



Gymnastics
Australia

A full-page background image of a gymnast in a pike position, with arms extended upwards and hands clasped. The image is overlaid with a semi-transparent magenta filter.

WAG Competition Work Order

Version 1

Published: 18 June 2025





Developing International - Day 1

Thursday 3 July, 2025

WARM UP

General Warm Up: 10:00am





Apparatus Warm Up: 10:20am - 11:20am

				
10:20am - 10:35am	Group D	Group A	Group B	Group C
10:35am - 10:50am	Group C	Group D	Group A	Group B
10:50am - 11:05am	Group B	Group C	Group D	Group A
11:05am - 11:20am	Group A	Group B	Group C	Group D

COMPETITION

Competition: 11:30am - 2:30pm

Awards: 2:30pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A QLD Team (6) QLD IND (2)	Group B VIC Team (6)	Group C WA Team (4) VIC IND (4)	Group D NSW Team (3) SA IND (1) TAS IND (1)
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Future & Senior International - Day 1

Thursday 3 July, 2025

WARM UP

General Warm Up: 3:10pm - 3:30pm

Apparatus Warm Up: 3:30pm - 4:30pm

				
3:30pm - 3:45pm	Group D	Group A	Group B	Group C
3:45pm - 4:00pm	Group C	Group D	Group A	Group B
4:00pm - 4:15pm	Group B	Group C	Group D	Group A
4:15pm - 4:30pm	Group A	Group B	Group C	Group D





Opening Ceremony: 4:30pm - 5:00pm

Athletes can utilise the training hall during this time however they **MUST** be in marshalling ready for march out at 4:55pm

COMPETITION

Competition: 5:00pm - 8:00pm

Awards: 8:00pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A - Future VIC Team (6)	Group B - Future NSW Team (3) VIC IND (2) TAS IND (1)	Group C - Senior VIC Team(6) VIC IND (1)	Group D - Senior QLD IND (2) NSW IND (2) WA IND (2)
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Level 10 Qualifications - Group A

Friday 4 July, 2025

WARM UP

General Warm Up: 9:45am - 10:05am





Apparatus Warm Up: 10:05am - 11:20am

					SPARE
10:05am - 10:20am	Group E	Group A	Group B	Group C	Group D
10:20am - 10:35am	Group D	Group E	Group A	Group B	Group C
10:35am - 10:50am	Group C	Group D	Group E	Group A	Group B
10:50am - 11:05am	Group B	Group C	Group D	Group E	Group A
11:05am - 11:20am	Group A	Group B	Group C	Group D	Group E

COMPETITION

Competition: 11:30am - 2:30pm

Awards: N/A

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group Allocations

Group A WA IND (4) NSW IND (4)	Group B VIC IND (8)	Group C VIC IND (8)	Group D NSW IND (8)	Group E QLD IND (7)
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Level 10 Qualifications - Group B

Friday 4 July, 2025

WARM UP

General Warm Up: 2:45pm - 3:05pm





Apparatus Warm Up: 3:05pm - 4:20pm

					SPARE
3:05pm - 3:20pm	Group E	Group A	Group B	Group C	Group D
3:20pm - 3:35pm	Group D	Group E	Group A	Group B	Group C
3:35pm - 3:50pm	Group C	Group D	Group E	Group A	Group B
3:50pm - 4:05pm	Group B	Group C	Group D	Group E	Group A
4:05pm - 4:20pm	Group A	Group B	Group C	Group D	Group E

COMPETITION

Competition: 4:30pm - 7:30pm

Awards: 7:30pm, approximately

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group Allocations

Group A VIC Team (6) VIC Ind (2)	Group B NSW Team (6) NSW Ind (2)	Group C QLD Team (6) QLD Ind (2)	Group D SA Team (6) TAS Ind (2)	Group E WA Team (6) ACT Team (3)
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Developing International - Day 2

Saturday 5 July, 2025

WARM UP

General Warm Up: 11:30am - 11:50am





Apparatus Warm Up: 11:50am - 12:50pm

				
11:50am - 12:05pm	Group D	Group A	Group B	Group C
12:05pm - 12:20pm	Group C	Group D	Group A	Group B
12:20pm - 12:35pm	Group B	Group C	Group D	Group A
12:35pm - 12:50pm	Group A	Group B	Group C	Group D

COMPETITION

Competition: 1:00pm - 4:00pm

Awards: 4:00pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A NSW Team (3) SA IND (1) TAS IND (1)	Group B QLD Team (6) QLD IND (2)	Group C VIC Team (6)	Group D WA Team (4) VIC IND (4)
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Future & Senior International -Day 2

Saturday 5 July, 2025

WARM UP

General Warm Up: 4:30pm - 4:50pm





Apparatus Warm Up: 4:50pm - 5:50pm

				
4:50pm - 5:05pm	Group D	Group A	Group B	Group C
5:05pm - 5:20pm	Group C	Group D	Group A	Group B
5:20pm - 5:35pm	Group B	Group C	Group D	Group A
5:35pm - 5:50pm	Group A	Group B	Group C	Group D

COMPETITION

Competition: 6:00pm - 9:00pm

Awards: 9:00pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A - Senior QLD IND (2) NSW IND (2) WA IND (2)	Group B - Future VIC Team (6)	Group C - Future NSW Team(3) VIC IND (2) TAS IND (1)	Group D - Senior VIC Team (6) VIC IND (1)
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Level 10 Finals - Unders

Sunday 6 July, 2025

WARM UP

General Warm Up: 8:45am - 9:05am





Apparatus Warm Up: 9:05am - 10:20am

					SPARE
9:05am - 9:20am	Group E	Group A	Group B	Group C	Group D
9:20am - 9:35am	Group D	Group E	Group A	Group B	Group C
9:35am - 9:50am	Group C	Group D	Group E	Group A	Group B
9:50am - 10:05am	Group B	Group C	Group D	Group E	Group A
10:05am - 10:20am	Group A	Group B	Group C	Group D	Group E

COMPETITION

Competition: 10:30am - 1:30pm

Awards: 1:30pm, approximately

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group Allocations

Group A TBA	Group B TBA	Group C TBA	Group D TBA	Group E TBA
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Level 10 Finals - Overs

Sunday 6 July, 2025

WARM UP

General Warm Up: 4:15pm - 4:35pm





Apparatus Warm Up: 4:35pm - 5:50pm

					SPARE
4:35pm - 4:50pm	Group E	Group A	Group B	Group C	Group D
4:50pm - 5:05pm	Group D	Group E	Group A	Group B	Group C
5:05pm - 5:20pm	Group C	Group D	Group E	Group A	Group B
5:20pm - 5:35pm	Group B	Group C	Group D	Group E	Group A
5:35pm - 5:50pm	Group A	Group B	Group C	Group D	Group E

COMPETITION

Competition: 6:00pm - 9:00pm

Awards: 9:00pm, approximately

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group Allocations

Group A TBA	Group B TBA	Group C TBA	Group D TBA	Group E TBA
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Level 9 Under & Open Qualifications - Group A

Monday 7 July, 2025

WARM UP

General Warm Up: 7:30am - 7:50am





Apparatus Warm Up: 7:50am - 8:50am

				
7:50am - 8:05am	Group D	Group A	Group B	Group C
8:05am - 8:20am	Group C	Group D	Group A	Group B
8:20am - 8:35am	Group B	Group C	Group D	Group A
8:35am - 8:50am	Group A	Group B	Group C	Group D

COMPETITION

Competition: 9:00am - 12:00pm

Awards: 4:30pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A WA Unders (4) NSW Unders (2)	Group B SA Open & Under (6)	Group C ACT Open (2) TAS Open (3)	Group D VIC Unders (5)
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Level 9 Under & Open Qualifications - Group B

Monday 7 July, 2025

WARM UP

General Warm Up: 12:00pm - 12:20pm





Apparatus Warm Up: 12:20pm - 1:20pm

				
12:20pm - 12:35pm	Group D	Group A	Group B	Group C
12:35pm - 12:50pm	Group C	Group D	Group A	Group B
12:50pm - 1:05pm	Group B	Group C	Group D	Group A
1:05pm - 1:20pm	Group A	Group B	Group C	Group D

COMPETITION

Competition: 1:30pm - 4:30pm

Awards: 4:30pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A NSW Open (8)	Group B VIC Open (8)	Group C QLD Open (8)	Group D WA Open (5)
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Level 8 Under & Open Qualifications - Group A

Tuesday 8 July, 2025

WARM UP

General Warm Up: 7:45am - 8:05am





Apparatus Warm Up: 8:05am - 9:20am

					SPARE
8:05am - 8:20am	Group E	Group A	Group B	Group C	Group D
8:20am - 8:35am	Group D	Group E	Group A	Group B	Group C
8:35am - 8:50am	Group C	Group D	Group E	Group A	Group B
8:50am - 9:05am	Group B	Group C	Group D	Group E	Group A
9:05am - 9:20am	Group A	Group B	Group C	Group D	Group E

COMPETITION

Competition: 9:30am - 12:30pm

Awards: 5:45pm, approximately

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group Allocations

Group A QLD Unders (6)	Group B VIC Unders (6)	Group C SA Open (8)	Group D VIC Open (8)	Group E NSW Unders (6)
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Level 8 Under & Open Qualifications - Group B

Tuesday 8 July, 2025

WARM UP

General Warm Up: 1:00pm - 1:20pm





Apparatus Warm Up: 1:20pm - 2:35pm

					SPARE
1:20pm - 1:35pm	Group E	Group A	Group B	Group C	Group D
1:35pm - 1:50pm	Group D	Group E	Group A	Group B	Group C
1:50pm - 2:05pm	Group C	Group D	Group E	Group A	Group B
2:05pm - 2:20pm	Group B	Group C	Group D	Group E	Group A
2:20pm - 2:35pm	Group A	Group B	Group C	Group D	Group E

COMPETITION

Competition: 2:45pm - 5:45pm

Awards: 5:45pm, approximately

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group Allocations

Group A NSW Open (8)	Group B ACT Open (8)	Group C QLD Open (8)	Group D WA Open (8)	Group E TAS Open (4) NT Open (1)
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Level 9 Unders Final

Wednesday 9 July, 2025

WARM UP

General Warm Up: 9:00am





Apparatus Warm Up: 9:20am - 10:20am

				
9:20am - 9:35am	Group D	Group A	Group B	Group C
9:35am - 9:50am	Group C	Group D	Group A	Group B
9:50am - 10:10am	Group B	Group C	Group D	Group A
10:10am - 10:20am	Group A	Group B	Group C	Group D

COMPETITION

Competition: 10:30am - 12:30pm

Awards: 12:30pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A TBA	Group B TBA	Group C TBA	Group D TBA
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Please note: Should 5 rotations be required for the Level 9 Open competition, the warm up and session times may adjust slightly. This will be confirmed after the qualification competition





Level 9 Open Final

Wednesday 9 July, 2025

WARM UP

General Warm Up: 9:00am





Apparatus Warm Up: 9:20am - 10:20am

				
9:20am - 9:35am	Group D	Group A	Group B	Group C
9:35am - 9:50am	Group C	Group D	Group A	Group B
9:50am - 10:10am	Group B	Group C	Group D	Group A
10:10am - 10:20am	Group A	Group B	Group C	Group D

COMPETITION

Competition: 10:30am - 12:30pm

Awards: 12:30pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A TBA	Group B TBA	Group C TBA	Group D TBA
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Please note: Should 5 rotations be required for the Level 9 Open competition, the warm up and session times may adjust slightly. This will be confirmed after the qualification competition





Level 8 Unders Final

Wednesday 9 July, 2025

WARM UP

General Warm Up: 2:00pm - 2:20pm





Apparatus Warm Up: 2:20pm - 3:20pm

				
2:20pm - 2:35pm	Group D	Group A	Group B	Group C
2:35pm - 2:50pm	Group C	Group D	Group A	Group B
2:50pm - 3:10pm	Group B	Group C	Group D	Group A
3:10pm - 3:20pm	Group A	Group B	Group C	Group D

COMPETITION

Competition: 3:30pm - 5:30pm

Awards: 6:30pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A TBA	Group B TBA	Group C TBA	Group D TBA
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Please note: Should 5 rotations be required for the Level 8 Open competition, the warm up and session times may adjust slightly. This will be confirmed after the qualification competition





Level 8 Open Final

Wednesday 9 July, 2025

WARM UP

General Warm Up: 2:00pm - 2:20pm





Apparatus Warm Up: 2:20pm - 3:20pm

				
2:20pm - 2:35pm	Group D	Group A	Group B	Group C
2:35pm - 2:50pm	Group C	Group D	Group A	Group B
2:50pm - 3:10pm	Group B	Group C	Group D	Group A
3:10pm - 3:20pm	Group A	Group B	Group C	Group D

COMPETITION

Competition: 3:30pm - 5:30pm

Awards: 6:30pm, approximately

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

Group Allocations

Group A TBA	Group B TBA	Group C TBA	Group D TBA
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Please note: Should 5 rotations be required for the Level 8 Open competition, the warm up and session times may adjust slightly. This will be confirmed after the qualification competition