39		
			RG Routine 40		
			RG Routine 41		
			RG Routine 42		
			RG Routine 43		
			RG Routine 44		

*Please note: All above times are approximate and should be used a guide only*



## AER Session 5 - Tuesday 16 May

Warm Up Start: 5:00pm

Group Floor Touch: 5:30pm

Competition: 6:00pm

Time	No.	State	Name/s	Level	Division
6:00pm			RG Routine 1		
	501	NSW	Grace Kleppich, Carissa Uno, Mercedes McIntyre	SEN	Trio
			RG Routine 2		
	502	NSW	Leila Ghazi, Lauren Anderson, Jasmine Weeks	SEN	Trio
			RG Routine 3		
	503	NSW	Hannah Pulbrook, Sienna Novek, Sienna Smith	AG	Trio
			RG Routine 4		
	504	NZL	Amber Sue	JUN	IW
			RG Routine 5		
	505	NSW	Hillary Diachenko	JUN	IW
6:20pm			RG Routine 6		
	506	NSW	Biblina Shamuel	JUN	IW
			RG Routine 7		
	507	NZL	Georgia Sole	JUN	IW
			RG Routine 8		
	508	QLD	Audrey Goffey	JUN	IW
			RG Routine 9		
	509	NSW	MacKenzie Manev	JUN	IW
			RG Routine 10		
	510	QLD	Sophie Eden	JUN	IW
6:40pm			RG Routine 11		
	511	VIC	Ruby Conti	JUN	IW
			RG Routine 12		
	512	NZL	Kate Sole	JUN	IW
			RG Routine 13		
	513	QLD	Skye McKibben	JUN	IW
			RG Routine 14		
	514	QLD	Sienna Maze	JUN	IW
			RG Routine 15		
	515	WA	Holly Davison	JUN	IW
7:00pm			RG Routine 16		
	516	WA	Millie Kollman	JUN	IW
			RG Routine 17		
	517	NZL	Tiffany Ong	JUN	IW
			RG Routine 18		
	518	NSW	Savannah Leal	JUN	IW
			RG Routine 19		
	519	SA	Poppy McGregor	JUN	IW
			RG Routine 20		
	520	NSW	Amber Pavendranathan	JUN	IW
7:20pm			RG Routine 21		
	521	QLD	Skye McKibben, Sophie Eden, Isabella Miller, Lily Bock, Abbey Johnson, Abby Milner, Loralie Gould	JUN	AD
			RG Routine 22		
	522	QLD	Abigail Collins, Elizabeth Wilson, Madeline Wieland, Audrey Goffey, Lana Korn	JUN	AD
			RG Routine 23		
	523	NSW	Sofia Nolan, Angelina Chalabov, Mina Ju, Maleena Nagi	JUN	AD
			RG Routine 24		

	524	QLD	Alexis Lane, Brooke Lane, Hollie-Kate Melia, Ciara Hallinan, Milana George, Holly Munn, Emily Hill, Jema Gilchrist	SEN	AD
			RG Routine 25		
	525	NSW	Emma Gal, Jessica Naman, MacKenzie Manev, Taylah Woods, Tiana Yan, Olivia Hills, Victoria Paleologos, Carissa Uno	SEN	AD
7:40pm			RG Routine 26		
	526	WA	Eden Leicester, Savannah Doyle, Olivia Binkhorst, Nikita Burton, Rylee Poole, Kaitlyn Holden, Sophie Stewart, Millie Kollman	SEN	AD
			RG Routine 27		
10 min break for RG					
			RG Routine 28		
			RG Routine 29		
			RG Routine 30		
			RG Routine 31		
			RG Routine 32		
			RG Routine 33		
			RG Routine 34		
			RG Routine 35		
			RG Routine 36		
			RG Routine 37		
			RG Routine 38		
			RG Routine 39		
			RG Routine 40		
			RG Routine 41		
			RG Routine 42		
			RG Routine 43		
			RG Routine 44		
			RG Routine 45		
			RG Routine 46		
			RG Routine 47		
			RG Routine 48		
			RG Routine 49		
			RG Routine 50		
			RG Routine 51		
			RG Routine 52		
			RG Routine 53		
			RG Routine 54		

*Please note: All above times are approximate and should be used a guide only*

## AER Session 6 -Wednesday 17 May

Warm Up Start: 7:30am

Group Floor Touch: 8:00am

Competition: 8:30am

Time	No.	State	Name/s	Level	Division
8:30am			RG Routine 1		
			RG Routine 2		
			Rank 8	7/8	Multiple
			RG Routine 3		
			RG Routine 4		
			Rank 7	7/8	Multiple
			RG Routine 5		
			RG Routine 6		
			Rank 6	7/8	Multiple
			RG Routine 7		
8:50am			RG Routine 8		
			Rank 2	7/8	Multiple
			RG Routine 9		
			RG Routine 10		
			Rank 3	7/8	Multiple
			RG Routine 11		
			RG Routine 12		
			Rank 5	7/8	Multiple
			RG Routine 13		
			RG Routine 14		
10:10am			Rank 1	7/8	Multiple
			RG Routine 15		
			RG Routine 16		
			Rank 4	7/8	Multiple
			RG Routine 17		
			RG Routine 18		
	205	QLD	Alexis Lane, Brooke Lane, Hollie-Kate Melia, Milana George, Holly Munn	7-10	Team
			RG Routine 19		
			RG Routine 20		
	202	QLD	Madeline Wieland, Audrey Goffey, Lana Korn, Emily Hill, Jema Gilchrist	7-10	Team
10:30am			RG Routine 21		
			RG Routine 22		
10 min break for RG only					
12 mins, dring RG break	203	NSW	Ayva Semrani, Olivia Spano, Anna Cooney, Miki Cooper	7-10	Team
	204	NSW	Jessica Cronin, Isabella O'Neill, Estelle Macleod, Poppy Sisson, Zoe Yates	7-10	Team
	201	VIC	Shuzhong Wu, Indie Burrows, Mikayla Axup, Hannah Marshall, Jasmine Nguyen, Eva Karunanayake	7-10	Team
	223	QLD	Brooke Lane, Jema Gilchrist, Emily Hill	9/10	Multiple
			RG Routine 23		
10:50am			RG Routine 24		
	225	VIC	Allie Guillou, Belle Guillou	9/10	Multiple
			RG Routine 25		
			RG Routine 26		
	224	WA	Nikita Burton, Kaitlyn Holden, Sophie Stewart	9/10	Multiple
			RG Routine 27		

			RG Routine 28		
	222	NSW	Amelia O'Neill, Isabella O'Neill	9/10	Multiple
			RG Routine 29		
			RG Routine 30		
11:10am	220	QLD	Hollie-Kate Melia, Milana George, Holly Munn	9/10	Multiple
			RG Routine 31		
			RG Routine 32		
	221	VIC	Megan McLean, Mia Salomon, Mia Ritter	9/10	Multiple
			RG Routine 33		
			RG Routine 34		
			RG Routine 35		
			RG Routine 36		
			RG Routine 37		
			RG Routine 38		
			RG Routine 39		
			RG Routine 40		
			RG Routine 41		
			RG Routine 42		
			RG Routine 43		
			RG Routine 44		

*Please note: All above times are approximate and should be used a guide only*

## AER Session 7 - Wednesday 17 May

Warm Up Start: 12:30pm

Group Floor Touch: 1:00pm

Competition: 1:30pm

Time	No.	State	Name/s	Level	Division
1:30pm			RG Routine 1		
			RG Routine 2		
			Rank 9	SEN	IW
			RG Routine 3		
			RG Routine 4		
			Rank 14	SEN	IW
			RG Routine 5		
1:50pm			RG Routine 6		
			Rank 13	SEN	IW
			RG Routine 7		
			RG Routine 8		
			Rank 11	SEN	IW
			RG Routine 9		
			RG Routine 10		
2:10pm			Rank 10	SEN	IW
			RG Routine 11		
			RG Routine 12		
			Rank 12	SEN	IW
			RG Routine 13		
			RG Routine 14		
			Rank 17	JUN	IW
2:30pm			RG Routine 15		
			RG Routine 16		
			Rank 13	JUN	IW
			RG Routine 17		
			RG Routine 18		
			Rank 14	JUN	IW
			RG Routine 19		
2:50pm			RG Routine 20		
			Rank 12	JUN	IW
			RG Routine 21		
			RG Routine 22		
10 min break for RG					
12 mins, dring RG break			Rank 9	JUN	IW
			Rank 11	JUN	IW
			Rank 15	JUN	IW
			Rank 16	JUN	IW
2:50pm			RG Routine 23		
			RG Routine 24		
			Rank 10	JUN	IW
10 min break for AER					
12 mins, during AER break			RG Routine 25		
			RG Routine 26		
			RG Routine 27		
			RG Routine 28		
			RG Routine 29		
			RG Routine 30		

		QLD	Skye McKibben, Sophie Eden, Isabella Miller, Lily Bock, Abbey Johnson, Abby Milner, Loralie Gould	JUN	AD
			RG Routine 31		
3:10pm			RG Routine 32		
		NSW	Hillary Diachenko, Angelina Chalabov, Mina Ju, Maleena Nagi	JUN	AD
			RG Routine 33		
			RG Routine 34		
		QLD	Abigail Collins, Elizabeth Wilson, Madeline Wieland, Audrey Goffey, Lana Korn	JUN	AD
			RG Routine 35		
			RG Routine 36		
		QLD	Alexis Lane, Brooke Lane, Hollie-Kate Melia, Ciara Hallinan, Milana George, Holly Munn, Emily Hill, Jema Gilchrist	SEN	AD
			RG Routine 37		
			RG Routine 38		
3:30pm		WA	Eden Leicester, Savannah Doyle, Olivia Binkhorst, Nikita Burton, Rylee Poole, Kaitlyn Holden, Sophie Stewart, Millie Kollman	SEN	AD
			RG Routine 39		
			RG Routine 40		
		NSW	Emma Gal, Jessica Naman, MacKenzie Manev, Taylah Woods, Tiana Yan, Olivia Hills, Victoria Paleologos, Carissa Uno	SEN	AD
			RG Routine 41		
			RG Routine 42		
			RG Routine 43		
			RG Routine 44		

*Please note: All above times are approximate and should be used a guide only*

## AER Session 8 - Wednesday 17 May

Warm Up Start: 5:00pm

Group Floor Touch: 5:30pm

Competition: 6:00pm

Time	No.	State	Name/s	Level	Division
6:00pm			RG Routine 1		
			RG Routine 2		
	503	NSW	Hannah Pulbrook, Sienna Novek, Sienna Smith	AG	Trio
			RG Routine 3		
			RG Routine 4		
	424	NZL	Georgia Sole, Kate Sole, Tiffany Ong	JUN	Trio
			RG Routine 5		
			RG Routine 6		
	423	WA	Savannah Doyle, Holly Davison, Millie Kollman	JUN	Trio
			RG Routine 7		
6:20pm			RG Routine 8		
	501	NSW	Grace Kleppich, Carissa Uno, Mercedes McIntyre	SEN	Trio
			RG Routine 9		
			RG Routine 10		
	502	NSW	Leila Ghazi, Lauren Anderson, Jasmine Weeks	SEN	Trio
			RG Routine 11		
			RG Routine 12		
	420	WA	Bonita D'Souza	AG	IW
			RG Routine 13		
			RG Routine 14		
6:40pm	419	NSW	Hannah Pulbrook	AG	IW
			RG Routine 15		
			RG Routine 16		
	422	NSW	Mina Ju	AG	IW
			RG Routine 17		
			RG Routine 18		
	418	NSW	Molly Tovey	AG	IW
			RG Routine 19		
			RG Routine 20		
	416	NSW	Angelina Chalabov	AG	IW
7:00pm			RG Routine 21		
			RG Routine 22		
	421	QLD	Jessie Dixon	AG	IW
			RG Routine 23		
			RG Routine 24		
	415	NSW	Sienna Novek	AG	IW
			RG Routine 25		
			RG Routine 26		
	417	NSW	Sienna Smith	AG	IW
			RG Routine 27		
10 min break for RG & AER					
7:30pm			RG Routine 28		
			RG Routine 29		
			Rank 7	JUN	IW
			RG Routine 30		
			RG Routine 31		
			Rank 6	JUN	IW
			RG Routine 32		

			RG Routine 33		
			Rank 8	JUN	IW
			RG Routine 34		
7:50pm			RG Routine 35		
			Rank 5	JUN	IW
			RG Routine 36		
			RG Routine 37		
			Rank 2	JUN	IW
			RG Routine 38		
			RG Routine 39		
			Rank 1	JUN	IW
			RG Routine 40		
			RG Routine 41		
8:10pm			Rank 3	JUN	IW
			RG Routine 42		
			RG Routine 43		
			Rank 4	JUN	IW
			RG Routine 44		
			RG Routine 45		
			Rank 5	SEN	IW
			RG Routine 46		
			RG Routine 47		
			Rank 8	SEN	IW
8:30pm			RG Routine 48		
			RG Routine 49		
			Rank 2	SEN	IW
			RG Routine 50		
			RG Routine 51		
			Rank 6	SEN	IW
			RG Routine 52		
			RG Routine 53		
			Rank 4	SEN	IW
			RG Routine 54		
8:50pm			Rank 7	SEN	IW
			Rank 1	SEN	IW
			Rank 3	SEN	IW

*Please note: All above times are approximate and should be used a guide only*