



**Gymnastics  
Australia**



**Australian Gymnastics  
Championships**

# **Artistic Competition Work Order**

**Version 1**

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**This document has been designed to be printed double-sided and stapled as a booklet, allowing competition sessions taking place simultaneously to align correctly.**

**All general warm-up will take place in the training gym. Athletes will then move into the competition arena for apparatus warm-up, except for podium training, where all warm-up will take place in the competition hall.**

**All athlete groups and starting apparatus allocations are subject to change pending athlete withdrawals, to ensure the smooth running of the competition.**

WAG Level 8 Qualifications - Subdivision A





General Warm Up: 9:30am

Apparatus Warm Up: 9:55am - 11:10am





Competition: 11:15am - 1:45pm

Awards: Level 8 Under Team @ 1:45pm | Level 8 Open Team @ 6:30pm

APPARATUS WARM UP

					SPARE
9:55 - 10:10am	Group E	Group A	Group B	Group C	Group D
10:10 - 10:25am	Group D	Group E	Group A	Group B	Group C
10:25 - 10:40am	Group C	Group D	Group E	Group A	Group B
10:40 - 10:55am	Group B	Group C	Group D	Group E	Group A
10:55 - 11:10am	Group A	Group B	Group C	Group D	Group E

COMPETITION

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group A  
VIC Under (5)

Group B  
WA Under (2)  
WA Open (7)

Group C  
NSW Under (6)

Group D  
ACT (8)

Group E  
QLD Under (5)  
TAS (3)

## WAG Level 9 Qualifications - Subdivision A





**General Warm Up:** 9:30am

**Apparatus Warm Up:** 9:55am - 11:10am





**Competition:** 11:15am - 1:45pm

**Awards:** Level 9 Under Team @ 1:45pm | Level 9 Open Team @ 6:30pm

### APPARATUS WARM UP

					SPARE
9:55 - 10:10am	Group E	Group A	Group B	Group C	Group D
10:10 - 10:25am	Group D	Group E	Group A	Group B	Group C
10:25 - 10:40am	Group C	Group D	Group E	Group A	Group B
10:40 - 10:55am	Group B	Group C	Group D	Group E	Group A
10:55 - 11:10am	Group A	Group B	Group C	Group D	Group E

### COMPETITION

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

**Group A**  
QLD Open (8)

**Group B**  
QLD Under (5)

**Group C**  
VIC Under (5)

**Group D**  
NSW Under (6)

**Group E**  
VIC Open (8)

## WAG Level 8 Qualifications - Subdivision B





**General Warm Up:** 1:45pm

**Apparatus Warm Up:** 2:10PM - 3:10PM





**Competition:** 3:15am - 5:15pm

**Awards:** Level 9 Open Team @ 6:00pm

## APPARATUS WARM UP

				
2:10 - 2:25pm	Group D	Group A	Group B	Group C
2:25 - 2:40pm	Group C	Group D	Group A	Group B
2:40 - 2:55pm	Group B	Group C	Group D	Group A
2:55 - 3:10pm	Group A	Group B	Group C	Group D

## COMPETITION

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

**Group A**  
NSW Open (8)

**Group B**  
VIC Open (8)

**Group C**  
SA Open (8)

**Group D**  
QLD Open (8)

## WAG Level 9 Qualifications - Subdivision B





**General Warm Up:** 1:45pm

**Apparatus Warm Up:** 2:10PM - 3:10PM





**Competition:** 3:15am - 5:15pm

**Awards:** Level 9 Open Team @ 6:00pm

### APPARATUS WARM UP

				
2:10 - 2:25pm	Group D	Group A	Group B	Group C
2:25 - 2:40pm	Group C	Group D	Group A	Group B
2:40 - 2:55pm	Group B	Group C	Group D	Group A
2:55 - 3:10pm	Group A	Group B	Group C	Group D

### COMPETITION

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

**Group A**  
WA (8)

**Group B**  
ACT (5)  
NT (1)

**Group C**  
NSW Open (8)

**Group D**  
SA (3)  
TAS (4)

## WAG Level 8 Under Finals





**General Warm Up:** 7:30am

**Apparatus Warm Up:** 7:55am - 8:55am





**Competition:** 9:00am - 11:30am

**Awards:** 11:30am

## APPARATUS WARM UP

				
7:55 - 8:10am	Group D	Group A	Group B	Group C
8:10 - 8:25am	Group C	Group D	Group A	Group B
8:25 - 8:40am	Group B	Group C	Group D	Group A
8:40 - 8:55am	Group A	Group B	Group C	Group D

## COMPETITION

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

**Group A**  
QLD (6)

**Group B**  
VIC (5)

**Group C**  
WA (2)  
ACT (1)

**Group D**  
NSW (6)

## WAG Level 9 Under Finals





**General Warm Up:** 7:30am

**Apparatus Warm Up:** 7:55am - 8:55am





**Competition:** 9:00am - 11:30am

**Awards:** 11:30am

### APPARATUS WARM UP

				
7:55 - 8:10am		Group A	Group B	Group C
8:10 - 8:25am	Group C		Group A	Group B
8:25 - 8:40am	Group B	Group C		Group A
8:40 - 8:55am	Group A	Group B	Group C	

### COMPETITION

				
Rotation 1	Group A	Group B	Group C	
Rotation 2		Group A	Group B	Group C
Rotation 3	Group C		Group A	Group B
Rotation 4	Group B	Group C		Group A

**Group A**  
VIC (5)  
SA (1)

**Group B**  
NSW (6)

**Group C**  
QLD (5)

## WAG Level 8 Open Finals





**General Warm Up:** 12:00pm

**Apparatus Warm Up:** 12:25pm - 1:40pm





**Competition:** 1:45pm - 4:15pm

**Awards:** 4:15pm

### APPARATUS WARM UP

					SPARE
12:25 - 12:40pm	Group E	Group A	Group B	Group C	Group D
12:40 - 12:55pm	Group D	Group E	Group A	Group B	Group C
12:55 - 1:10pm	Group C	Group D	Group E	Group A	Group B
1:10 - 1:25pm	Group B	Group C	Group D	Group E	Group A
1:25 - 1:40pm	Group A	Group B	Group C	Group D	Group E

### COMPETITION

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group A

Group B

Group C

Group D

Group E

*All groups to be advised following Day 1 qualification*

## WAG Level 10 Qualifications - Subdivision A





**General Warm Up:** 12:00pm

**Apparatus Warm Up:** 12:25pm - 1:40pm





**Competition:** 1:45pm - 4:15pm

**Awards:** 8:45pm (Team)

### APPARATUS WARM UP

					SPARE
12:25 - 12:40pm	Group E	Group A	Group B	Group C	Group D
12:40 - 12:55pm	Group D	Group E	Group A	Group B	Group C
12:55 - 1:10pm	Group C	Group D	Group E	Group A	Group B
1:10 - 1:25pm	Group B	Group C	Group D	Group E	Group A
1:25 - 1:40pm	Group A	Group B	Group C	Group D	Group E

### COMPETITION

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

**Group A**  
QLD (8)

**Group B**  
NSW (8)

**Group C**  
NSW (4)  
VIC (4)

**Group D**  
WA (2)  
VIC (6)

**Group E**  
VIC (11)

## WAG Level 9 Open - Finals





**General Warm Up: 4:30pm**

**Apparatus Warm Up: 4:55pm - 6:10pm**





**Competition: 6:15pm - 8:45pm**

**Awards: 8:45pm**

### APPARATUS WARM UP

					SPARE
4:55 - 5:10pm	Group E	Group A	Group B	Group C	Group D
5:10 - 5:25pm	Group D	Group E	Group A	Group B	Group C
5:25 - 5:40pm	Group C	Group D	Group E	Group A	Group B
5:40 - 5:55pm	Group B	Group C	Group D	Group E	Group A
5:55 - 6:10pm	Group A	Group B	Group C	Group D	Group E

### COMPETITION

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group A

Group B

Group C

Group D

Group E

*All groups to be advised following Day 1 qualification*

## WAG Level 10 Qualifications - Subdivision B





**General Warm Up: 4:30pm**

**Apparatus Warm Up: 4:55pm - 6:10pm**





**Competition: 6:15pm - 8:45pm**

**Awards: 8:45pm (Team)**

### APPARATUS WARM UP

					SPARE
4:55 - 5:10pm	Group E	Group A	Group B	Group C	Group D
5:10 - 5:25pm	Group D	Group E	Group A	Group B	Group C
5:25 - 5:40pm	Group C	Group D	Group E	Group A	Group B
5:40 - 5:55pm	Group B	Group C	Group D	Group E	Group A
5:55 - 6:10pm	Group A	Group B	Group C	Group D	Group E

### COMPETITION

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

**Group A**  
VIC (6)

**Group B**  
WA (6)

**Group C**  
SA (4)  
TAS (3)

**Group D**  
NSW (6)

**Group E**  
QLD (6)

## MAG Level 7 & 8 Under - Day 1







**General Warm Up:** 8:00am

**Apparatus Warm Up:** 8:25am - 9:25am







**Competition:** 9:30am - 11:30am

**Awards:** After Day 2 of competition

### APPARATUS WARM UP

						
8:25 - 8:35am		Group A	Group B	Group C	Group D	Group E
8:35 - 8:45am	Group E		Group A	Group B	Group C	Group D
8:45 - 8:55am	Group D	Group E		Group A	Group B	Group C
8:55 - 9:05am	Group C	Group D	Group E		Group A	Group B
9:05 - 9:15am	Group B	Group C	Group D	Group E		Group A
9:15 - 9:25am	Group A	Group B	Group C	Group D	Group E	

### COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	
Rotation 2		Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E		Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E		Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E		Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E		Group A

**Group A**  
NSW 7U (6)

**Group B**  
QLD 7U (6)

**Group C**  
QLD 8U (6)

**Group D**  
VIC 7U (7)

**Group E**  
SA, ACT & WA 7U (4)  
ACT & VIC 8U (2)

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# Tuesday 30 June

## MAG Level 10 Open | PODIUM TRAINING

General Warm Up: 12:00pm

Podium Training: 12:20pm - 1:50pm (15 minute rotations)

### PODIUM TRAINING

						
12:20 – 12:35pm	Group A	Group B	Group C	Group D		
12:35 – 12:50pm		Group A	Group B	Group C	Group D	
12:50 – 1:05pm			Group A	Group B	Group C	Group D
1:05 – 1:20pm	Group D			Group A	Group B	Group C
1:20 – 1:35pm	Group C	Group D			Group A	Group B
1:35 – 1:50pm	Group B	Group C	Group D			Group A

**Group A**  
QLD (8)

**Group B**  
VIC (6)

**Group C**  
NSW (4)  
SA (1)

**Group D**  
WA (4)  
TAS (1)





# Tuesday 30 June

## WAG Future International | PODIUM TRAINING

General Warm Up: 12:00pm

Podium Training: 12:20pm - 1:40pm (20 minute rotations)

### PODIUM TRAINING

				
12:20 – 12:40pm	Group A	Group B	Group C	
12:40 – 1:00pm		Group A	Group B	Group C
1:00 – 1:20pm	Group C		Group A	Group B
1:20 – 1:40pm	Group B	Group C		Group A

#### Group A

SA (3)  
WA (2)  
QLD (1)

#### Group B

VIC (8)

#### Group C

NSW (5)







# Tuesday 30 June

## MAG Level 9 Under | PODIUM TRAINING

General Warm Up: 2:00pm

Podium Training: 2:20pm - 4:20pm (20 minute rotations)

### PODIUM TRAINING

						
2:20 – 2:40pm	Group A	Group B	Group C	Group D	Group E	Group F
2:40 – 3:00pm	Group F	Group A	Group B	Group C	Group D	Group E
3:00 – 3:20pm	Group E	Group F	Group A	Group B	Group C	Group D
3:20 – 3:40pm	Group D	Group E	Group F	Group A	Group B	Group C
3:40 – 4:00pm	Group C	Group D	Group E	Group F	Group A	Group B
4:00 – 4:20pm	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
ACT (5)  
TAS (1)

**Group B**  
NSW Team  
(6)

**Group C**  
VIC (4)  
SA (2)

**Group D**  
WA (4)  
QLD IND (2)

**Group E**  
NSW IND (6)

**Group F**  
QLD Team  
(6)





# Tuesday 30 June

## WAG Developing International | PODIUM TRAINING

**General Warm Up:** 2:00pm

**Podium Training:** 2:20pm - 4:30pm (32 minute rotations)

### PODIUM TRAINING

				
<b>2:20 – 2:52pm</b>	Group A	Group B	Group C	Group D
<b>2:52 – 3:24pm</b>	Group D	Group A	Group B	Group C
<b>3:24 – 3:56pm</b>	Group C	Group D	Group A	Group B
<b>3:56 – 4:28pm</b>	Group B	Group C	Group D	Group A

**Group A**  
QLD (9)

**Group B**  
VIC (4)  
WA (4)

**Group C**  
NSW (3)  
SA (2)  
TAS (1)

**Group D**  
VIC (8)







# Tuesday 30 June

## MAG Senior International | PODIUM TRAINING

**General Warm Up: 5:00pm**

**Podium Training: 5:20pm - 7:20pm (20 minute rotations)**

### PODIUM TRAINING

						
<b>5:20 – 5:40pm</b>	Group A	Group B	Group C	Group D	Group E	Group F
<b>5:40 – 6:00pm</b>	Group F	Group A	Group B	Group C	Group D	Group E
<b>6:00 – 6:20pm</b>	Group E	Group F	Group A	Group B	Group C	Group D
<b>6:20 – 6:40pm</b>	Group D	Group E	Group F	Group A	Group B	Group C
<b>6:40 – 7:00pm</b>	Group C	Group D	Group E	Group F	Group A	Group B
<b>7:00 – 7:20pm</b>	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
NSW IND (6)

**Group B**  
NSW Team  
(6)

**Group C**  
QLD Team  
(6)

**Group D**  
VIC Team  
(6)

**Group E**  
ACT (3)  
QLD IND (3)  
WA (2)

**Group F**  
SA (3)  
VIC IND (5)





# Tuesday 30 June

## WAG Senior International | PODIUM TRAINING

**General Warm Up:** 5:00pm

**Podium Training:** 5:20pm - 7:20pm (30 minute rotations)

### PODIUM TRAINING

				
<b>5:20 – 5:50pm</b>	Group A	Group B	Group C	
<b>5:50 – 6:20pm</b>		Group A	Group B	Group C
<b>6:20 – 6:50pm</b>	Group C		Group A	Group B
<b>6:50 – 7:20pm</b>	Group B	Group C		Group A

**Group A**  
VIC (8)

**Group B**  
NSW (3)  
SA (1)  
WA (2)

**Group C**  
QLD (6)

## MAG Level 8 Open - Day 1







**General Warm Up:** 7:30am

**Apparatus Warm Up:** 7:55am - 8:55am







**Competition:** 9:00am - 11:30am

**Awards:** 11:30am

### APPARATUS WARM UP

						
7:55 - 8:05am	Group F	Group A	Group B	Group C	Group D	Group E
8:05 - 8:15am	Group E	Group F	Group A	Group B	Group C	Group D
8:15 - 8:25am	Group D	Group E	Group F	Group A	Group B	Group C
8:25 - 8:35am	Group C	Group D	Group E	Group F	Group A	Group B
8:35 - 8:45am	Group B	Group C	Group D	Group E	Group F	Group A
8:45 - 8:55am	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
<b>Rotation 1</b>	Group A	Group B	Group C	Group D	Group E	Group F
<b>Rotation 2</b>	Group F	Group A	Group B	Group C	Group D	Group E
<b>Rotation 3</b>	Group E	Group F	Group A	Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E	Group F	Group A	Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E	Group F	Group A	Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
QLD Team  
(6)

**Group B**  
VIC Team (6)

**Group C**  
SA Team (5)  
WA (2)

**Group D**  
NSW Team  
(6)

**Group E**  
NZL (4)  
ACT (1)

**Group F**  
NSW IND (3)  
QLD IND (4)

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## MAG Level 9 Under - Day 1







General Warm Up: 11:30am

Apparatus Warm Up: 11:55am - 12:55am







Competition: 1:00pm - 4:00pm

Awards: 4:00pm

## APPARATUS WARM UP

						
11:55 - 12:05pm	Group F	Group A	Group B	Group C	Group D	Group E
12:05 - 12:15pm	Group E	Group F	Group A	Group B	Group C	Group D
12:15 - 12:25pm	Group D	Group E	Group F	Group A	Group B	Group C
12:25 - 12:35pm	Group C	Group D	Group E	Group F	Group A	Group B
12:35 - 12:45pm	Group B	Group C	Group D	Group E	Group F	Group A
12:45 - 12:55pm	Group A	Group B	Group C	Group D	Group E	Group F

## COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
ACT (5)  
TAS (1)

**Group B**  
NSW Team  
(6)

**Group C**  
VIC (4)  
SA (2)

**Group D**  
WA (4)  
QLD IND (2)

**Group E**  
NSW IND (6)

**Group F**  
QLD Team  
(6)

## WAG Developing International - Day 1





**General Warm Up:** 11:30am

**Apparatus Warm Up:** 11:55am - 12:55am





**Competition:** 1:00pm - 4:00pm

**Awards:** 4:00pm

### APPARATUS WARM UP

				
<b>11:55 - 12:10pm</b>	Group D	Group A	Group B	Group C
<b>12:10 - 12:25pm</b>	Group C	Group D	Group A	Group B
<b>12:25 - 12:40pm</b>	Group B	Group C	Group D	Group A
<b>12:40 - 12:55pm</b>	Group A	Group B	Group C	Group D

### COMPETITION

				
<b>Rotation 1</b>	Group A	Group B	Group C	Group D
<b>Rotation 2</b>	Group D	Group A	Group B	Group C
<b>Rotation 3</b>	Group C	Group D	Group A	Group B
<b>Rotation 4</b>	Group B	Group C	Group D	Group A

**Group A**  
QLD (9)

**Group B**  
VIC (4)  
WA (4)

**Group C**  
NSW (3)  
SA (2)  
TAS (1)

**Group D**  
VIC (8)

## MAG Senior International - Day 1







General Warm Up: 4:00pm

Apparatus Warm Up: 4:25pm - 5:25pm







Competition: 5:30pm - 8:30pm

Awards: 8:30pm

## APPARATUS WARM UP

						
4:25 - 4:35pm	Group F	Group A	Group B	Group C	Group D	Group E
4:35 - 4:45pm	Group E	Group F	Group A	Group B	Group C	Group D
4:45 - 4:55pm	Group D	Group E	Group F	Group A	Group B	Group C
4:55 - 5:05pm	Group C	Group D	Group E	Group F	Group A	Group B
5:05 - 5:15pm	Group B	Group C	Group D	Group E	Group F	Group A
5:15 - 5:25pm	Group A	Group B	Group C	Group D	Group E	Group F

## COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
NSW IND (6)

**Group B**  
NSW Team  
(6)

**Group C**  
QLD Team  
(6)

**Group D**  
VIC Team  
(6)

**Group E**  
ACT (3)  
QLD IND (3)  
WA (2)

**Group F**  
SA (3)  
VIC IND (5)

## WAG Senior International - Day 1





**General Warm Up:** 4:00pm

**Apparatus Warm Up:** 4:25pm - 5:25pm





**Competition:** 5:30pm - 8:30pm

**Awards:** 8:30pm

### APPARATUS WARM UP

				
4:25 - 4:40pm		Group A	Group B	Group C
4:40 - 4:55pm	Group C		Group A	Group B
4:55 - 5:10pm	Group B	Group C		Group A
5:10 - 5:25pm	Group A	Group B	Group C	

### COMPETITION

				
Rotation 1	Group A	Group B	Group C	
Rotation 2		Group A	Group B	Group C
Rotation 3	Group C		Group A	Group B
Rotation 4	Group B	Group C		Group A

**Group A**  
VIC (8)

**Group B**  
NSW (3)  
SA (1)  
WA (2)

**Group C**  
QLD (6)

## MAG Level 7 Open - Day 1







**General Warm Up:** 7:30am

**Apparatus Warm Up:** 7:55am - 8:55am







**Competition:** 9:00am - 12:00pm

**Awards:** 12:00pm

### APPARATUS WARM UP

						
7:55 - 8:05am	Group F	Group A	Group B	Group C	Group D	Group E
8:05 - 8:15am	Group E	Group F	Group A	Group B	Group C	Group D
8:15 - 8:25am	Group D	Group E	Group F	Group A	Group B	Group C
8:25 - 8:35am	Group C	Group D	Group E	Group F	Group A	Group B
8:35 - 8:45am	Group B	Group C	Group D	Group E	Group F	Group A
8:45 - 8:55am	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
<b>Rotation 1</b>	Group A	Group B	Group C	Group D	Group E	Group F
<b>Rotation 2</b>	Group F	Group A	Group B	Group C	Group D	Group E
<b>Rotaton 3</b>	Group E	Group F	Group A	Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E	Group F	Group A	Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E	Group F	Group A	Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
VIC (6)  
TAS (4)

**Group B**  
SA (8)

**Group C**  
NSW (8)

**Group D**  
WA (8)

**Group E**  
QLD (8)

**Group F**  
ACT (8)  
NT (1)

## WAG Future International - Day 1





**General Warm Up:** 7:30am

**Apparatus Warm Up:** 7:55am - 8:55am





**Competition:** 9:00am - 12:00pm

**Awards:** 12:00pm

### APPARATUS WARM UP

				
7:55 - 8:10am		Group A	Group B	Group C
8:10 - 8:25am	Group C		Group A	Group B
8:25 - 8:40am	Group B	Group C		Group A
8:40 - 8:55am	Group A	Group B	Group C	

### COMPETITION

				
Rotation 1	Group A	Group B	Group C	
Rotation 2		Group A	Group B	Group C
Rotation 3	Group C		Group A	Group B
Rotation 4	Group B	Group C		Group A

**Group A**  
SA (3)  
WA (2)  
QLD (1)

**Group B**  
VIC (8)

**Group C**  
NSW (5)

## MAG Level 7 & 8 Under - Day 2







**General Warm Up:** 12:00pm

**Apparatus Warm Up:** 12:25pm - 1:25pm







**Competition:** 1:30pm - 4:30pm

**Awards:** 4:30pm

### APPARATUS WARM UP

						
12:25 - 12:35pm		Group A	Group B	Group C	Group D	Group E
12:35 - 12:45pm	Group E		Group A	Group B	Group C	Group D
12:45 - 12:55pm	Group D	Group E		Group A	Group B	Group C
12:55 - 1:05pm	Group C	Group D	Group E		Group A	Group B
1:05 - 1:15pm	Group B	Group C	Group D	Group E		Group A
1:15 - 1:25pm	Group A	Group B	Group C	Group D	Group E	

### COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	
Rotation 2		Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E		Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E		Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E		Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E		Group A

**Group A**  
SA, ACT & WA  
7U (4)  
ACT & VIC 8U (2)

**Group B**  
NSW 7U (6)

**Group C**  
QLD 7U (6)

**Group D**  
QLD 8U (6)

**Group E**  
VIC 7U (7)

## WAG Level 10 Under - Day 2





**General Warm Up:** 12:00pm

**Apparatus Warm Up:** 12:25pm - 1:25pm





**Competition:** 1:30pm - 4:30pm

**Awards:** 4:30pm

### APPARATUS WARM UP

				
12:25 - 12:40pm	Group D	Group A	Group B	Group C
12:40 - 12:55pm	Group C	Group D	Group A	Group B
12:55 - 1:10pm	Group B	Group C	Group D	Group A
1:10 - 1:25pm	Group A	Group B	Group C	Group D

### COMPETITION

				
Rotation 1	Group A	Group B	Group C	Group D
Rotation 2	Group D	Group A	Group B	Group C
Rotation 3	Group C	Group D	Group A	Group B
Rotation 4	Group B	Group C	Group D	Group A

**Group A**  
WA (6)

**Group B**  
NSW (5)

**Group C**  
VIC (3)  
QLD (2)  
TAS (1)  
SA (1)

**Group D**  
VIC (6)

## MAG Level 9 & 10 Open - Day 1







**General Warm Up: 4:30pm**

**Apparatus Warm Up: 4:55pm - 6:07pm**







**Competition: 6:15pm - 9:00pm**

**Awards: 9:00pm**

### APPARATUS WARM UP

						
4:55 - 5:07pm	Group F	Group A	Group B	Group C	Group D	Group E
5:07 - 5:19pm	Group E	Group F	Group A	Group B	Group C	Group D
5:19 - 5:31pm	Group D	Group E	Group F	Group A	Group B	Group C
5:31 - 5:43pm	Group C	Group D	Group E	Group F	Group A	Group B
5:43 - 5:55pm	Group B	Group C	Group D	Group E	Group F	Group A
5:55 - 6:07pm	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
NSW (10)

**Group B**  
SA (6)  
TAS (4)

**Group C**  
VIC Level 9 (6)  
NZL (1)  
ACT (1)

**Group D**  
QLD Level 10  
(8)

**Group E**  
QLD Level 9  
(8)

**Group F**  
VIC Level 10 (6)  
WA Level 10 (4)

# Thursday 2 July

## WAG Level 10 Over - Finals





**General Warm Up:** 4:30pm

**Apparatus Warm Up:** 4:55pm - 6:10pm





**Competition:** 6:15pm - 9:00pm

**Awards:** 9:00pm

### APPARATUS WARM UP

					SPARE
4:55 - 5:10pm	Group E	Group A	Group B	Group C	Group D
5:10 - 5:25pm	Group D	Group E	Group A	Group B	Group C
5:25 - 5:40pm	Group C	Group D	Group E	Group A	Group B
5:40 - 5:55pm	Group B	Group C	Group D	Group E	Group A
5:55 - 6:10pm	Group A	Group B	Group C	Group D	Group E

### COMPETITION

					SPARE
Rotation 1	Group A	Group B	Group C	Group D	Group E
Rotation 2	Group E	Group A	Group B	Group C	Group D
Rotation 3	Group D	Group E	Group A	Group B	Group C
Rotation 4	Group C	Group D	Group E	Group A	Group B
Rotation 5	Group B	Group C	Group D	Group E	Group A

Group A

Group B

Group C

Group D

Group E

*All groups to be advised following Day 1 qualification*

## MAG Level 8 Open - Day 2







**General Warm Up:** 7:30am

**Apparatus Warm Up:** 7:55am - 8:55am







**Competition:** 9:00am - 11:30am

**Awards:** 11:30am

### APPARATUS WARM UP

						
7:55 - 8:05am	Group F	Group A	Group B	Group C	Group D	Group E
8:05 - 8:15am	Group E	Group F	Group A	Group B	Group C	Group D
8:15 - 8:25am	Group D	Group E	Group F	Group A	Group B	Group C
8:25 - 8:35am	Group C	Group D	Group E	Group F	Group A	Group B
8:35 - 8:45am	Group B	Group C	Group D	Group E	Group F	Group A
8:45 - 8:55am	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
<b>Rotation 1</b>	Group A	Group B	Group C	Group D	Group E	Group F
<b>Rotation 2</b>	Group F	Group A	Group B	Group C	Group D	Group E
<b>Rotaton 3</b>	Group E	Group F	Group A	Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E	Group F	Group A	Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E	Group F	Group A	Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
NSW IND (3)  
QLD IND (4)

**Group B**  
QLD Team  
(6)

**Group C**  
VIC Team (6)

**Group D**  
SA Team (5)  
WA (2)

**Group E**  
NSW Team  
(6)

**Group F**  
NZL (4)  
ACT (1)

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## MAG Level 9 Under - Day 2







**General Warm Up:** 11:30am

**Apparatus Warm Up:** 11:55am - 12:55am







**Competition:** 1:00pm - 4:00pm

**Awards:** 4:00pm

### APPARATUS WARM UP

						
11:55 - 12:05pm	Group F	Group A	Group B	Group C	Group D	Group E
12:05 - 12:15pm	Group E	Group F	Group A	Group B	Group C	Group D
12:15 - 12:25pm	Group D	Group E	Group F	Group A	Group B	Group C
12:25 - 12:35pm	Group C	Group D	Group E	Group F	Group A	Group B
12:35 - 12:45pm	Group B	Group C	Group D	Group E	Group F	Group A
12:45 - 12:55pm	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotaton 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
QLD Team  
(6)

**Group B**  
ACT (5)  
TAS (1)

**Group C**  
NSW Team  
(6)

**Group D**  
VIC (4)  
SA (2)

**Group E**  
WA (4)  
QLD IND (2)

**Group F**  
NSW IND (6)

## WAG Developing International - Day 2





**General Warm Up:** 11:30am

**Apparatus Warm Up:** 11:55am - 12:55am





**Competition:** 1:00pm - 4:00pm

**Awards:** 4:00pm

### APPARATUS WARM UP

				
<b>11:55 - 12:10pm</b>	Group D	Group A	Group B	Group C
<b>12:10 - 12:25pm</b>	Group C	Group D	Group A	Group B
<b>12:25 - 12:40pm</b>	Group B	Group C	Group D	Group A
<b>12:40 - 12:55pm</b>	Group A	Group B	Group C	Group D

### COMPETITION

				
<b>Rotation 1</b>	Group A	Group B	Group C	Group D
<b>Rotation 2</b>	Group D	Group A	Group B	Group C
<b>Rotation 3</b>	Group C	Group D	Group A	Group B
<b>Rotation 4</b>	Group B	Group C	Group D	Group A

**Group A**  
VIC (8)

**Group B**  
QLD (9)

**Group C**  
VIC (4)  
WA (4)

**Group D**  
NSW (3)  
SA (2)  
TAS (1)

## MAG Senior International - Day 2







**General Warm Up:** 4:00pm

**Apparatus Warm Up:** 4:25pm - 5:25pm







**Competition:** 5:30pm - 8:30pm

**Awards & Comm Games Team Celebration:** 8:30pm

### APPARATUS WARM UP

						
4:25 - 4:35pm	Group F	Group A	Group B	Group C	Group D	Group E
4:35 - 4:45pm	Group E	Group F	Group A	Group B	Group C	Group D
4:45 - 4:55pm	Group D	Group E	Group F	Group A	Group B	Group C
4:55 - 5:05pm	Group C	Group D	Group E	Group F	Group A	Group B
5:05 - 5:15pm	Group B	Group C	Group D	Group E	Group F	Group A
5:15 - 5:25pm	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
<b>Rotation 1</b>	Group A	Group B	Group C	Group D	Group E	Group F
<b>Rotation 2</b>	Group F	Group A	Group B	Group C	Group D	Group E
<b>Rotation 3</b>	Group E	Group F	Group A	Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E	Group F	Group A	Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E	Group F	Group A	Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E	Group F	Group A

*Athlete ranking based on Day 1 of competition*

**Group A**  
1<sup>st</sup> - 6<sup>th</sup>

**Group B**  
7<sup>th</sup> - 12<sup>th</sup>

**Group C**  
13<sup>th</sup> - 18<sup>th</sup>

**Group D**  
TBA

**Group E**  
TBA

**Group F**  
TBA

## WAG Senior International - Day 2





**General Warm Up:** 4:00pm

**Apparatus Warm Up:** 4:25pm - 5:25pm





**Competition:** 5:30pm - 8:30pm

**Awards & Comm Games Team Celebration:** 8:30pm

### APPARATUS WARM UP

				
4:25 - 4:40pm		Group A	Group B	Group C
4:40 - 4:55pm	Group C		Group A	Group B
4:55pm - 5:10pm	Group B	Group C		Group A
5:10 - 5:25pm	Group A	Group B	Group C	

### COMPETITION

				
Rotation 1	Group A	Group B	Group C	
Rotation 2		Group A	Group B	Group C
Rotation 3	Group C		Group A	Group B
Rotation 4	Group B	Group C		Group A

#### Group A

Athletes ranked 1<sup>st</sup> - 6<sup>th</sup>  
following day 1 of  
competition

#### Group B

Athletes ranked 7<sup>th</sup> - 13<sup>th</sup>  
following day 1 of  
competition

#### Group C

Athletes ranked 14<sup>th</sup> - 20<sup>th</sup>  
following day 1 of  
competition

## MAG Level 7 Open - Day 2







**General Warm Up:** 7:00am

**Apparatus Warm Up:** 7:25am - 8:25am







**Competition:** 8:30am - 11:00am

**Awards:** 11:00am

### APPARATUS WARM UP

						
7:25 - 7:35am	Group F	Group A	Group B	Group C	Group D	Group E
7:35 - 7:45am	Group E	Group F	Group A	Group B	Group C	Group D
7:45 - 7:55am	Group D	Group E	Group F	Group A	Group B	Group C
7:55 - 8:05am	Group C	Group D	Group E	Group F	Group A	Group B
8:05 - 8:15am	Group B	Group C	Group D	Group E	Group F	Group A
8:15 - 8:25am	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
ACT (8)  
NT (1)

**Group B**  
VIC (6)  
TAS (4)

**Group C**  
SA (8)

**Group D**  
NSW (8)

**Group E**  
WA (8)

**Group F**  
QLD (8)

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## MAG Level 9 & 10 Open - Day 2







**General Warm Up:** 11:00am

**Apparatus Warm Up:** 11:25am - 12:25pm







**Competition:** 12:30pm - 3:30pm

**Awards:** 3:30pm

### APPARATUS WARM UP

						
11:25 - 11:35am	Group F	Group A	Group B	Group C	Group D	Group E
11:35 - 11:45am	Group E	Group F	Group A	Group B	Group C	Group D
11:45 - 11:55am	Group D	Group E	Group F	Group A	Group B	Group C
11:55 - 12:05pm	Group C	Group D	Group E	Group F	Group A	Group B
12:05 - 12:15pm	Group B	Group C	Group D	Group E	Group F	Group A
12:15 - 12:25pm	Group A	Group B	Group C	Group D	Group E	Group F

### COMPETITION

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotaton 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A**  
VIC Level 10 (6)  
WA Level 10 (4)

**Group B**  
NSW (10)

**Group C**  
SA (6)  
TAS (4)

**Group D**  
VIC Level 9 (6)  
NZL (1)  
ACT (1)

**Group E**  
QLD Level 10 (8)

**Group F**  
QLD Level 9 (8)

## WAG Future International - Day 2





**General Warm Up:** 11:00am

**Apparatus Warm Up:** 11:25am - 12:25pm





**Competition:** 12:30pm - 3:30pm

**Awards:** 3:30pm

### APPARATUS WARM UP

				
11:25 - 11:40am		Group A	Group B	Group C
11:40 - 11:55am	Group C		Group A	Group B
11:55 - 12:10pm	Group B	Group C		Group A
12:10 - 12:25pm	Group A	Group B	Group C	

### COMPETITION

				
Rotation 1	Group A	Group B	Group C	
Rotation 2		Group A	Group B	Group C
Rotation 3	Group C		Group A	Group B
Rotation 4	Group B	Group C		Group A

**Group A**  
NSW (5)

**Group B**  
SA (3)  
WA (2)  
QLD (1)

**Group C**  
VIC (8)

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## Mixed Team

**General Warm Up:** 3:45pm

**Apparatus Warm Up:** 4:15pm - 4:55pm (open apparatus access)

**Competition:** 5:00pm - 7:00pm

**Awards:** 7:00pm

### COMPETITION

<b>Rotation 1</b>	<p>All teams compete</p> <p>MAG athletes compete FX, PH, SR, VT, PB, HB</p> <p>WAG Athletes compete VT, UB, BB, FX</p>
<b>Rotation 2</b>	<p>Top 5 teams from round 1 compete</p> <p>Athletes compete based on team ranking from Round 1</p> <p>WAG athletes compete from lowest to highest (5,4,3,2,1,5,4,3,2,1) regardless of apparatus chosen</p> <p>MAG athletes compete from highest to lowest (1,2,3,4,5,1,2,3,4,5) regardless of apparatus chosen</p>
<b>Rotation 3 - FINAL ROUND</b>	<p>Top 3 teams from round 1 compete</p> <p>Athletes compete based on team ranking from Round 2</p> <p>WAG athletes compete from highest to lowest (1,2,3,1,2,3) regardless of apparatus chosen</p> <p>MAG athletes compete from lowest to highest (3,2,1,3,2,1) regardless of apparatus chosen</p> <p>WAG / MAG athletes will compete alternately (1 athlete at a time)</p>

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## MAG Level 9 Under & Senior International

### Apparatus Finals







**General Warm Up:** 12:30pm

**Apparatus Warm Up:** 12:55pm - 1:55pm (open apparatus access)

**Competition:** 2:00pm - 4:30pm

**Awards:** 4:30pm

#### COMPETITION

						
<b>Rotation 1</b>	SNR Group 1	SNR Group 1	JNR U18 Group 1	JNR U18 Group 1	JNR U15 Group 1	JNR U15 Group 1
<b>Rotation 2</b>	SNR Group 2	SNR Group 2	JNR U18 Group 2	JNR U18 Group 2	JNR U15 Group 2	JNR U15 Group 2
<b>Rotation 3</b>	JNR U15 Group 1	JNR U15 Group 1	SNR Group 1	SNR Group 1	JNR U18 Group 1	JNR U18 Group 1
<b>Rotation 4</b>	JNR U15 Group 2	JNR U15 Group 2	SNR Group 2	SNR Group 2	JNR U18 Group 2	JNR U18 Group 2
<b>Rotation 5</b>	JNR U18 Group 1	JNR U18 Group 1	JNR U15 Group 1	JNR U15 Group 1	SNR Group 1	SNR Group 1
<b>Rotation 6</b>	JNR U18 Group 2	JNR U18 Group 2	JNR U15 Group 2	JNR U15 Group 2	SNR Group 2	SNR Group 2

Please note that groups may change following qualification rankings to ensure all athletes have adequate rest time between apparatus.



**Gymnastics**  
Australia



**Australian Gymnastics**  
Championships