



TRP Competition Work Order

Version 3 Published: 9 July 2025

		TRAMPOLINE GYMN	NASTICS C	ORDER OF WOR	K - AUS	STRALIAN GYMNA	ASTICS	CHAMPIONSHIPS	2025	
				FINAL	Version 4:	29-Jun-25	1			
	9	Session 1, Sat 12th July		TRP 1		TRP 2		DMT		TUM
			1	es for all disciplines in session						
	7:30 am	Training Hall Access	23 ath	nletes	22	athletes	23	athletes		17 athletes
	7:35 am 7:40 am	International Warmup & Competition Procedure								
		1. Athletes Check In Training Hall								
7:40 am 7:45 am	7:45 am 7:50 am	Training Hall Access 1 Hr prior to compete time Athletes marshalled at Podium 15min prior to compete								
	7:55 am									
7:55 am	8:00 am	4. Athletes march onto Podium to Warmup & Compete 5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1								
	8:05 am									
		6. SYN PRELIM Warmup = 2 touch 7. Athletes Compete								
8:05 am 8:10 am	8:10 am 8:15 am	8. Athletes Marshall for Finals								
8:10 am 8:15 am	8:15 am 8:20 am	8. Athletes Marshall for Finals 9. Medal Presentation or March Out								
			4							
8:20 am	8:25 am 8:30 am	Interernational TUM Podium Access								
8:25 am		Due to no Rod Floor in Training Hall								
8:30 am 8:35 am	8:35 am 8:40 am	International Tumblers have Podium Access for 30mins from 45mins prior to the Scheduled Session Comp Start								
		· · · · · · · · · · · · · · · · · · ·	-							
8:40 am	8:45 am	International Finals Warmups								
8:45 am	8:50 am 8:55 am	If Finals directly follows prelim of 1 flight								
8:50 am		Athletes Warmup = 1x no. of routines competed								
8:55 am	9:00 am	All other Finals								
9:00 am	9:05 am	Athletes Warmup = 1x comp routines + 1	24 8.1	SYN Youth Male Flight 1	12 4.1	SYN Youth Female Flight 1	20 8.1	Junior U17 DMT Female Flight 1		
	9:10 am	All National Stream, Youth U13, SYN, & TUM Finals	19		7		15			
9:10 am	9:15 am	Will directly follow Prelims	14		2		10			
	9:20 am		9		5 mins	prepare finalists	5			
9:20 am	9:25 am		4		8 4	SYN Youth Female FINAL	20 8.2	Junior U17 DMT Male Flight 1		
	9:30 am		5 mins	prepare finalists	3		15			
9:30 am	9:35 am		16 8	SYN Youth Male FINAL	-2	AWARDS CEREMONY	10			
	9:40 am		11		45 9.2	Junior U22 TRP Female Flight 1	5		-	
	9:45 am		6	AWARDS CEREMONY	40		18 7.2	Junior U17 DMT Male Flight 2		
9:45 am	9:50 am		40 8.2	Junior U22 TRP Male Flight 1	35		13			
	9:55 am		35		30		8			
9:55 am			30		25		3			
10:00 am			25		20				21	7.2 Youth U15 TUM Female Flight 1
10:05 am			20		15				16	
10:10 am			15		10				11	
10:15 am			10		5		1		6	
10:20 am			5		45 9.2	Junior U22 TRP Female Flight 2				7.2 Youth U15 TUM Female Flight 2
10:25 am			35 7.2	Junior U22 TRP Male Flight 2	40				16	
10:30 am			30		35				11	
10:35 am			25		30				6	
10:40 am			20		25					3.1 Youth U15 TUM Male Flight 1
10:45 am			15		20				4	
10:50 am			10		15				5 mins	prepare finalists
10:55 am			5		10					8 Youth U15 TUM Female FINAL
11:00 am		National Stream Training Hall Access			5		4		15	
11:05 am									10	
11:10 am									5	AWARDS CEREMONY
11:15 am									5 mins	prepare finalists
11:20 am									6	3 Youth U15 TUM Male FINAL
11:25 am	11:30 am								1	AWARDS CEREMONY

		Session 2, Sat 12th July	TRP 1	TRP 2	DMT	TUM
			57 Athletes for all disciplines in session			
	12:00 pm 12:05 pm	Training Hall Warmup International Warmup & Competition Procedure	13 athletes	12 athletes	20 athletes	12 athletes
	12:10 pm	1. Athletes Check In Training Hall				
	12:15 pm	2. Training Hall Access 1 Hr prior to compete time				
	12:20 pm	3. Athletes marshalled at Podium 15min prior to compete				
	12:25 pm	4. Athletes march onto Podium to Warmup & Compete				
	12:30 pm	5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1				
	12:35 pm	6. SYN PRELIM Warmup = 2 touch				
	12:40 pm	7. Athletes Compete				
	12:45 pm	8. Athletes Marshall for Finals				
	12:50 pm	9. Medal Presentation or March Out				
	12:55 pm	Interernational TUM Podium Access				
55 pm	1:00 pm	Due to no Rod Floor in Training Hall				
00 pm	1:05 pm	International Tumblers have Podium Access for 30mins		39 13.1 SYN Junior Female Flight 1	23 9.2 Senior DMT Male Flight 1	
05 pm	1:10 pm	from 45mins prior to the Scheduled Session Comp Start		34	18	
10 pm	1:15 pm	Internatonal Finals Warmups		29	13	
15 pm	1:20 pm	If Finals directly follows prelim of 1 flight		24	8	
20 pm	1:25 pm	Athletes Warmup = 1x no. of routines competed		19	3	
25 pm	1:30 pm	All other Finals		14	20 8.2 Senior DMT Male Flight 2	
30 pm	1:35 pm	Athletes Warmup = 1x comp routines + 1		9	15	
35 pm	1:40 pm	All National Stream, Youth U13, SYN, & TUM Finals		4	10	
40 pm	1:45 pm	Will directly follow Prelims		5 mins prepare finalists	5	
	1:50 pm		39 13.1 SYN Junior Male Flight 1	24 8 SYN Junior Female FINAL		
	1:55 pm		34	19		
	2:00 pm		29	14		
	2:05 pm		24	9		
	2:10 pm		19	4		
	2:15 pm		14	*	30 12.1 Senior DMT Female Flight 1	
15 pm	2:20 pm				_	
			9		25	
	2:25 pm		4		20	
25 pm	2:30 pm		5 mins prepare finalists		15	
	2:35 pm		24 8 SYN Junior Male FINAL		10	
	2:40 pm		19		5	
	2:45 pm		14			20 8.1 Youth U13 TUM Female F
	2:50 pm		9	-		15
50 pm	2:55 pm		4 AWARDS CEREMONY			10
55 pm	3:00 pm					5
	3:05 pm	National Stream Training Hall Access		42 12.1 SYN U22/SNR MIXED DEMO Flight 1		10 4.1 Youth U13 TUM Male Fli
	3:10 pm			37		5
	3:15 pm			32		5 mins prepare finalists
	3:20 pm			27		16 8 Youth U13 TUM Female
	3:25 pm			22		11
25 pm	3:30 pm			17		6 AWARDS CEREMON
80 pm	3:35 pm			12		8 4 Youth U13 TUM Male F
5 pm	3:40 pm			7		3 AWARDS CEREMON'
10 pm	3:45 pm					
45 pm	3:50 pm					
50 pm	3:55 pm					
	4:00 pm					1

		TRAMPOLINE GYMN	IASTICS ORDER OF WOR	K - AUS Version 4: 2		ASTICS CHAMPIONSHIPS	2025
		Session 3, Sat 12th July	TRP 1		TRP 2	DMT	TUM
		Jession 3, Sat 12th July	76 Athletes for all disciplines in session		IRF 2	DIVI	TOW
4:30 pm	5:00 pm	Training Hall Access	29 athletes	14 :	athletes	15 athletes	18 athletes
·	5:05 pm	International Warmup & Competition Procedure					
	5:10 pm	Athletes Check In Training Hall					
	5:15 pm	2. Training Hall Access 1 Hr prior to compete time					
	5:20 pm	3. Athletes marshalled at Podium 15min prior to compete					
	5:25 pm	4. Athletes march onto Podium to Warmup & Compete					
	5:30 pm	5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1					
	5:35 pm	6. SYN PRELIM Warmup = 2 touch					
	5:40 pm	7. Athletes Compete					
	5:45 pm	8. Athletes Marshall for Finals					
	5:50 pm	9. Medal Presentation or March Out					
	5:55 pm	Interernational TUM Podium Access					
5:55 pm	6:00 pm	Due to no Rod Floor in Training Hall					
6:00 pm	6:05 pm	International Tumblers have Podium Access for 30mins	55 10.3 Senior TRP Male Flight 1	39 7.2	Senior TRP Female Flight 1	25 10.1 Youth U15 DMT Female Flight 1	
	6:10 pm	from 45mins prior to the Scheduled Session Comp Start	50	34	Semon na remaie riight 1	20	
	6:15 pm	International Finals Warmups	45	29		15	
	6:20 pm	If Finals directly follows prelim of 1 flight	40	24		10	
	6:25 pm	Athletes Warmup = 1x no. of routines competed	35	19			
6:25 pm	6:30 pm	All other Finals	30	14		13 5.1 Youth U15 DMT Male Flight 1	
	6:35 pm	Athletes Warmup = 1x comp routines + 1	25	9		8	
6:35 pm	6:40 pm	All National Stream, Youth U13, SYN, & TUM Finals	20	9		3	
	6:45 pm	Will directly follow Prelims	15	39 7.2	Senior TRP Female Flight 2	3	30 12.1 Junior U17 TUM Female Flight 1
6:45 pm	6:50 pm		10	34	Senior Tra Temple Flight 2		25
	6:55 pm		10				20
	7:00 pm		55 10.3 Senior TRP Male Flight 2	29			15
	7:05 pm		50 Senior Tre Water Fight 2	19			10
1	7:10 pm		45	14			
	7:15 pm		40	14 q			15 6.1 Junior U17 TUM Male Flight 1
	7:20 pm		40	4			10
	7:25 pm		30	4		1	10
	7:30 pm		30				5 mins prepare finalists
	7:35 pm	National Stream Training Hall Access	20				20 8 Junior U17 TUM Female FINAL
	7:40 pm	• • • • • • • • • • • • • • • • • • • •	15				15
	7:45 pm						
	7:50 pm		10				10 AWARDS CEREMONY
· ·	7:55 pm		50 9.3 Senior TRP Male Flight 3	1			15 6 Junior U17 TUM Male FINAL
	8:00 pm		50 9.5 Senior TRP Iviale Flight 5	1			10 Junior 017 Tolvi Wale FiNAL
	8:05 pm		45				
	8:10 pm						5 AWARDS CEREMONY
	8:10 pm 8:15 pm		35				AVARDS CEREMONY
8:10 pm 8:15 pm	8:15 pm 8:20 pm						
			25				
· ·	8:25 pm		20				
	8:30 pm						
· ·	8:35 pm		10				
	8:40 pm		5	1			
	8:45 pm						
	8:50 pm						
	8:55 pm						
8:55 pm	9:00 pm		l	1		1	

		TRAMPOLINE GYMN.	ASTICS ORDER OF WORK	- AUSTRALIAN GYMN	ASTICS CHAMPIONSHIPS	2025
	S	ESSION 1, Sun 13th July	TRP 1	TRP 2	DMT	TUM
	<u> </u>	ission 1, sun istribury	0 Athletes for all disciplines in session	INF Z	DIVI	TOW
7:00 am	7:30 am	Training Hall Access	0 athletes	0 athletes	0 athletes	0 athletes
7:30 am	7:35 am	International Warmup & Competition Procedure				
7:35 am	7:40 am	1. Athletes Check In Training Hall	NO COMPETITION	NO COMPETITION	NO COMPETITION	NO COMPETITION
7:40 am	7:45 am	2. Training Hall Access 1 Hr prior to compete time				
7:45 am	7:50 am	3. Athletes marshalled at Podium 15min prior to compete				
7:50 am	7:55 am	4. Athletes march onto Podium to Warmup & Compete				
7:55 am	8:00 am	5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1				
8:00 am	8:05 am	6. SYN PRELIM Warmup = 2 touch				
8:05 am	8:10 am	7. Athletes Compete				
8:10 am	8:15 am	8. Athletes Marshall for Finals				
8:15 am	8:20 am	9. Medal Presentation or March Out				
8:20 am	8:25 am	Interernational TUM Podium Access				
8:25 am	8:30 am	Due to no Rod Floor in Training Hall				
8:30 am	8:35 am	International Tumblers have Podium Access for 30mins				
8:35 am	8:40 am	from 45mins prior to the Scheduled Session Comp Start				
8:40 am	8:45 am	Internatonal Finals Warmups				
8:45 am	8:50 am	If Finals directly follows prelim of 1 flight				
8:50 am	8:55 am	Athletes Warmup = 1x no. of routines competed				
8:55 am	9:00 am	All other Finals				
9:00 am	9:05 am	Athletes Warmup = 1x comp routines + 1				
9:05 am	9:10 am	All National Stream, Youth U13, SYN, & TUM Finals				
9:10 am	9:15 am	Will directly follow Prelims				
9:15 am	9:20 am	National Stream Training Hall Access				
9:20 am	9:25 am					
9:25 am	9:30 am					
9:30 am	9:35 am					
9:35 am	9:40 am					
9:40 am	9:45 am					
9:45 am	9:50 am					
9:50 am	9:55 am					
9:55 am	10:00 am					
10:00 am	10:05 am					
10:05 am	10:10 am					
10:10 am	10:15 am					
10:15 am	10:20 am					
10:20 am	10:25 am					
10:25 am	10:30 am					

		TRAMPOLINE GYMN		RK - AUSTRALIAN GYMN AL Version 4: 29-Jun-25	ASTICS CHAMPIONSHIPS	2025
	S	ESSION 2, Sun 13th July	TRP 1	TRP 2	DMT	тим
		2551014 2, Sull 15th Sully	42 Athletes for all disciplines in session		Divin	TOW
10:00 am	10:30 am	Training Hall Access	8 athletes	7 athletes	11 athletes	16 athletes
10:30 am	10:35 am	International Warmup & Competition Procedure				
10:35 am	10:40 am	1. Athletes Check In Training Hall				
10:40 am	10:45 am	2. Training Hall Access 1 Hr prior to compete time				
10:45 am	10:50 am	3. Athletes marshalled at Podium 15min prior to compete				
10:50 am	10:55 am	4. Athletes march onto Podium to Warmup & Compete				
10:55 am	11:00 am	5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1				
11:00 am	11:05 am	6. SYN PRELIM Warmup = 2 touch				
11:05 am	11:10 am	7. Athletes Compete				
11:10 am	11:15 am	8. Athletes Marshall for Finals				
11:15 am		9. Medal Presentation or March Out				
11:20 am		Interernational TUM Podium Access				
11:25 am		Due to no Rod Floor in Training Hall				
	11:35 am	International Tumblers have Podium Access for 30mins	42 12.1 SYN Senior Male Flight 1	25 7.1 SYN Senior Female Flight 1	30 12.1 Youth U13 DMT Male Flight 1	
11:35 am		from 45mins prior to the Scheduled Session Comp Start	37	20	25	
11:40 am		International Finals Warmups If Finals directly follows prelim of 1 flight	32	15	20	
	11:50 am	If Finals directly follows prelim of 1 flight Athletes Warmup = 1x no. of routines competed		10	15	
11:50 am		All other Finals		5	10	
	12:00 pm	Athletes Warmup = 1x comp routines + 1		5 mins prepare finalists	5	
12:00 pm		All National Stream, Youth U13, SYN, & TUM Finals	12	14 7 SYN Senior Female FINAL	8 3.1 Youth U13 DMT Female Flight 1	
	12:10 pm	Will directly follow Prelims	5 mins prepare finalists	9	5 mins prepare finalists	_
	12:15 pm		5 mins prepare finalists 16 8 SYN Senior Male FINAL	60 12.1 Junior U17 TRP Female Flight 1	5 mins prepare finalists 20 8 Youth U13 DMT Male FINAL	
12:15 pm 12:20 pm						
12:25 pm			6 AWARDS CEREMONY	55	15	
12:30 pm			50 10.2 Junior U17 TRP Male Flight 1	50	S AWARDS CEREMONY	
12:35 pm			45	40	7.5 3 Youth U13 DMT Female FINAL	
12:40 pm			40	35	2.5 AWARDS CEREMONY	
12:45 pm			35	30	2.5 THE REST CALLED	25 10.1 Junior U22 TUM Female Flight 1
12:50 pm			30	25		20
12:55 pm	1:00 pm		25	20		15
1:00 pm	1:05 pm		20	15		10
1:05 pm	1:10 pm			10		5
1:10 pm	1:15 pm			5		20 8.1 Junior U22 TUM Male Flight 1
1:15 pm	1:20 pm		5			15
1:20 pm	1:25 pm		45 9.2 Junior U17 TRP Male Flight 2			10
1:25 pm	1:30 pm		40			5
1:30 pm	1:35 pm		35			5 mins prepare finalists
1:35 pm	1:40 pm		30			20 8 Junior U22 TUM Female FINAL
1:40 pm	1:45 pm		25			15
1:45 pm	1:50 pm	National Stream Training Hall Access	20			15
1:50 pm	1:55 pm					10 AWARDS CEREMONY
1:55 pm	2:00 pm		10			20 8 Junior U22 TUM Male FINAL
2:00 pm	2:05 pm		5			15
2:05 pm	2:10 pm					10
2:10 pm	2:15 pm					5 AWARDS CEREMONY
2:15 pm	2:20 pm					
2:20 pm	2:25 pm					
2:25 pm	2:30 pm					
2:30 pm	2:35 pm					
2:35 pm	2:40 pm					
2:40 pm	2:45 pm					
2:45 pm	2:50 pm					
2:50 pm	2:55 pm					
2:55 pm	3:00 pm					

		TRAMPOLINE GYMN	IASTICS ORDER OF WOR			ST	CS	CHAMPIONSHIPS	202	5	
	S	ESSION 3, Sun 13th July	FINAL TRP 1	Version	4: 29-Jun-25 TRP 2			DMT			TUM
			68 Athletes for all disciplines in session								
3:30 pm	4:00 pm	Training Hall Warmup	16 athletes		16 athletes		29	athletes		7 8	thletes
4:00 pm	4:05 pm	International Warmup & Competition Procedure									
4:05 pm	4:10 pm	1. Athletes Check In Training Hall									
4:10 pm	4:15 pm	2. Training Hall Access 1 Hr prior to compete time									
4:15 pm	4:20 pm	3. Athletes marshalled at Podium 15min prior to compete									
4:20 pm	4:25 pm	4. Athletes march onto Podium to Warmup & Compete									
4:25 pm	4:30 pm	5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1									
4:30 pm	4:35 pm	6. SYN PRELIM Warmup = 2 touch									
4:35 pm	4:40 pm	7. Athletes Compete									
4:40 pm	4:45 pm	8. Athletes Marshall for Finals									
4:45 pm	4:50 pm	9. Medal Presentation or March Out									
	4:55 pm	Interernational TUM Podium Access									
4:55 pm		Due to no Rod Floor in Training Hall									
	5:05 pm	International Tumblers have Podium Access for 30mins		28	8 Junior U22 TRP Female FINAL				9	3.1	Senior TUM Female Flight
	5:10 pm	from 45mins prior to the Scheduled Session Comp Start		23					4		
	5:15 pm	Internatonal Finals Warmups		18					12	4.1	Senior TUM Male Flight 1
	5:20 pm	If Finals directly follows prelim of 1 flight		13					7		Jemoi Tom Male Fright 1
	5:25 pm	Athletes Warmup = 1x no. of routines competed							5 mins		prepare finalists
	5:30 pm	All other Finals		•	AWARDS CEREMONY				9	3	Senior TUM Female FINAL
	5:35 pm	Athletes Warmup = 1x comp routines + 1	28 8 Junior U22 TRP Male FINAL	3						,	Sellor Fold Felliale Flitze
	5:40 pm	All National Stream, Youth U13, SYN, & TUM Finals	23						12	4	Senior TUM Male FINAL
	5:45 pm	Will directly follow Prelims	18						7		Jellior Folki Male Flikke
	5:50 pm	,				20	0	Youth U15 DMT Female FINAL			
	5:55 pm						0	TOUGH OTS DIVIT FEMALE FINAL			
	6:00 pm		AWARDS CEREMONY			15					
			3	28	8 Senior TRP Female FINAL	10		AWARDS CEREMONY			
	6:05 pm 6:10 pm				Senior TRP Female FINAL	12.5	-	Youth U15 DMT Male FINAL			
				23			3	TOURI OIS DIVIT IVIALE FINAL			
	6:15 pm			18		7.5		AWARDS CEREMONY			
	6:20 pm			13		2.5		ATTAINED CEREINOTT			
	6:25 pm			8	AWARDS CEREMONY	20	8	Junior U17 DMT Female FINAL			
	6:30 pm			3	AWARDS CEREWONT	15					
	6:35 pm	National Stream Training Hall Access	28 Senior TRP Male FINAL			10		AWARDS CEREMONY			
	6:40 pm		23			5		AVVANDO CEREIVIUNT			
	6:45 pm		18			20	8	Junior U17 DMT Male FINAL			
	6:50 pm					15					
	6:55 pm		8 AWARDS CEREMONY			10		ALMADDS CEDEMONY			
	7:00 pm		3 AWARDS CEREMONY			5		AWARDS CEREMONY			
	7:05 pm										
	7:10 pm										
	7:15 pm										
7:15 pm	7:20 pm										
	7:25 pm										
7:25 pm	7:30 pm										
7:30 pm	7:35 pm										
7:35 pm	7:40 pm										
7:40 pm	7:45 pm										
7:45 pm	7:50 pm										
7:50 pm											
7:55 pm	8:00 pm										

		TRAMPOLINE GYMN	IASTICS (STRALIAN GYMNA 29-Jun-25	ASTICS	CHAMPIONSHIPS	2025
	S	ession 1, Mon 14th July		TRP 1	VEISIOIT 4.	TRP 2		DMT	TUM
			65 Athle	tes for all disciplines in session					
7:00 am	7:30 am	Training Hall Access	16 at	nletes	17	athletes	32	athletes	0 athletes
7:30 am	7:35 am	International Warmup & Competition Procedure							
7:35 am	7:40 am	1. Athletes Check In Training Hall							
7:40 am	7:45 am	2. Training Hall Access 1 Hr prior to compete time							
7:45 am	7:50 am	3. Athletes marshalled at Podium 15min prior to compete							
7:50 am	7:55 am	4. Athletes march onto Podium to Warmup & Compete							
7:55 am	8:00 am	5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1							
8:00 am	8:05 am	6. SYN PRELIM Warmup = 2 touch							
8:05 am	8:10 am	7. Athletes Compete							
8:10 am	8:15 am	8. Athletes Marshall for Finals							
8:15 am	8:20 am	9. Medal Presentation or March Out							
8:20 am	8:25 am	Interernational TUM Podium Access							
8:25 am	8:30 am	Due to no Rod Floor in Training Hall							
8:30 am	8:35 am	International Tumblers have Podium Access for 30mins							
8:35 am	8:40 am	from 45mins prior to the Scheduled Session Comp Start							
8:40 am	8:45 am	Internatonal Finals Warmups							
8:45 am	8:50 am	If Finals directly follows prelim of 1 flight	40 8.2	Youth U13 TRP Male Flight 1	30 6.1	Youth U15 TRP Male Flight 1	21 7.2	Junior U22 DMT Female Flight 1	
8:50 am	8:55 am	Athletes Warmup = 1x no. of routines competed	35		25		16		
8:55 am	9:00 am	All other Finals	30		20		11		
9:00 am	9:05 am	Athletes Warmup = 1x comp routines + 1	25		15		6		
9:05 am	9:10 am	All National Stream, Youth U13, SYN, & TUM Finals	20		10		18 6.2	Junior U22 DMT Female Flight 2	
9:10 am	9:15 am	Will directly follow Prelims	15		5		13		
9:15 am	9:20 am		10		35 7.1	Youth U15 TRP Female Flight 1	8		
9:20 am	9:25 am		5		30		3		
9:25 am	9:30 am		40 8.2	Youth U13 TRP Male Flight 2	25		30 10.2	Junior U22 DMT Male Flight 1	
9:30 am	9:35 am		35		20		25		
9:35 am	9:40 am		30		15		20		
9:40 am	9:45 am		25		10		15		
9:45 am	9:50 am		20		5		10		
9:50 am	9:55 am		15		20 4.1	Youth U13 TRP Female Flight 1	5		
9:55 am	10:00 am		10		15		27 9.2	Junior U22 DMT Male Flight 2	
10:00 am	10:05 am	National Stream Training Hall Access	5		10		22		
10:05 am	10:10 am		5 mins	prepare finalists	5		17		
10:10 am	10:15 am		24 8	Youth U13 TRP Male FINAL	5 mins	prepare finalists	12		
10:15 am	10:20 am		19		12 4	Youth U13 TRP Female FINAL	7		
10:20 am	10:25 am		14		7		2		
10:25 am	10:30 am		9		2	AWARDS CEREMONY			
10:30 am	10:35 am		4	AWARDS CEREMONY					
10:35 am	10:40 am								
10:40 am	10:45 am								
10:45 am	10:50 am								
10:50 am	10:55 am								
10:55 am	11:00 am								

		TRAMPOLINE GYMN	IASTICS ORDER OF WOR			JSTRALIAN GYMNA 1: 29-Jun-25	ASTI	ICS	CHAMPIONSHIPS	2025
	c.	ession 2, Mon 14th July	TRP 1			TRP 2			DMT	TUM
		2, WOII 14(1) July	0 Athletes for all disciplines in session			INF Z			DIVII	TOW
10:30 am	11:00 am	Training Hall Warmup	0 athletes			0 athletes		0	athletes	0 athletes
11:00 am		International Warmup & Competition Procedure								
11:05 am		Athletes Check In Training Hall								
11:10 am	11:15 am	2. Training Hall Access 1 Hr prior to compete time								
11:15 am		3. Athletes marshalled at Podium 15min prior to compete								
11:20 am	11:25 am	4. Athletes march onto Podium to Warmup & Compete								
11:25 am	11:30 am	5. INDIVIDUAL PRELIM Warmup = 1x comp routines + 1								
11:30 am	11:35 am	6. SYN PRELIM Warmup = 2 touch								
11:35 am	11:40 am	7. Athletes Compete								
11:40 am	11:45 am	8. Athletes Marshall for Finals								
11:45 am	11:50 am	9. Medal Presentation or March Out								
11:50 am	11:55 am	Interernational TUM Podium Access								
11:55 am	12:00 pm	Due to no Rod Floor in Training Hall								
12:00 pm	12:05 pm	International Tumblers have Podium Access for 30mins		21	7	7 Youth U15 TRP Female FINAL	24	8	Junior U22 DMT Female FINAL	
12:05 pm	12:10 pm	from 45mins prior to the Scheduled Session Comp Start		16			19			
12:10 pm	12:15 pm	Internatonal Finals Warmups		11			14			
12:15 pm	12:20 pm	If Finals directly follows prelim of 1 flight		6			9			
12:20 pm	12:25 pm	Athletes Warmup = 1x no. of routines competed		1		AWARDS CEREMONY	4		AWARDS CEREMONY	
12:25 pm	12:30 pm	All other Finals		18	6	Youth U15 TRP Male FINAL	24	8	Junior U22 DMT Male FINAL	
12:30 pm	12:35 pm	Athletes Warmup = 1x comp routines + 1		13			19			
12:35 pm	12:40 pm	All National Stream, Youth U13, SYN, & TUM Finals		8			14			
12:40 pm	12:45 pm	Will directly follow Prelims		3			9			
12:45 pm	12:50 pm			-2	L	AWARDS CEREMONY	4		AWARDS CEREMONY	
12:50 pm	12:55 pm			24	8	Junior U17 TRP Female FINAL	24	8	Senior DMT Female FINAL	
12:55 pm	1:00 pm			19			19			
1:00 pm	1:05 pm			14			14			
1:05 pm	1:10 pm	National Stream Training Hall Access		9	_		9			
1:10 pm	1:15 pm			4		AWARDS CEREMONY	4		AWARDS CEREMONY	
1:15 pm	1:20 pm		24 8 Junior U17 TRP Male FINAL				24	8	Senior DMT Male FINAL	
1:20 pm	1:25 pm		19				19			
1:25 pm	1:30 pm		14				14			
1:30 pm			9	-			9			
	1:40 pm		4 AWARDS CEREMONY	-			4		AWARDS CEREMONY	
1:40 pm										
1:45 pm										
1:50 pm										
	2:00 pm									
2:00 pm										
2:05 pm										
2:10 pm										
2:15 pm										
2:20 pm										
2:25 pm										
2:30 pm										
2:35 pm										
2:40 pm										
2:45 pm										
2:50 pm										
2:55 pm	3:00 pm									1

		TRAMPOLINE GYMN	NASTICS ORDER OF WOR	K - AUSTRALIAN GYMN, Version 4: 29-Jun-25	ASTICS CHAMPIONSHIP:	5 2025
	S	ession 3, Mon 14th July	TRP 1	TRP 2	DMT	TUM
		, , , , , , , , , , , , , , , , , , ,	120 Athletes for all disciplines in session			1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
3:30 pm	4:00 pm	Training Hall Warmup	20 athletes	20 athletes	40 athletes	40 athletes
4:00 pm		TEAM FINAL COMPETION STARTS				
	4:10 pm	Athletes Check In at Podium ready for Warmup				
4:10 pm	4:15 pm	2. Podium Access 45 Min prior for 30 Min				
4:15 pm	4:20 pm	3. Marshall Event 15min prior				
4:20 pm	4:25 pm	4. Athletes warmup 1x no. of routines competed				
	4:30 pm	TEAM DISCIPLINE FINAL STARTS				
	4:35 pm	1. Rotation 1 (TRP, DMT, TUM)				
	4:40 pm	Athletes warmup and compete to own timing x16				
	4:45 pm	2. Then Rotation 2 (TRP, DMT, TUM) repeats this process				
4:45 pm	4:50 pm	3. Medal Presentation or March Out				
	4:55 pm	TEAM ALL AROUND TEAM FINAL STARTS				
	5:00 pm	1. There are 2 Rotations of TUM, DMT, TRP				
5:00 pm	5:05 pm	2. Athletes alternate (TUM 1, DMT 1, TRP 1) x 4		40 16 International TEAM TRP Female FINA		20 16 International TEAM TUM Male FINAL
	5:10 pm	3. Then Rotation 2 repeats this process		35		15
1	5:15 pm	4. Medal Presentation or March Out		30		10
	5:20 pm	TEAM APPARATUS FINALS		25		5
	5:25 pm	TEAM AFFANAIOS I INAES			20 16 International TEAM DMT Male FINA	
1	5:30 pm			20		S mins wates move row to divit
1	5:35 pm				15	
1				10	10	
	5:40 pm		40 40	5	5	20 46
5:40 pm	5:45 pm		40 16 International TEAM TRP Male FINAL			20 16 International TEAM TUM Female FINAL
1	5:50 pm		35			15
5:50 pm	5:55 pm		30			10
	6:00 pm		25			5
6:00 pm	6:05 pm		20		20 16 International TEAM DMT Female FIN	AL 5 mins Females move TUM to DMT
	6:10 pm		15		15	
	6:15 pm		10		10	
6:15 pm	6:20 pm		5		5	
	6:25 pm					
	6:30 pm					
1	6:35 pm	TEAM ALL AROUND FINALS		10 4 TEAM All AROUND FINAL TRP Female	5 4 TEAM ALL AROUND FINAL DMT Fema	
6:35 pm	6:40 pm			5	0	0
1	6:45 pm		10 4 TEAM All AROUND FINAL TRP Male		5 4 TEAM ALL AROUND FINAL DMT Mai	
6:45 pm	6:50 pm		5		0	0
6:50 pm						
6:55 pm						
7:00 pm		TRANS TASMAN CHALLENGE		24 12 Trans Tasman Female FINAL	24 12 Trans Tasman Male FINAL	
	7:10 pm				20 -	
1	7:15 pm		-	15 -	15 -	
1	7:20 pm	National Stream Training Hall Access			10 -	
7:20 pm	7:25 pm			5 -	5 -	_
7:25 pm	7:30 pm			5 mins Females move TRP to DMT	5 mins Males move DMT to TRP	<u> </u>
7:30 pm	7:35 pm		24 12 Trans Tasman Male FINAL		24 12 Trans Tasman Female FINAL	
7:35 pm	7:40 pm		20 -		20 -	
7:40 pm	7:45 pm		15 -		15 -	
7:45 pm	7:50 pm		10 -		10 -	
7:50 pm	7:55 pm		5 -		5 -	
7:55 pm	8:00 pm					

		TRAMPOLINE GYMN	ASTICS ORDER OF WORK	: - AUSTRALIAN GYMNA	STICS CHAMPIONSHIPS	2025
				ersion 4: 29-Jun-25		
	S	ESSION 1, Tue 15th July	TRP 1	TRP 2	DMT	TUM
			0 Athletes for all disciplines in session			
7:30 am	8:00 am	Training Hall Access	0 athletes	0 athletes	0 athletes	0 athletes
8:00 am	8:05 am	National Stream Warmup & Competion Procedure				
8:05 am	8:10 am	Athletes Check In Training Hall	NO COMPETITION	NO COMPETITION	NO COMPETITION	NO COMPETITION
8:10 am	8:15 am	2. Training Hall Access 1 Hr prior to compete time				
8:15 am	8:20 am	3. Athletes marshalled at Podium 15min prior to compete				
8:20 am	8:25 am	4. Athletes march onto Podium to Warmup & Compete				
8:25 am	8:30 am	5. INDIVIDUAL PRELIM Warmup = 2x comp routines				
8:30 am	8:35 am	6. SYN PRELIM Warmup = 2x comp routines				
8:35 am	8:40 am	7. Athletes Compete				
8:40 am	8:45 am	8. Athletes Marshall for Finals				
8:45 am	8:50 am	9. Medal Presentation or March Out				
8:50 am	8:55 am	National Stream Finals Warmups				
8:55 am	9:00 am	If Finals directly follows prelim of 1 flight				
9:00 am	9:05 am	Athletes Warmup = 1x no. of routines competed				
9:05 am	9:10 am	All other Finals				
9:10 am	9:15 am	Athletes Warmup = 2x comp routines				
9:15 am	9:20 am	All National Stream, Youth U13, SYN, & TUM Finals				
9:20 am	9:25 am	Will directly follow Prelims				
9:25 am	9:30 am					
9:30 am	9:35 am	National Stream Training Hall Access				
9:35 am	9:40 am					
9:40 am	9:45 am					
9:45 am	9:50 am					
9:50 am	9:55 am					
9:55 am	10:00 am					
10:00 am	10:05 am					
10:05 am	10:10 am					
10:10 am						
10:15 am	10:20 am					
10:20 am						
10:25 am						
10:30 am						
10:35 am						
10:40 am						
10:45 am						
10:50 am						
10:55 am						
11:00 am						
11:05 am						
11:10 am						
11:15 am						
11:20 am						
11:25 am						

		TRAMPOLINE GYMN	ASTICS ORDER OF WOR	K - AUSTRALIAN GYMN <i>A</i>	STICS CHAMPIONSHIP	S 2025
			FINAL	Version 4: 29-Jun-25		
	S	ession 2, Tue 15th July	TRP 1	TRP 2	DMT	TUM
11:30 am	12:00 pm	Training Hall Access	83 Athletes for all disciplines in session 17 athletes	25 athletes	0 athletes	41 athletes
12:00 pm	12:05 pm	National Stream Warmup & Competion Procedure				
12:05 pm	12:10 pm	1. Athletes Check In Training Hall				
12:10 pm	12:15 pm	2. Training Hall Access 1 Hr prior to compete time				
12:15 pm	12:20 pm	3. Athletes marshalled at Podium 15min prior to compete				
12:20 pm	12:25 pm	4. Athletes march onto Podium to Warmup & Compete				
12:25 pm		5. INDIVIDUAL PRELIM Warmup = 2x comp routines				
12:30 pm		6. SYN PRELIM Warmup = 2x comp routines				
12:35 pm		7. Athletes Compete				
12:40 pm		8. Athletes Marshall for Finals				
12:45 pm		9. Medal Presentation or March Out				
12:50 pm		National Stream Finals Warmups				
12:55 pm		If Finals directly follows prelim of 1 flight				
1:00 pm		Athletes Warmup = 1x no. of routines competed	18 6.1 SYN Nat 6 Male Flight 1	12 4.1 SYN Nat 5 Female Flight 1		30 10.4 Nat 6 TUM Female Flight 1
	1:10 pm	All other Finals	13	7		25
	1:15 pm	Athletes Warmup = 2x comp routines	8	2		20
	1:20 pm	All National Stream, Youth U13, SYN, & TUM Finals	3	5 mins prepare finalists		15
	1:25 pm	Will directly follow Prelims	5 mins prepare finalists	8 4 SYN Nat 5 Female FINAL		10
	1:30 pm		12 6 SYN Nat 6 Male FINAL	3		5
1:30 pm			7	-2		30 10.4 Nat 6 TUM Female Flight 2
1:35 pm			2 AWARDS CEREMONY	15 5.1 SYN Nat 7 Female Flight 1		25
1:40 pm			18 6.1 SYN Nat 7 Male Flight 1	10		20
1:45 pm			13	s AWARDS CEREMONY		15
1:50 pm			8	5 mins prepare finalists 10 5 SYN Nat 7 Female FINAL		10
1:55 pm			5	10 5 SYN Nat 7 Female FINAL		
	2:05 pm 2:10 pm		5 mins prepare finalists 12 6 SYN Nat 7 Male FINAL	24 8.2 SYN Nat 6 Female Flight 1		
2:10 pm			7 AWARDS CEREMONY	19		25
	2:20 pm		15 5.1 SYN Nat 5 Male Flight 1	14		15
	2:25 pm		10	9		10
	2:30 pm		5	4		5
	2:35 pm		0	24 8.2 SYN Nat 6 Female Flight 2		21 7.4 Nat 6 TUM Female Flight 4
2:35 pm	2:40 pm		5 mins prepare finalists	19		16
	2:45 pm		10 5 SYN Nat 5 Male FINAL	14		11
	2:50 pm		5	9		6
2:50 pm	2:55 pm		o AWARDS CEREMONY	4		1
	3:00 pm			5 mins prepare finalists		9 3.1 Nat 6 TUM Male Flight 1
3:00 pm	3:05 pm			16 8 SYN Nat 6 Female FINAL		4
3:05 pm	3:10 pm			11		5 mins prepare finalists
3:10 pm	3:15 pm			6		18 12 Nat 6 TUM Female FINAL
3:15 pm	3:20 pm					13
3:20 pm	3:25 pm					8
3:25 pm	3:30 pm					3 AWARDS CEREMONY
3:30 pm	3:35 pm	National Stream Training Hall Access				3 Nat 6 TUM Male FINAL
	3:40 pm					-2 AWARDS CEREMONY
3:40 pm	-					
3:45 pm						
3:50 pm						
3:55 pm	4:00 pm					

		TRAMPOLINE GYMN	IASTICS ORDER OF WOR	K - AUS Version 4: 2		STICS C	CHAMPIONSHIPS	2025	
	SI	ESSION 3, Tue 15th July	TRP 1	version 4: 2	TRP 2		DMT		TUM
	31	2331ON 3, Tue 13th July	84 Athletes for all disciplines in session	68 Ath	letes for all disciplines in session		DIVII		TOW
4:00 pm	4:30 pm	Training Hall Access	16 athletes		thletes	22 at	hletes	18	athletes
4:30 pm	4:35 pm	National Stream Warmup & Competion Procedure							
4:35 pm	4:40 pm	1. Athletes Check In Training Hall							
4:40 pm	4:45 pm	2. Training Hall Access 1 Hr prior to compete time							
4:45 pm	4:50 pm	3. Athletes marshalled at Podium 15min prior to compete							
4:50 pm	4:55 pm	4. Athletes march onto Podium to Warmup & Compete							
4:55 pm	5:00 pm	5. INDIVIDUAL PRELIM Warmup = 2x comp routines							
5:00 pm	5:05 pm	6. SYN PRELIM Warmup = 2x comp routines							
5:05 pm	5:10 pm	7. Athletes Compete		60 10.3	Nat 6 TRP Female Flight 1				
5:10 pm	5:15 pm	8. Athletes Marshall for Finals		55					
5:15 pm	5:20 pm	9. Medal Presentation or March Out		50					
5:20 pm	5:25 pm	National Stream Finals Warmups		45					
5:25 pm	5:30 pm	If Finals directly follows prelim of 1 flight		40					
5:30 pm	5:35 pm	Athletes Warmup = 1x no. of routines competed	48 8.2 Nat 6 TRP Male Flight 1	35		30 10.1	Nat 5 DMT Female Flight 1		
5:35 pm	5:40 pm	All other Finals	43	30		25			
5:40 pm	5:45 pm	Athletes Warmup = 2x comp routines	38	25		20			
5:45 pm	5:50 pm	All National Stream, Youth U13, SYN, & TUM Finals	33	20		15			
5:50 pm	5:55 pm	Will directly follow Prelims	28	15		10			
5:55 pm	6:00 pm		23	10		5			
	6:05 pm		18	5		5 mins	prepare finalists		
6:05 pm	6:10 pm		13	60 10.3	Nat 6 TRP Female Flight 2	16 8	Nat 5 DMT Female FINAL		
	6:15 pm		8	55		11			
6:15 pm	6:20 pm		3	50		6	AWARDS CEREMONY		
	6:25 pm		48 8.2 Nat 6 TRP Male Flight 2	45		36 12.1	Nat 5 DMT Male Flight 1		
6:25 pm	6:30 pm		43	40		31	Mate 3 Bill Male Might 1		
	6:35 pm		38	35		26			
6:35 pm	6:40 pm		33	30		21			
6:40 pm	6:45 pm		28	25		16			
6:45 pm	6:50 pm		23	20		11			
6:50 pm	6:55 pm		18	15		6			
	7:00 pm		13	10		5 mins	prepare finalists	-	
	7:05 pm		8	5		16 8	Nat 5 DMT Male FINAL		
	7:10 pm		3	48 8.3	Nat 6 TRP Female Flight 3	10 0	Nat 3 Divit Male Flivae		
	7:15 pm		5 mins prepare finalists	43	Nat o TRI Temale Flight 5	6	AWARDS CEREMONY		
	7:20 pm		24 8 Nat 6 TRP Male FINAL	38		6	, minutes centerion.	27 9.2	Nat 7 TUM Female Flight 1
	7:25 pm		19	33				22	ruc / rom remaie riight z
	7:30 pm		14	28				17	
	7:35 pm		9	23				12	
	7:40 pm		4 AWARDS CEREMONY	18				7	
	7:45 pm		* THE REST CENTERIOR					27 9.2	Nat 7 TUM Female Flight 2
	7:45 pm			13				27 9.2	reac / Tolvi remale Flight 2
	7:55 pm			3				17	
7:50 pm 7:55 pm	7:55 pm 8:00 pm			5 mins	prepare finalists				
	8:00 pm 8:05 pm			24 8	Nat 6 TRP Female FINAL			12 7	
					IVAL O TRP PERIAIR FINAL			5 mins	prepare finalists
	8:10 pm			19				12 8	Nat 7 TUM Female FINAL
	8:15 pm			14					Nat / TUIVI Female FINAL
8:15 pm	8:20 pm			9	AWARDS CEREMONY			7	AVA/ADDS CEDEMONIV
	8:25 pm 8:30 pm			4	AWARDS CEREIVIONY			2	AVVARDO CEREIVIUNY

		TRAMPOLINE GYMN	IASTICS (K - AUS Version 4: 2		ASTIC	S CHAMPIONSHIP	S 2025
		SSION 1 Wood 16th July		TRP 1	version 4: 2	29-Jun-25 TRP 2	1	DAGE	TUM
SESSION 1, Wed 16th July		A6 Athle	etes for all disciplines in session		IRP Z	DMT		TOM	
7:00 am	7:30 am	Training Hall Access		hletes	12 8	athletes		13 athletes	10 athletes
	7:35 am	National Stream Warmup & Competion Procedure							
7:35 am	7:40 am	Athletes Check In Training Hall							
7:40 am	7:45 am	2. Training Hall Access 1 Hr prior to compete time							
7:45 am	7:50 am	3. Athletes marshalled at Podium 15min prior to compete							
7:50 am	7:55 am	4. Athletes march onto Podium to Warmup & Compete							
7:55 am	8:00 am	5. INDIVIDUAL PRELIM Warmup = 2x comp routines							
8:00 am	8:05 am	6. SYN PRELIM Warmup = 2x comp routines							
8:05 am	8:10 am	7. Athletes Compete							
8:10 am	8:15 am	8. Athletes Marshall for Finals							
8:15 am	8:20 am	9. Medal Presentation or March Out							
8:20 am	8:25 am	National Stream Finals Warmups							
8:25 am	8:30 am	If Finals directly follows prelim of 1 flight							
8:30 am	8:35 am	Athletes Warmup = 1x no. of routines competed							
8:35 am	8:40 am	All other Finals							
8:40 am	8:45 am	Athletes Warmup = 2x comp routines							
8:45 am	8:50 am	All National Stream, Youth U13, SYN, & TUM Finals							
8:50 am	8:55 am	Will directly follow Prelims							
8:55 am	9:00 am								
9:00 am	9:05 am		66 11.1	Nat 5 TRP Male Flight 1	72 12.1	Nat 5 TRP Female Flight 1		8.1 Nat 7 DMT Male Flight 1	
9:05 am	9:10 am		61		67		19		
9:10 am	9:15 am		56		62		14		
	9:20 am		51		57		9		
	9:25 am		46		52		4	6 H.	
9:25 am	9:30 am		41		47		5 mins	prepare finalists	_
9:30 am	9:35 am		36		42		_	8 Nat 7 DMT Male FINAL	
9:35 am	9:40 am		31		37		11	AWARDS CEREMONY	
9:40 am	9:45 am		26		32		6	AWARDS CEREMONT	
9:45 am 9:50 am	9:50 am 9:55 am				27			5.1 Nat 7 DMT Female Flight 1	
			16		22		10		
9:55 am 10:00 am			11		17		5 mins	prepare finalists	_
10:05 am			5 mins	nronoro finalista	12		10	5 Nat 7 DMT Female FINAL	
10:05 am 10:10 am			24 8	prepare finalists Nat 5 TRP Male FINAL	5 mins	prepare finalists	10	Nat / Divi Female FINAL	
10:10 am			19	Hat 3 The Iviale FlivAL	24 8	Nat 5 TRP Female FINAL	5 0	AWARDS CEREMONY	
10:20 am			19		19	Trumaie FiNAL	U	AWARDS CEREWOW	6 2.1 Nat 7 TUM Male Flight 1
10:25 am			0		19				1
10:30 am			4	AWARDS CEREMONY	9				24 8.1 Nat 5 TUM Male Flight 1
10:35 am			•		4	AWARDS CEREMONY			19
10:40 am					-	The second secon	7		14
10:45 am									9
10:50 am									4
10:55 am									5 mins prepare finalists
11:00 am									2 2 Nat 7 TUM Male FINAL
11:05 am							1		-3 AWARDS CEREMONY
11:10 am									-8 AWARDS CEREMONY
11:15 am									8 8 Nat 5 TUM Male FINAL
11:20 am									3
	11:30 am		1		1		1		

			-1814	Version /:						
SESSION 2, Wed 16th July		SSION 2, Wed 16th July	TRP 1	Version 4: 29-Jun-25 TRP 2		DMT		TUM		
	Jacobs L, Free Louisary		105 Athletes for all disciplines in session					12		
1:30 am	12:00 pm	Training Hall Access	9 athletes	10 a	thletes	38 8	thletes		48 at	hletes
2:00 pm		National Stream Warmup & Competion Procedure								
2:05 pm		1. Athletes Check In Training Hall								
2:10 pm		2. Training Hall Access 1 Hr prior to compete time								
2:15 pm		3. Athletes marshalled at Podium 15min prior to compete								
	12:25 pm	4. Athletes march onto Podium to Warmup & Compete								
	12:30 pm	5. INDIVIDUAL PRELIM Warmup = 2x comp routines								
	12:35 pm	6. SYN PRELIM Warmup = 2x comp routines								
	12:40 pm	7. Athletes Compete								
	12:45 pm	8. Athletes Marshall for Finals								
	12:50 pm	9. Medal Presentation or March Out								
	12:55 pm	National Stream Finals Warmups								
	1:00 pm	If Finals directly follows prelim of 1 flight						0.0		
	1:05 pm	Athletes Warmup = 1x no. of routines competed		60 10.1	Nat 7 TRP Female Flight 1	24 8.2	Nat 6 DMT Male Flight 1		12.4	Nat 5 TUM Female Fligh
	1:10 pm	All other Finals		55		19		31		
	1:15 pm	Athletes Warmup = 2x comp routines		50		14		26		
	1:20 pm	All National Stream, Youth U13, SYN, & TUM Finals		45		9		21		
	1:25 pm	Will directly follow Prelims		40		4		16		
	1:30 pm			35		21 7.2	Nat 6 DMT Male Flight 2	11		
	1:35 pm			30		16		6		
	1:40 pm			25		11			12.4	Nat 5 TUM Female Fligh
	1:45 pm			20		6		31		
	1:50 pm					5 mins	prepare finalists	26		
	1:55 pm			10		16 8	Nat 6 DMT Male FINAL	21		
:55 pm	2:00 pm			5		11		16		
	2:05 pm			5 mins	prepare finalists	6		11		
	2:10 pm			16 8	Nat 7 TRP Female FINAL	1	AWARDS CEREMONY	6		
	2:15 pm			11		36 12.2	Nat 6 DMT Female Flight 1	36	12.4	Nat 5 TUM Female Fligh
	2:20 pm			6	AWARDS CEREMONY	31		31		
	2:25 pm		54 9.1 Nat 7 TRP Male Flight 1			26		26		
	2:30 pm		49			21		21		
:30 pm	2:35 pm		44			16		16		
	2:40 pm		39			11		11		
	2:45 pm		34			6		6		
	2:50 pm		29			33 11.2	Nat 6 DMT Female Flight 2	33	11.4	Nat 5 TUM Female Fligh
	2:55 pm		24			28		28		
	3:00 pm		19			23		23		
	3:05 pm		14			18		18		
	3:10 pm		9			13		13		
:10 pm	3:15 pm		4			8		8		
:15 pm	3:20 pm		5 mins prepare finalists			3		3		
:20 pm	3:25 pm		16 8 Nat 7 TRP Male FINAL			5 mins	prepare finalists	18	12	Nat 5 TUM Female FINA
25 pm	3:30 pm		11			24 8	Nat 6 DMT Female FINAL	13		
:30 pm	3:35 pm		6 AWARDS CEREMONY			19		8		
	3:40 pm					14		3		AWARDS CEREMONY
:40 pm	3:45 pm					9				
45 pm	3:50 pm					4	AWARDS CEREMONY			
50 pm	3:55 pm									
55 pm	4:00 pm									
00 pm	4:05 pm									
05 pm	4:10 pm									
10 pm	4:15 pm					1				
	4:20 pm					1				
	4:25 pm					1				
25 pm						1		1		

	TRAMPOLINE GYMNASTICS ORDER OF WORK - AUSTRALIAN GYMNASTICS CHAMPIONSHIPS 2025 FINAL Version 4: 29-Jun-25								
	CI	SSION 2 Wood 16th July	TRP 1	TRP 2	DAST	7104			
SESSION 3, Wed 16th July		33iON 3, Wed 16th July	0 Athletes for all disciplines in session	IRP 2	DMT	TUM			
4:00 pm	4:30 nm	Training Hall Access	0 athletes	0 athletes	0 athletes	0 athletes			
	4:35 pm	National Stream Warmup & Competion Procedure	o adireces	o difficies	0 atmetes	o dunctes			
	4:40 pm	Athletes Check In Training Hall	NO COMPETITION	NO COMPETITION	NO COMPETITION	NO COMPETITION			
	4:45 pm	2. Training Hall Access 1 Hr prior to compete time	NO COMM EMMON	110 001111 21111011	110 001111 21111011	110 00 21111011			
	4:50 pm	Athletes marshalled at Podium 15min prior to compete							
	4:55 pm	4. Athletes march onto Podium to Warmup & Compete							
	5:00 pm	5. INDIVIDUAL PRELIM Warmup = 2x comp routines							
	5:05 pm	6. SYN PRELIM Warmup = 2x comp routines							
	5:10 pm	7. Athletes Compete							
	5:15 pm	8. Athletes Marshall for Finals							
	5:20 pm	9. Medal Presentation or March Out							
	5:25 pm	National Stream Finals Warmups							
		If Finals directly follows prelim of 1 flight							
	5:30 pm 5:35 pm	Athletes Warmup = 1x no. of routines competed							
	'	All other Finals							
	5:40 pm	Athletes Warmup = 2x comp routines							
	5:45 pm								
	5:50 pm	All National Stream, Youth U13, SYN, & TUM Finals							
	5:55 pm	Will directly follow Prelims							
5:55 pm									
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