



**AUSTRALIAN
GYMNASTICS
CHAMPIONSHIPS**

2025 Australian Gymnastics Championships

***Event Information Bulletin
April 2025***



**Gymnastics
Australia**

WELCOME

Welcome to the second bulletin for the 2025 Australian Gymnastics Championships.

The purpose of this document is to provide up to date event information to all participants across Australia.

All bulletins will be published on the Australian Gymnastics Championships website and in the STA AGC Communication channel on Teams. Please continue to check the website regularly for the most up to date information.

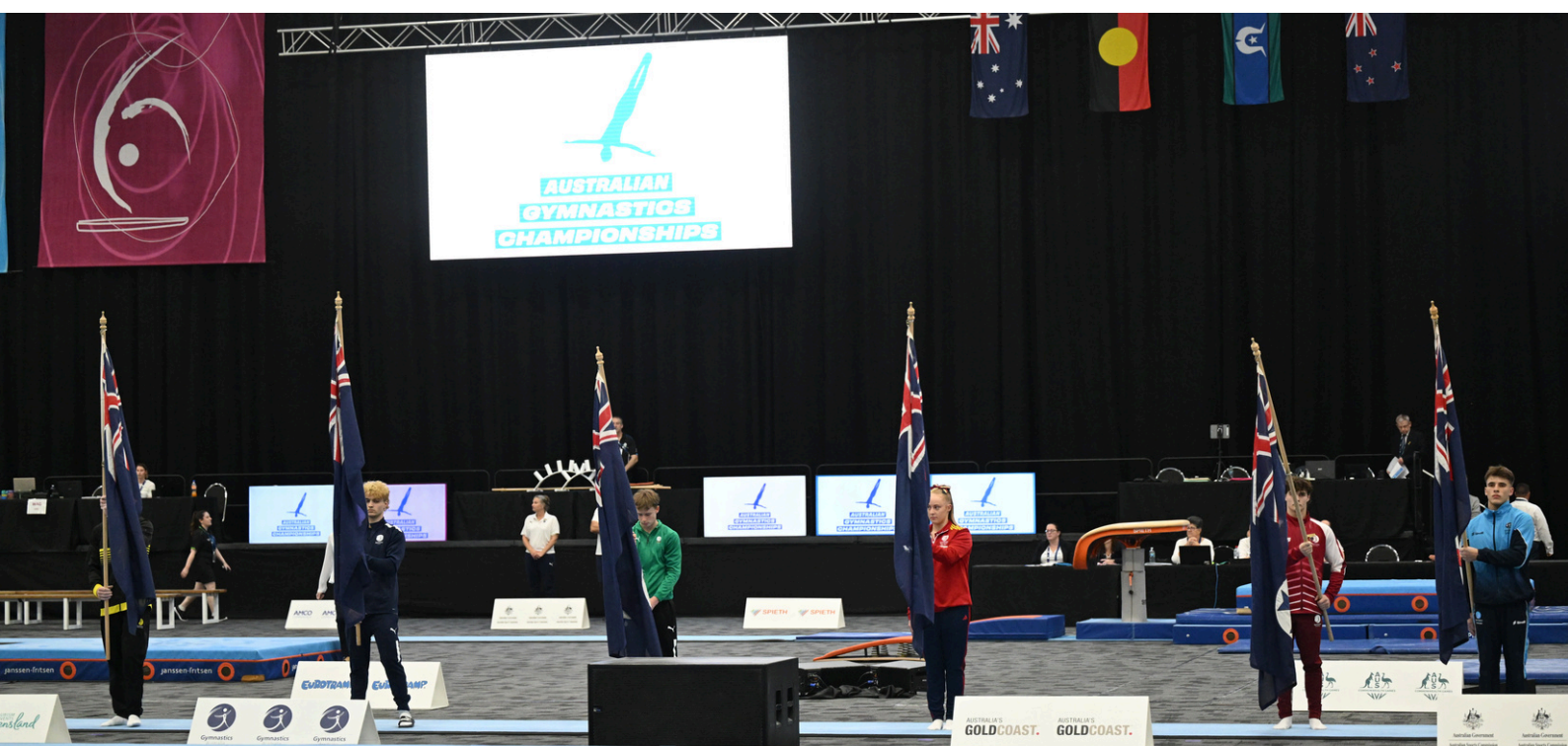
Should you have any questions regarding the event, please do not hesitate to contact us and we will do all that we can to assist.

Phone: 03 8698 9700

Email: events@gymnastics.org.au

Website: <http://ausgymnasticschamps.com.au/>

The team at Gymnastics Australia are committed to providing you with a high-quality event that will be a memorable and worthwhile part of your gymnastics journey.



ENTRY FEES

The entry fee per athlete, per Gymsport for participation at the event is \$285, inc GST.

The above includes the following for all athletes;

- Participation in the event
- Spectator access to all competition sessions
- Access to official event training
- Participation Certificate

Additional & Late Fees

- Late Entry Fee: \$400 plus the total entry fee per athlete entered into the event after the definitive entry cut-off date
- Late / Additional Official Entry Fee: \$200. This applies to all team officials who are submitted into the event after the definitive entry cut-off date
- Late music or music changes after the due date: \$60 per piece of music

CLOSING DATES

Provisional Entries: Wednesday 7 May 2025, 3:00pm AEST

Definitive Entries: Tuesday 3 June 2025, 3:00pm AEST

Music Submission: Friday 6 June 2025, 3:00pm AEST

PROVISIONAL ENTRIES

Provisional entries are now open and will close on Wednesday, 13th March. This year, all provisional entries must be submitted via the entry form which has been shared via email.

Please note:

- No invoice will be issued at the time of provisional entries. The full entry fee of \$285 per athlete will be invoiced with definitive entries.
- After provisional entries close, STAs will be notified of the number of competing reserve/additional athletes permitted for 2025, where applicable.
- To assist with this process, please ensure all relevant reserve athletes are listed in your provisional entry submission.

Definitive entries will be submitted via an excel spreadsheet. This will be shared with the STA's in the coming weeks.

COMPETITION SCHEDULE

Following the close of provisional entries, Gymnastics Australia will publish draft detailed competition schedules for each GymSport. These schedules will also include details of additional activities happening off the Field of Play, such as the opening ceremony, awards functions, and community meetings.

Where possible, session times will be published however all schedules will remain draft until final entries are received in June.

PODIUM TRAINING

Podium Training for selected levels and divisions will be on the following days;

Men's Artistic Gymnastics

Date: Wednesday 2 July

Levels: Level 9 Under, Level 10 & Senior International

Women's Artistic Gymnastics

Date: Wednesday 2 July

Levels: Developing International & Senior International

Future International will only be offered podium training if time and scheduling allows - this will be confirmed and communicated once final entries have been submitted

Rhythmic Gymnastics

Date: Friday 11 July

Levels: Junior International & Senior International (Individual & Group)

Trampoline Gymnastics

Date: Friday 11 July

Levels: International Divisions

Acrobatic Gymnastics

Date: Friday 11 July

Levels: International Divisions

Aerobic Gymnastics

Date: Tuesday 15 July - Morning

Levels: International Divisions - TBC

All podium training times will be confirmed once entries have been received.

Athletes must wear state team attire for all podium training sessions.

MEETINGS

Orientation Meeting

The orientation meeting for all Gymsports will be held virtually via Teams prior to the event.

All Heads of Delegation, Team Managers & Head Coaches should attend the meeting.

Date: Monday 23 June or Tuesday 24 June - TBC

Time: TBC, during office hours

Judges Meetings

In 2025, it is compulsory for all judges attending AGC to attend the scheduled judges' meetings.

Judges that do not attend the meetings will not be included in the final judges' panels for the event.

Please ensure this is communicated to your judges so travel details can be booked accordingly.

MUSIC SUBMISSION

Music submission for the 2025 Australian Gymnastics Championships will be via a Dropbox. All States / Territories will be emailed a direct link in the coming weeks.

Naming conventions must be as per the guidelines attached.

Music submission is due by the 6th June 2025.

PHOTO CONSENT

Gymnastics Australia has reviewed and refined the photo consent form for the 2025 Australian Gymnastics Championships. If the below form could please be passed along to all state team athletes that would be great.

<https://form.jotform.com/240308582125855>

Gymnastics Australia will continue to work on supporting our official event photographer, WinkiPop Media, in identifying individuals who have not provided their consent to have their photograph taken, and will communicate this with you and relevant members in due course.

If you have any questions about utilizing or distributing the form, please do not hesitate to contact Gymnastics Australia Safer Sport at safersport@gymnastics.org.au

TEAM SHEETS

Team sheets for MAG and WAG will be due on **Monday 23th June** at 4:00pm. Links to the online forms can be found below;

MAG: Click [HERE](#)

WAG: Click [HERE](#)

TEAM APP

We will once again be using TeamApp for all event time communication. It is important that all team members join the 2025 event team to ensure they receive the most up to date information during event time.

To get the full features of this app please go to the App Store or Google Play and download Stack Team App onto your mobile device, then follow these simple steps:

1. Sign-up to Stack Team App. You'll be sent an e-mail to activate your account.
2. Log-in and search for 2025 AGC Event Updates, then request to become a member.

There is no payment required to access the app. Please ensure that your team members stay vigilant and do not provide any payment details at any point.

Please note: All access groups have been cleared since the 2024 event so all members will need to request access again in 2025

EMERGENCY MEDICAL EDUCATION SESSION

In 2025, GA will once again be hosting an Emergency Medical Education Session specific to gymnastics. The session will take place on Thursday 10th July and will run from approximately 9am - 4pm.

The day will be designed specifically for healthcare practitioners, targeting the physiotherapists and other healthcare practitioners supporting the state and territory teams at the event. The GA event doctors will also be in attendance.

Additional details around the guest presenter will be shared in the coming weeks.

There is no cost associated with attending this session however we ask that only those medical personal accredited for the 2025 event attend.



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Music Submission Guidelines



**Gymnastics
Australia**

Acrobatic Gymnastics

ACR Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM

Name files with First names in the order of Surnames alphabetically then a hyphen " - " then State then Level then Routine type.

For example Sophie Boss, Clair Ziggaby, Jane Phillips

Name as: Sophie Jane Clair - NSW L8 Balance
Sophie Jane Clair - NSW L8 Dynamic

Do not use underscore. Do not use commas.

If a starting sound or ping is used, please keep this at a low volume and no louder than the music.

A backup USB flash drive with copies of the gymnast's music must be held by coaches at the event in case of technical difficulties.

Music will be tested by Novak and made available at and before the competition for State representatives to check.

If you are having difficulty making WAV files, your original best quality music as a different type of file can be submitted and will be processed by Novak.

Please try to use the best quality uncompressed music files possible for all your gymnastics music. Avoid using mp3 or other lossy formats. If you need to submit **Mp3** please try to use these properties: **44.1 kHz, 320 kbps, CBR, Stereo.**

Aerobic Gymnastics

AER Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM

Name files with competitor's name then a hyphen " - " then State then Level.

For example: Individual Jane Jones - NSW L8
 Jane Jones - NSW Ag
 Jane Jones - NSW Snr

With Pairs, Trios and Groups use First names in the order of Surnames alphabetically then a hyphen " - " then State then Level

For example:

Pair Sophie Austin and Jane Phillips
 Name as: Sophie Jane - NSW L8

Trio Clair Ziggaby, Sophie Boss, Jane Phillips
 Name as: Sophie Jane Clair - NSW Ag

Groups Sophie Boss, Clair Ziggaby, Suzan Collins, Jane Phillips, Annie Smith, Jill Smith
 Name as: SophieSusanJaneAnnieJillClair - NSW Snr
 SophieSusanJaneAnnieJillClair - NSW AD Snr

Do not use underscore. Do not use commas.

If a starting sound or ping is used, please keep this at a low volume and no louder than the music.

A backup USB flash drive with copies of gymnast's music must be held by coaches at the event in case of technical difficulties.

Music will be tested by Novak and made available at and before the competition for State representatives to check.

If you are having difficulty making WAV files, your original best quality music as a different type of file can be submitted and will be processed by Novak.

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Rhythmic Gymnastics

RG Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM

Name files with competitor's name then a hyphen " - " then State then Level then Apparatus.

For example: Jane Smith - NSW Sub Jnr Hoop
 Jane Smith - NSW Pre Jnr Freehand
 Jane Smith - NSW L10 Ball
 Jane Smith - NSW Jnr Clubs
 Jane Smith - NSW Snr Ribbon

Do not use underscore. Do not use commas.

If a starting sound or ping is used, please keep this at a low volume and no louder than the music.

For Groups name files with competitor's First names in the order of Surnames alphabetically then a hyphen " - " then State then Level then " Group " then Apparatus.

For example: Lisa Zigan
 Jane Austin
 Tegan Bellamy
 Mary Oatis
 Abbey Wilson

Name file as: JaneTeganMaryAbbeyLiza - NSW Sub Jnr Group Clubs

A backup USB flash drive with copies of gymnast's music must be held by coaches at the event in case of technical difficulties.

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Women's Artistic Gymnastics

WAG Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM

Name files with competitor name then a hyphen " - " then State then Level.

For example: Jane Smith - QLD L8
 Jane Smith - QLD L9
 Jane Smith - QLD L10
 Jane Smith - QLD Fut
 Jane Smith - QLD Jnr
 Jane Smith - QLD Snr

Do not use underscore. Do not use commas.

If a starting sound or ping is used, please keep this at a low volume and no louder than the music.

A backup USB flash drive with copies of gymnast's music must be held by coaches at the event in case of technical difficulties.

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